



EAT HEALTHY ALL WEEK LONG AT BOTTEGA EXPRESS!



Daily Menu Options

	BREAKFAST	SNACK	LUNCH	SNACK
MONDAY	Smart Start Cereal with Skim Milk Fruit Cup Slim Latte	Cereal Bar Bottled Water	 Skinless Roasted Chicken Leg Quarter Side of Vegetables Side Garden Salad Diet Lipton Green Tea	Yogurt Parfait Bottled Water
TUESDAY	Power Breakfast  Tropicana 50 Orange Juice	Cereal Bar Piece of Fruit Slim Latte	Chicken Spinach Salad Bottled Water with Crystal Light	Fruit Cup Bottled Water
WEDNESDAY	English Muffin with Ham and Egg White Piece of Fruit American Coffee	Fruit Cup Slim Latte 	Tuna & Swiss Wheat Wrap Avocado Salad Bottled Water	Cereal Bar Slim Latte
THURSDAY	Whole Wheat Bagel with Cream Cheese  Piece of Fruit Coffee with Skim Milk	Cereal Bar Piece of Fruit Bottled Water	Turkey Harvest Salad Bottled Water with Crystal Light	Yogurt Parfait Bottled Water
FRIDAY	Egg White Omelete with Vegetables 1 Piece of Wheat Toast Slim Latte	Yogurt Parfait Bottled Water	 Choice of Large Soup Side Garden Salad Piece of Fruit Diet Lipton Green Tea	Cereal Bar Slim Latte

Salad Dressings	Hot Specialty Coffee's (with Skim & no Whip Cream)	Cold Drinks
Balsamic Vinaigrette Lemon Garlic Vinaigrette Cilantro Peanut	Skim Latte Thin Caramel Latte Thin Vanilla Latte Thin Mocha Latte	Diet Lipton Green Tea Skim Milk Tropicana 50 Orange Juice Grapefruit Juice

