



KNOW YOUR NUMBERS IN 2012!

Working together towards a healthier you...

The Know Your Numbers (KYN) Program gave MDC employees an opportunity to participate in health screenings and educational workshops from March to October. The mission was to make employees aware of their current health status and measure their progress\ improvement achieved along the way.

Participation was tracked using the Know your Numbers Tracker card. The Tracker card served as each employee's ticket to be turned in at the conclusion of the KYN program for Prize Drawings. Congratulations to all the winners!!

CONGRATULATIONS TO THE WINNERS!

*PRIZE	EMPLOYEE NAME	DEPARTMENT & DPR
Treadmill	Gayadeen, Joyce	RER – Marcia Melendez
Treadmill	Oza, Nisha	Corrections – John C. Prats
Elliptical Trainer	Blanco, Debbie	PWWM – Michelle Sifontes
Elliptical Trainer	Nieves, Nelly	RER – Marcia Melendez
iPad	Bernard, Gloria	RER - Marcia Melendez
Sports Authority Gift Card \$100	Bazzani, Manuel	Aviation – Sonia Bridges
Sports Authority Gift Card \$100	Buenconsejo, Rod	Aviation – Sonia Bridges
Sports Authority Gift Card \$100	Castro, Rosa	Housing – Michael Anderson
Sports Authority Gift Card \$100	Collins, Cynthia	Aviation – Sonia Bridges
Sports Authority Gift Card \$100	Desdunes, Pierre	Aviation – Sonia Bridges
Sports Authority Gift Card \$100	Diaz Garro, Sabrina	PWWM - Michelle Sifontes
Sports Authority Gift Card \$100	Gonzalez, Daysi	Corrections - John C. Prats
Sports Authority Gift Card \$100	Hudson, Kathryn	PWWM - Michelle Sifontes
Sports Authority Gift Card \$100	Montenegro, Magally	MDDP – Leila Zinati
Sports Authority Gift Card \$100	Pena, Mirtha B.	RER - Marcia Melendez

* Treadmill & Elliptical equipment will be delivered directly to employee's home. The iPad (1) & Gift Cards will be delivered to the listed DPRs for distribution to the winning employees.

