BREAKFAST

SANDWICHES

Served on white, whole wheat or rye bread.
On a bagel 0.75 on French bread, 1.00 on croissant 1.50

EGG SANDWICH 2.50
W/bacon, sausage or ham, 1.00;
w/tomato or cheese, 0.50

GRILLED CHEESE 2.99
W/bacon, sausage or ham, 1.00; w/tomato or cheese, 0.50

NOVA SANDWICH 6.99
Sliced nova salmon with cream cheese, lettuce, tomato and onion on a bagel

PLATTERS

DOWNTOWN TRADITIONAL 3.25
Two eggs, home potato or grits or tomato, with white, whole wheat or rye toast, butter jelly and coffee or café latte
W/bacon, sausage or ham, 1.00; tomato or cheese, 0.50

PANCAKES 3.49
Hot cakes served with syrup, butter and coffee or café latte W/bacon, sausage or ham, 1.00; tomato or cheese, 0.50

FRENCH TOAST 3.49
Challah bread dipped in rich batter with vanilla, cinnamon, grilled and dusted with sugar. Served with syrup, butter and coffee or café latte

LOW FAT PLATTERS

Prepared with cooking spray from egg whites and served with home fries or grits or sliced tomato and white, wheat or rye bread, coffee or café latte

020. VEGETABLE OMELETTE 6.99
Mixed chopped vegetables and low fat cream cheese

021. WHITE AND GREEN OMELETTE 6.99
Chopped spinach, mushrooms and low fat cream cheese

023. T.G. OMELETTE 6.99
99% fat free sliced turkey, scallions and low fat cream cheese

OMELETTES

Fresh eggs omelettes are served with home potato or grits or sliced tomato. Toast and coffee or café latte
With egg whites, add 1.50

001. PLAIN OMELETTE 3.99
002. CHEESE OMELETTE 4.49
With choice of cheese
003. HAM & CHEESE OMELETTE 4.99
004. WESTERN OMELETTE 5.59
Diced ham, onions and peppers
005. SPANISH OMELETTE 5.59
Diced peppers, onions and tomato topped with tomato sauce
006. SPINACH & ONION OMELETTE 5.99
008. FETA CHEESE, TOMATO & ONION 5.99
012. MUSHROOM, ONION AND CHEESE 5.99

APPETIZERS

EMPANADAS 2.50
Meat, chicken or spinach

HALF SANDWICH AND SOUP 8.49
Chicken salad, tuna salad or egg salad on white or whole wheat. With turkey or ham, add 1.00

CHICKEN TENDERS 7.59
With french fries

SOUPS

CHICKEN SOUP 3.89 / 4.99
SOUP OF THE DAY 4.75 / 5.75

WRAPS

Flour tortillas filled with shredded lettuce, and tomato side of kosher pickle and tortilla chips
With cheese, add 1.00
With guacamole, add 1.00

90. TUNA SALAD WRAP 7.99
91. CHICKEN SALAD WRAP 7.99
93. HAM & CHEESE WRAP 7.99
94. TURKEY & CHEESE WRAP 7.99
95. VEGGIE & CHEESE WRAP 7.99
With grilled zucchinini, squash and eggplant
96. GRILLED CHICKEN WRAP 7.99
With sautéed onions
97. CHICKEN TEX-MEX WRAP 7.99
With side of salsa and sour cream
195. CLUB WRAP 7.99
Turkey breast , bacon, swiss cheese and ranch dressing
196. CHICKEN BLT WRAP 7.99

PANINI

SERVED ON CIABATTA BREAD OR FRENCH BAGUETTE

2001. CAPRESE 8.49
With fresh mozzarella, tomato and basil
2002. PROSCIUTTO 8.49
With mozzarella, roasted peppers and basil
2003. SMOKED HAM 8.49
With swiss cheese and tomato
2004. TURKEY BREAST 8.49
W/swiss cheese, lettuce, tomato and Russian dressing
2005. GRILLED VEGETABLES 8.49
With fresh mozzarella and basil
2006. GRILLED CHICKEN BREAST 8.49
With roasted peppers and basil
2009. GENOA SALAMI 8.49
With swiss cheese and lettuce
2010. CHICKEN PESTO 8.49
With roasted peppers and sundried tomato

SALAD PLATTERS

Served with choice of dressings and crackers (Italian, ranch, honey mustard, balsamic vinaigrette, raspberry vinaigrette, toasted sesame, caesar, oil & vinegar)
Extra dressings, 0.75

15. HOUSE SALAD 6.99
Mixed greens with cucumbers, onion, tomato, carrots and hard boiled egg
Add grilled chicken, 1.50

10. CHICKEN SALAD 8.49
Our house salad topped with a scoop of our chicken salad

11. TUNA SALAD 8.49
Our house salad topped with a scoop of our tuna salad

12. EGG SALAD 8.49
A scoop of our fresh egg salad on top of the house salad
Add a scoop of chicken or tuna salad, 1.75

13. CHEF'S SALAD 8.49
Sliced ham and turkey and swiss cheese on top of mixed greens, tomato, cucumbers, hard boiled egg and onions

20. CAESAR SALAD 6.99
Homemade croutons blended with chopped romaine lettuce, and our exquisite Caesar dressing
Add grilled fish filet: 3.50

21. CHICKEN CAESAR SALAD 8.49
Grilled chicken strips on top of our Caesar salad

22. TUNA CAESAR SALAD 8.49
Scoop of tuna salad on top of our Caesar salad

24. CARIBBEAN CHICKEN SALAD 8.49
Grilled chicken strips, fresh mozzarella cubes, scallions, sliced almonds and hard boiled egg over mixed greens

26. ORIENTAL CHICKEN SALAD 8.99
Flavored chicken breast strips, mandarin orange slices, scallions, sliced almonds, bean sprouts, carrots and crispy noodles

31. TURKEY BREAST SALAD 8.49
Sliced turkey breast over mixed greens, sliced tomato, cucumbers, onions, and carrols

33. "SPA"SPINACH SALAD 7.99
Fresh spinach leaves, sundried cranberries, fresh mozzarella, and mushrooms
Additional grilled chicken, 1.75

40. GREEK SALAD 7.99
Mixed greens topped with onion, tomato, green pepper, pepperoncini, kalamata olives and feta cheese.
Additional grilled chicken, 1.75

SANDWICHES

Our sandwiches are available on: whole grain, rye, or white bread, and served with a kosher pickle. At your request we will add lettuce, tomato and/or onions.

WITH CHEESE: 1.00 WITH FRENCH FRIES, 1.75

120. EGG SALAD AND BACON 7.99
Made with hard boiled eggs and light mayonnaise

121. TUNA SALAD 7.99
Made with white tuna, celery and light mayonnaise

122. CHICKEN SALAD 7.99
Made with white meat chicken, celery and light mayonnaise

125. BUFFET HAM AND CHEESE 7.99
Made with sliced smoked buffet ham, and choice of cheese

127. BLT 7.99
Grilled applewood bacon, lettuce and tomato

128. ITALIAN SUBMARINE 7.99
Buffet ham, salami, mozzarella, lettuce, tomato and onion on french bread

134. SLICED TURKEY BREAST 7.99
99% fat free sliced turkey

137. TURKEY CLUB 7.99
Triple decker on white bread with turkey, swiss cheese and bacon, ripe tomato and crisp lettuce. WITH BUFFET HAM, ADD 1.00

138. CLUB A LA NOSH 7.99
Turkey mozzarella cheese, lettuce and tomato with mayonnaise on french bread. WITH BUFFET HAM, ADD 1.00

140. GRILLED CHEESE 6.49
ADDITIONAL HAM OR BACON: 1.00

143. REUBEN 7.99
Grilled sandwich with your choice of fresh turkey or buffet ham and swiss cheese, sauerkraut and Russian dressing on rye bread

145. TUNA MEALT 7.99
Grilled sandwich with tuna salad, tomato and swiss cheese on rye bread

146. CUBAN SANDWICH 6.99

147. MIDNIGHT SANDWICH 6.99

HOT ENTRESS

Served whit two side orders: rice, mashed potato, French fries, ripe plantains, salad or black beans, Bread and butter
Additional side, $1.75
Vegetables $1.50

CHICKEN PLATTERS

50. CHICKEN A LA NOSH 7.99
W/white meat, add 0.75
Baked chicken in wine and garlic sauce

51. CHICKEN MILANESE 8.59
Breaded chicken steak

52. CHICKEN NAPOLITANO 8.59
Chicken Milanese topped with ham, melted mozzarella and marinara sauce

53. CHICKEN ORIENTAL 8.99
Stir fry chicken with vegetables in assian sauce

54. CHICKEN FLORENTINE 8.59
Grilled chicken topped with spinach and mozzarella

55. CHICKEN HEBRAICA 8.49
Charbroiled chicken breast with chimichurri sauce

56. CHICKEN SALTADO 8.99
Stir fry chicken with fresh tomato and onions

MEAT PLATTERS

61. PALOMILLA STEAK 7.99
Charbroiled palomilla steak with sautéed onions

60. STEAK MILANESE 8.99
Breaded palomilla steak

62. CHURRASCO 11.99
9 oz charbroiled skirt steak (entrona) w/12oz steak, add 3.00

63. STEAK PARMIGIANA 9.99
Beef Milanese with melted mozzarella and marinara sauce

64. PEPPER STEAK 9.99
Stir fry beef strips with onions and peppers

65. LOMO SALTADO 9.99
Beef strips sautéed with tomato and onions

PASTAS INCLUDES SALAD LINGUINE OR PENNE

Pasta may be served with marinara sauce or oil and garlic sauce. Pasta or rice is served with one side order

72. ALFREDO W/CHICKEN 10.99
73. ALFREDO W/SHRIMP 10.99
74. PESTO WITH CHICKEN 10.99
75. GNOCHI WITH PINK SAUCE 8.99
76. PASTA PRIMAVERA PINK SAUCE 8.99

SEAFOOD

87. SHRIMP CREOLE 10.99
Rice & Plantain

88. SHRIMP SCAMPI 10.99
Rice & Plantain

89. FISH SPECIAL ONE SIDE 11.99
Breaded, grilled, lemmon butter, cilantro sauce, plum or teriyaki

LUNCH OMELETTES

SERVED WITH RICE OR F. FRIES AND A ROLL WITH BACON OR HAM, ADD 1.50

160. PLAIN 5.99
161. CHEESE 6.99
162. HAM AND CHEESE 7.49
163. WESTERN 7.99
164. FETA CHEESE 8.49
WITH TOMATO AND ONION

SIDE ORDERS

200. FRENCH FRIES 2.75
201. TOSSED SALAD 2.99
202. STEAMED VEGETABLES 2.95/4.59
203. RICE, BLACK BEANS & ONIONS 5.59
204. WHITE RICE 2.75
205. FRIED PLANTAINS 2.75
206. BLACK BEANS 2.75/3.95

FROM THE GRILL

Additional cheese: 1.00
Additional bacon or ham: 1.25
Additional grilled onions or mushrooms: 1.25

HAMBURGERS

¼ pound USDA ground beef served with lettuce, tomato and French fries

100. HAMBURGER 6.95
101. CHEESEBURGER 7.95
Mozzarella, swiss or American cheese
102. "NOSH" BURGER 8.95
With bacon and cheese
103. MUSHROOM BURGER 7.95
With sausteed mushrooms

STEAK SANDWICH

Grilled sandwiches are served on French bread with lettuce, tomato and a pickle

110. BREADED BEEF SANDWICH 8.49
111. BREADED CHICKEN SANDWICH 8.49
112. PALOMILLA STEAK SANDWICH 7.99
With sauteed onions
113. CHICKEN BREAST SANDWICH 7.99
With sautéed onions
117. BBQ CHICKEN SANDWICH 7.99
Grilled chicken breast with BBQ sauce.

TEX-MEX QUESADILLA

CHEESE FILLED GRILLED FLOUR TORTILLAS. SIDE OF SALSA, SOUR CREAM AND GUACAMOLE

Q-1. CHICKEN 7.99
Q-2. BBQ CHICKEN 8.49
Q-3. BEEF 8.99
Q-4. ROASTED VEGETABLES 7.99

APPETIZERS

EMPANADAS 2.50
Meat, chicken or spinach
HALF SANDWICH AND SOUP 8.49
Chicken salad, tuna salad or egg salad on white or whole wheat. With turkey or ham, add 1.00
CHICKEN TENDERS 7.59
With french fries

BEER & WINE

IMPORTED	4.25
DOMESTIC	3.95
GLASS OF WINE	3.95

BEVERAGES

FRUIT JUICES	2.75
COFFEE	1.49/1.75
ICED TEA	1.95/2.25
HOT TEA	1.50
BOTTLED WATER	1.50
CUBANEXPRESSO	1.50
SODAS	1.50
CAPPUCCINO	2.50
A La Nosh, add 1.25	

DESSERTS

CARAMEL CUSTARD 2.99
RICE PUDDING 2.99
CHAJA 5.99
Meringue, peaches, dulce de leche and whipped cream
ASSORTED FRENCH PASTRIES 2.59

THE FDA ADVISES CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY SEAFOOD OR EGGS INCREASES YOUR RISK OF FOODBORNE ILLNESS

menu

CAFE Nosh RESTAURANT
Est. 1987

IN THE SEYBOLD BUILDING
36NE 1 ST.
Miami FL 33132
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cafenosh36@gmail.com

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With Steak $9.99

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