

Miami – Dade Military Affairs Board September 4, 2013

Prepared by: Mary Smith-York

EXHIBITS LIST

NO.	DATE	ITEM#	DESCRIPTION
1	9/4/2013		Military Affairs Board Agenda
2	9/4/2013		Veterans Valentine's Dinner Dance Event Flyer
3	9/4/2013		Media Advisory Re: Coca-Cola Company Troops For Fitness Program
4	9/4/2013		VA Health Care and the Affordable Care Act Newsletter
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MIAMI-DADE COUNTY

OFFICE OF THE CHAIR

MILITARY AFFAIRS BOARD

MONTHLY MEETING

WEDNESDAY, SEPTEMBER 4^{TH} , 2013

1800 HOURS

City Hall, City of Doral

8401 NW 53rd Terrace, Doral, FL

AGENDA

- ➤ Welcome
- ➤ Moment of Silence / Pledge of Allegiance
- > Board Member Roundtable
- Old Business
 - o Golden Veterans Parade update
- New Business
 - o resolution to BCC to add 2 board positions for chambers of commerce
 - o Remembering our Fallen Heroes Ceremony
 - o Coca-Cola Boot Camp Program
 - o Presentation by Kevin Humes
 - o CAVA project at the Miami Military Museum
- > Approval of Minutes (August 7th, 2013)
- Next meeting date is scheduled for October 2nd, 2013
- Discussion items for the next agenda
- Adjournment

Subj:

Fwd: ... VSOs Valentines Dinner Dance Saturday February 8, 2014 @ Elks Lounge

Date:

8/29/2013 12:34:24 P.M. Eastern Daylight Time

From: To: CC:

<u>JMartory007@aol.com</u> guscruz@miamidade.gov

Gustavo tarr

bobmolleda1@bellsouth.net

>>>>>> ...yes very early BUT... would like to be mention it @ our next meeting Sept. 4th. location TBA?

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Veterans Valentine's Dinner Dance Event

Saturday, February 8, 2014 at the Miami Elks Lodge #948 located at 10301 Sunset Dr., Miami, Florida 33171. Formal Attire. All are welcomed.

Plan ahead and save the date, we do not want anybody to miss out. Scheduled time will be from 7:00 PM to 12:00 AM. Cost will be \$50.00 per person (all you can eat Buffet Style starts at 8:30 PM). Tickets are available, just let us know how many you need. We are going all out and pulling all the stops. Reserve your table early and bring your family and friends. There will be a cash bar available. We will have a Live Band that plays music from the 50s, 60s, 70s, on up, you name it they have it! Arlene Roves, the lead singer sang at our Valentine Day party at the VA Hospital last year and everybody loved her and wanted her back.

Come and support the veterans, enjoy great food, music, in beautiful facilities with ample parking. We are committed to making this the biggest event ever and to remember the good old days. So come and share with family and friends a night of total entertainment, (telling stories, eating, dancing or whatever tickles your fancy). All Hosting Organizations (American Legion 346, Veterans of Foreign Wars 10212, Vietnam Veterans Chapter 620 & Cuban American Veterans Association) are welcoming everybody. See Bob Molleda for Tickets 305-552-1048, email: bobmolleda1@bellsouth.net or any of the Post Commanders Jorge Montes American Legion Post 346, Oswaldo Perez VFW Post 10212, Luis Lalama VVA Chapter 620 or Frank Penela CAVA can also help you out as well.

Menu: Saved the best for last.

Hot D'Oeuvres: Ham Croquets, Meat Balls, Mini Crab Cakes, Chicken Empanadas, Papas Rellenas, & Tostones con carne. (Save room for ...).

Entrees: Chicken Marsala and Pot Roast sauteed in a wild mushroom & wine sauce, Moros, Maduros and House Salad with dressing.

Dessert Station: Chocolate Mousse, Cheese Cake, Key lime Pie, & Carrot Cake.

Freshly Brewed Regular or Decaf Coffee & Hot or Cold Tea.



MEDIA ADVISORY

miamidade.cov है

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MIAMI-DADE RESIDENTS TO GET BOOT-CAMP FIT THROUGH COCA-COLA TROOPS FOR FITNESS PROGRAM

Mayor Carlos A. Gimenez to Announce Details of Grant to Hire Veterans and Inspire Healthier Living

(MIAMI, August 30, 2013) – Miami-Dade Parks, Recreation and Open Spaces will hire veterans to enhance fitness and recreation programming throughout Miami-Dade County. The wellness programs are possible with a grant from The Coca-Cola Foundation and the National Recreation and Park Association (NRPA) to the Parks Foundation of Miami-Dade.

Miami-Dade Mayor Carlos A. Gimenez will announce details of this unique partnership which will pair former members of the armed forces with residents in neighborhoods most in need of wellness services. The announcement will occur on Thursday, Sept. 5, 2013 at 10a.m. at Gwen Cherry Park, 7090 NW 22nd Avenue, in Miami.

More than 200 Miami-Dade residents will gather to experience a variety of activities, including military-style fitness classes, Fitness Zone® instruction, Zumba, yoga, healthy cooking and more. The Coca-Cola Troops for Fitness grant will support nutrition and physical activity programs offered at 13 Miami-Dade County recreation centers, and will include a new military-style fitness program led by U.S. military veterans.

What:

Coca-Cola Troops for Fitness Program Launch in Miami-Dade County

When:

September 5, 2013

9:30 a.m. -- Media Check-In 10:00 a.m. -- Event Begins

Where:

Gwen Cherry Park 7090 NW 22nd Avenue

About The Coca-Cola Foundation

Since its inception, The Coca-Cola Foundation has awarded more than \$500 million to support global sustainable community initiatives, including water stewardship, community recycling, active, healthy living, and education. For more information about The Coca-Cola Foundation, please go to www.thecoca-colacompany.com/citizenship/foundation coke.html.

About the National Recreation and Park Association

The National Recreation and Park Association is a national not-for-profit organization dedicated to advancing park, recreation and conservation efforts that enhance quality of life for all people. Through its network of 30,000 recreation and park professionals and citizens, NRPA encourages the promotion of healthy lifestyles, recreation initiatives, and conservation of natural and cultural resources. For more information, visit www.nrpa.org. For digital access to NRPA's flagship publication, Parks & Recreation, visit www.nrpa.org.

About The Parks Foundation of Miami-Dade

The Parks Foundation of Miami-Dade is a non-profit 501(c)3 organization that supports the Miami-Dade Parks, Recreation and Open Spaces Department's effort to further develop Miami-Dade County's world-class parks system for residents and visitors. Its mission is to create a healthier, more livable and sustainable Miami community by ensuring the implementation of the Parks Open Space Master Plan and the development of year-round park and recreation programs for local children, adults and people with disabilities.

About the Miami-Dade County Parks, Recreation and Open Spaces Department

Nationally accredited, a three-time winner of the NRPA National Gold Medal Award, winner of the 2013 Florida Governor's Sustained Excellence Award and the 2009 Florida Governor's Sterling Award for excellence in management and operations, Miami-Dade County Parks is the third largest county park system in the United States, consisting of 260 parks and 12,825 acres of land. It is one of the most unique park and recreation systems in the world. Made up of more than just playgrounds and athletic fields, it also comprises out-of-school, sports-development, and summer-camp programs; programs for seniors and people with disabilities; educational nature centers and nature preserves; environmental restoration efforts; arts and culture programs and events; the renowned Zoo Miami, Deering Estate at Cutler and Fairchild Tropical Botanic Garden; the Crandon Tennis Center, home of the Sony Open; golf courses; beaches; marinas; campgrounds; pools; and more. For information about Miami-Dade County Parks call 3-1-1, or visit www.miamidade.gov/parks/.

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To request material in accessible format, information on access for persons with disabilities, or sign language interpreter services (7 days in advance), call 305-755-7848.

MIAMI-DADE PARKS, RECREATION AND OPEN SPACES DEPARTMENT

275 NW 2nd Street, Third Floor, Miami, FL 33128 (305) 755-7800



What you should know about VA Health Care and the Affordable Care Act



What is the Affordable Care Act?

The Affordable Care Act, also known as the health care law, was created to expand access to affordable health care coverage to all Americans, lower costs, and improve quality and care coordination. Under the health care law, people will have:

- health coverage that meets a minimum standard (called "minimum essential coverage");
- · qualify for an exemption; or
- make a payment when filing their taxes if they have affordable options but remain uninsured.

In 2014, Health Insurance Marketplaces will be a new way to find health coverage. On the Marketplaces, some people may be eligible for lower costs on premiums and out-of-pocket costs based on their income.

At a glance

- VA wants all Veterans to get health care that improves their health and well-being.
- If you are enrolled in VA health care, you don't need to take additional steps to meet the health care law coverage standards.
- The health care law does not change VA health benefits or Veterans' out-of-pocket costs.
- If you are not enrolled in VA health care, you can apply at any time.

If I'm enrolled in a VA health care program, do I meet the requirement for health care coverage?

Yes. If you are enrolled in any of VA's programs below, you have coverage under the standards of the health care law:

- Veteran's health care program
- Civilian Health and Medical program (CHAMPVA)
- · Spina bifida health care program

What are the benefits of VA health care programs?

- Medical care rated among the best in the U.S.
- Immediate benefits of health care coverage. Veterans may apply for VA health care enrollment at any time.
- No enrollment fee, monthly premiums, or deductibles. Most Veterans have no out-of- pocket costs. Some Veterans may have to pay small copayments for health care or prescription drugs.
- More than 1,400 places available to get your care. This means your coverage can go with you if you travel or move.
- Freedom to use other plans with your VA health care, including Medicare, Medicaid, TRICARE or private insurance.
- You have met the new requirement to have health care coverage.

If I'm not enrolled in a VA health care program, how can I apply?

You can apply for VA health care at any time by visiting www.va.gov/healthbenefits/enroll, calling 1-877-222-VETS (8387), or visiting your local VA health care facility.

Where can I get more information?

Visit VA's website at www.va.gov/aca, or call us at 1-877-222-VETS (8387), Monday through Friday from 8 a.m. to 10 p.m. or Saturdays from 11 a.m. to 3 p.m., eastern. For more information about the Marketplace, visit www.healthcare.gov.