

2010 MONTHLY MEDICAL RATES FOR RETIREES UNDER 65

AVMED HEALTH PLAN – POS (308)

<i>Description</i>	<i>Rate</i>
Retiree Only	\$ 785.61
Retiree & Spouse/DP Under 65	\$ 1,531.37
Retiree & Child(ren)	\$ 1,505.78
Retiree & Spouse/DP Under 65, plus Child(ren)	\$ 1,778.24
Retiree & Spouse/DP on Medicare High Opt	\$ 1,237.71
Retiree & Spouse/DP on Medicare No RX	\$ 982.12

AVMED HEALTH PLAN – HIGH OPTION HMO (307)

<i>Description</i>	<i>Rate</i>
Retiree Only	\$ 293.95
Retiree & Spouse/DP Under 65	\$ 685.51
Retiree & Child(ren)	\$ 563.14
Retiree & Spouse/DP Under 65, plus Child(ren)	\$ 857.09
Retiree & Spouse/DP on Medicare High Opt	\$ 746.05
Retiree & Spouse/DP on Medicare No RX	\$ 490.46

AVMED HEALTH PLAN – LOW OPTION HMO (309)

<i>Description</i>	<i>Rate</i>
Retiree Only	\$ 277.08
Retiree & Spouse/DP Under 65	\$ 646.28
Retiree & Spouse/DP Under 65, plus Child(ren)	\$ 808.05

JMH HEALTH PLAN – HIGH OPTION HMO (305)

<i>Description</i>	<i>Rate</i>
Retiree Only	\$ 586.60
Retiree & Spouse	\$ 1,190.45
Retiree & Child(ren)	\$ 1,058.68

Additional rates/options available upon request.