

The 2nd Annual  
Miami-Dade County WELLNESSWORKS

# 5K "INCREDIBLE" FAMILY FUN DAY

\$5 Per  
Person\*

REGISTRATION  
NOW OPEN

**Saturday, Oct. 20**

7:00 a.m. - 1:30 p.m.  
(zoo access until 5 p.m.)

**Zoo Miami**

12400 SW 152 St.  
Miami, FL 33177



The 5K "Incredible" Family Fun Day will start with a **5K FUN RUN & WALK** at 7 a.m. This race is open to all fitness levels.

Employees and their families can stay for the day to enjoy a variety of fair merchants, tricycle races, yoga, inflatables, food trucks, rock wall, all-day access to Zoo Miami and more!

To register visit: [miamidade.gov/FamilyFunDay](http://miamidade.gov/FamilyFunDay)

Registration opens Aug. 1 and closes on Sept. 29.  
Registration is required for racers and non-racers.

## ACTIVITY TIMELINE

- 7:00 a.m. - Race starts
- 8:15 a.m. - Awards Ceremony
- 8:45 a.m. & 10:30 a.m. - Yoga for all levels
- 11:30 a.m. - Departmental tricycle race  
(sign up with your wellness liaison)

**No day-of registration available.**

\*\$10 after Sept. 14.

