

# MEMORANDUM

Agenda Item No. 10(A)(11)

---

**TO:** Hon. Chairperson Barbara Carey-Shuler, Ed.D.  
and Members, Board of County Commissioners

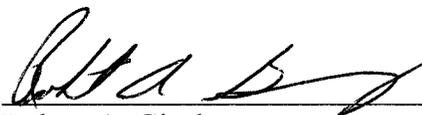
**DATE:** November 30, 2004

**FROM:** Robert A. Ginsburg  
County Attorney

**SUBJECT:** Resolution relating to  
Automated External  
Defibrillators (AED)

---

The accompanying resolution was prepared and placed on the agenda at the request of Commissioner Dorrin D. Rolle.

  
Robert A. Ginsburg  
County Attorney

RAG/jls



# MEMORANDUM

(Revised)

**TO:** Hon. Chairperson Barbara Carey-Shuler, Ed.D.  
and Members, Board of County Commissioners

**DATE:** November 30, 2004

**FROM:** Robert A. Ginsburg  
County Attorney

**SUBJECT:** Agenda Item No. 10(A)(11)

Please note any items checked.

- "4-Day Rule" ("3-Day Rule" for committees) applicable if raised
- 6 weeks required between first reading and public hearing
- 4 weeks notification to municipal officials required prior to public hearing
- Decreases revenues or increases expenditures without balancing budget
- Budget required
- Statement of fiscal impact required
- Bid waiver requiring County Manager's written recommendation
- Ordinance creating a new board requires detailed County Manager's report for public hearing
- Housekeeping item (no policy decision required)
- No committee review

Approved \_\_\_\_\_ Mayor

Agenda Item No. 10(A)(11)

Veto \_\_\_\_\_

11-30-04

Override \_\_\_\_\_

RESOLUTION NO. \_\_\_\_\_

RESOLUTION REQUESTING THAT ALL HEALTH CLUBS IN MIAMI-DADE COUNTY BE ENCOURAGED TO HAVE "AUTOMATED EXTERNAL DEFIBRILLATORS" (AED), DEVICES CRUCIAL FOR RESUSCITATION IN THE EVENT A PATRON SHOULD SUFFER A CARDIAC ARREST

**WHEREAS**, in the moments immediately following a cardiac arrest, when nerve impulses no longer trigger a normal heart rhythm, an AED can shock the heart back into normal heart rhythm, and can shock the heart back into normal use, making an AED a crucial instrument for resuscitation; and

**WHEREAS**, when defibrillation is given within the first minute after a cardiac arrest, the survival rate can be as high as 90%; for every minute the defibrillation or shock is delayed, the odds of survival fall as much as 10%; if defibrillation occurs more than 12 minutes after the heart stops, the survival rate is only two to five percent; and

**WHEREAS**, even though regular exercise decreases the lifetime risk of heart disease, the stress of exercise can trigger cardiac arrest, and a study of 22,000 doctors found that the risk of dying during or immediately after exercise was 17 times higher than in times of no exertion; and

**WHEREAS**, the greatest risk for cardiac arrest is among men over 45 years and women over 55 and it has been suggested that those people 55 years and older have been joining health clubs in increasing numbers over the past 15 years; and

**WHEREAS**, a study of 76 health clubs in Great Britain that had AED's found that using the devices along with cardiopulmonary resuscitation (CPR) saved the lives of six of eight people who suffered cardiac arrest a 75% survival rate contrasting with the average survival rate

of three percent to five percent for those who suffered sudden cardiac arrest outside of a medical setting,

**NOW, THEREFORE, BE IT RESOLVED BY THE BOARD OF COUNTY COMMISSIONERS OF MIAMI-DADE COUNTY, FLORIDA,** that this Board encourages all health clubs in Miami-Dade County have Automated External Defibrillators (AED) a device crucial for resuscitation in the event a patron should suffer a cardiac arrest.

The foregoing resolution was sponsored by Commissioner Dorrin D. Rolle and offered by Commissioner \_\_\_\_\_, who moved its adoption. The motion was seconded by Commissioner \_\_\_\_\_ and upon being put to a vote, the vote was as follows:

Dr. Barbara Carey-Shuler, Chairperson	
Katy Sorenson, Vice-Chairperson	
Bruno A. Barreiro	Jose "Pepe" Diaz
Carlos A. Gimenez	Sally A. Heyman
Barbara J. Jordan	Joe A. Martinez
Dennis C. Moss	Dorrin D. Rolle
Natacha Seijas	Rebeca Sosa
Sen. Javier D. Souto	

The Chairperson thereupon declared the resolution duly passed and adopted this 30<sup>th</sup> day of November, 2004. This resolution shall become effective ten (10) days after the date of its adoption unless vetoed by the Mayor, and if vetoed, shall become effective only upon an override by this Board.

MIAMI-DADE COUNTY, FLORIDA  
BY ITS BOARD OF  
COUNTY COMMISSIONERS

HARVEY RUVIN, CLERK

By: \_\_\_\_\_  
Deputy Clerk

Approved by County Attorney as  
to form and legal sufficiency.

RA G

Robert A. Ginsburg

5