



**Deborah King** was born to boxing promoter legend Don King and his late wife Henrietta King on August 29, 1961 in Cleveland, Ohio. Growing up with notable public figures, Deborah was overwhelmed by the “daily plethora of new experiences.” With her parents placing such importance on normal education, Deborah was sent to a private girls’ school in Pennsylvania so she can earn her high school diploma with some privacy.

Following high school, Deborah enrolled at Baldwin Wallace College where she was a member of the National Honor Society and Sigma Gamma Rho Sorority, until she transferred to the John Jay College of Criminal Justice. A Dean’s list student, Deborah graduated from Jay College in 1983 with a Bachelor of Arts degree in criminal justice and a minor in forensic science. In September 2014, Deborah earned a Masters in Mental Health Counseling from South University and is now a certified Intervention and Recovery Life Coach.

After graduation, Deborah assisted her father as a consultant at Don King Productions. She later became a sports manager for various boxing champions and went on to become the youngest recipient of the “Manager of the Year” award from the International Boxing Federation. Switching gears, Deborah became an entertainment manager and founded Deb-b King Management which managed both entertainers and professional athletes. Deborah was an instrumental force in the Ice Breaker Tour, featuring the late Tupac Shakur, The Ghetto Boys Reunion Tour, and Bad Boy Entertainment Tour (featuring Notorious BIG) in Cleveland, Ohio.

Unfortunately in 1999, Deborah hit a lull in her career due to a struggle with drug addiction. Since her successful time in rehab, Deborah has remained drug free for the past 10 years.

Deborah founded Limitless Life Recovery and Holistic Group after vowing to use her own personal battle with drug addiction and establishing limitless goals for her life. From destruction, Deborah says she has “risen from the ashes like a phoenix” and wants her clients to know that “as long as you got life, you got hope.” Through Limitless Life Recovery, Deborah is helping high profile individuals, star athletes and people from all walks of life overcome the demons of chemical and alcohol addiction as well as mental illness. She evaluates each client’s situation, assesses the degree of severity, and formulates a plan to help them find the inner strength to solve their own problems.

Deborah uses a five-role counseling program to better help her clients’ recovery process. The first and most important role is Deborah being a keen listener and expressing great empathy toward her clients. By allowing clients to share their experiences, Deborah is able to better understand each client’s struggle thus tailoring their recovery process to each client’s respective needs. The second role is acting as a mirror; being a real-life example that clients can see a potential recovery within themselves. Thirdly, Deborah acts a mentor not only sharing her experiences with clients but the wisdom and knowledge she has acquired from them. The fourth role is acting as a consultant, identifying client’s personal objectives, establishing and meeting goals, all while developing various skills to stay on course. The last role is acting as an advocate. This role sometimes extends to her addressing the stigma and misunderstanding of addiction and recovery in the larger community, as well as to family members of her clients.