

Miami-Dade County Employees' Annual Downtown Health Fair “*Spring Into Wellness*”

May 4 - 5, 2011 -- 9:30am-3:00pm

101 West Flagler, Main Library Auditorium

Free Screenings:

- Blood Pressure
- Body Mass Index
- Cholesterol
- Vision Screening
- Bone Density
- Glucose

Plus Much More:

- Nutrition Demo
- Zumba & Fitness
- Acupuncture Info.
- Free Massages
- Weight Watchers Info.
- Chiropractic Screenings



Enter raffle to
win a mountain
bike

