

# TRAINING ANNOUNCEMENT

MIAMI-DADE POLICE DEPARTMENT  
MIAMI-DADE PUBLIC SAFETY TRAINING INSTITUTE  
9601 NW 58 STREET  
MIAMI, FLORIDA 33178-1619  
Phone: (305) 715-5000  
Fax: (305) 715-5107



## Rapid Deployment Force (RDF) Basic # 12

**DATES:** Monday, October 21 - Friday, November 1, 2013

**TIMES:** 2 p.m. to 11 p.m.

**LOCATION:** Miami-Dade Public Safety Training Institute (MDPSTI)

**ENROLLMENT:** All applicants must attend the 8-hour Physical Skills Assessment Qualification on Monday, September 30, 2013 at 7 a.m., at the Miami-Dade Public Safety Training Institute. Non-Miami-Dade Police Department personnel wishing to participate, must have written approval from their agency, and must also pass the physical skills assessment qualification. (Approval of MDPSTI-24 will allow the students to participate at the 8-hour physical skills assessment qualification.)

**CURRICULUM:** Basic training for RDF applicants. Course includes daily physical exercise, advanced firearms training, defensive tactics, building searches, basic training for civil disturbance/Mobile Field Force (MFF) concepts, less lethal/chemical munitions, dignitary protection, search & rescue, first aid, active shooter, vehicle takedowns, and hostage rescue operations.

**ATTIRE:** Approved MFF uniform, weapons, and equipment used by the student's individual department.

**EQUIPMENT:** All non-MDPD personnel will be required to provide their own weapons, ammunition, and other necessary equipment.

**COORDINATOR:** Officer David Macias at [dgmacias@mdpd.com](mailto:dgmacias@mdpd.com) or (305) 418-3010

**ADDITIONAL INFORMATION:** Contact IMT/RDF Lieutenant Ed Caneva at (305) 468-1250, or Sergeant Jose Ramirez at (786) 245-9151, for information regarding the tryouts, equipment, attire, and the RDF program.

**Accommodations for Participants with Special Needs:**

To ensure that we can accommodate persons with disabilities who wish to attend our courses, please be sure to identify the accommodation needed when you return your registration form or at the time you register by telephone

# Miami-Dade Police Department Rapid Deployment Force

## Physical Fitness Assessment and Norms for Adults and Law Enforcement

<b>Males (ages)</b>	<b>20-29</b>	<b>30-39</b>	<b>40-49</b>	<b>50-59</b>
1.5 mile run (min)	13:08	13:48	14:33	16:16
300 meter run (sec)	62.1	63.0	77.0	87.0
Pushups	26	20	15	10
Sit-ups	35	32	27	21

<b>Females (ages)</b>	<b>20-29</b>	<b>30-39</b>	<b>40-49</b>	<b>50-59</b>
1.5 mile run (min)	15:56	16:46	18:26	20:17
300 meter run (sec)	75	82	106.7	N/A
Pushups	13	9	7	N/A
Sit-ups	30	22	17	12

For questions or guidance preparations, please contact Ms. Kelly Kennedy, of the Miami-Dade Police Department's Training Bureau Wellness Facility at (305)715-5116

# MIAMI-DADE PUBLIC SAFETY TRAINING INSTITUTE

## Training Course Application - MDPSTI-24

<b>TYPE OF TRAINING</b> <input type="checkbox"/> Local Training <input type="checkbox"/> Tuition Training <input type="checkbox"/> Educational Travel	<b>REQUESTING APPROVAL</b> <input type="checkbox"/> Mandatory Retraining <input type="checkbox"/> Second Dollar Funding Budget Code _____	<b>RELATED COSTS</b> Tuition _____ Travel _____ Other _____ Total _____
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**ATTENDEE:** \_\_\_\_\_ Rank \_\_\_\_\_  
 Name \_\_\_\_\_  
 Social Security # \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Division \_\_\_\_\_ Assignment \_\_\_\_\_

**TRAINING PROGRAM:**  
 Course Name \_\_\_\_\_  
 Coordinator (MDPD Training Bureau Courses Only) \_\_\_\_\_  
 Sponsor \_\_\_\_\_ Training location \_\_\_\_\_  
 Dates \_\_\_\_\_ to \_\_\_\_\_ Number of Training Hours \_\_\_\_\_

**RELATIONSHIP TO JOB AND BENEFITS TO EMPLOYEE AND DEPARTMENT** \_\_\_\_\_

**MANDATORY RETRAINING CATEGORY (Attach course goals and objectives)**

Communication Skills _____	Crime Prevention _____	Health _____
High Liability _____	Instructor Courses _____	Investigations _____
Legal Issues _____	Supervision/Management _____	Science & Tech _____

**ATTENDANCE AUTHORIZATION:**

APPROVED	DATE	DISAPPROVED
_____ District/Bureau Commander	_____	_____ District/Bureau Commander
_____ Miami-Dade Public Safety Training Institute	_____	_____ Miami-Dade Public Safety Training Institute
_____ Division Chief*	_____	_____ Division Chief*
_____ Assistant Director*	_____	_____ Assistant Director*
_____ Director**	_____	_____ Director**
*For Tuition Training/Educational Travel **For Educational Travel only	* Educational Leave Slip Must Be Attached	*For Tuition Training/Educational Travel **For Educational Travel only

**FOR MIAMI-DADE PUBLIC SAFETY TRAINING INSTITUTE USE ONLY (Local Training Only - Educational Leave Slip Not Required)**

Selected To Attend
  Put On Waiting List
  Not Selected To Attend

Comments: \_\_\_\_\_

Coordinator \_\_\_\_\_ P hone \_\_\_\_\_