

Miami-Dade Parks August 2007 Calendar of Events

Wednesday, 1

The Miami-Dade Parks Fit to Play, Fun for Life Summer Camps

For kids 6-14, running through August 17, the camps raise heart rates as well as excitement levels with dancing, swimming, skating, basketball, jump roping, field trips and much more. Nature camps provide wild and wowing adventures, including kayaking, canoeing, hiking and snorkeling. Performing arts camps foster artistic talents through dance, drama, music and vocal instructions and a grand finale. For more details, visit www.miamidade.gov/parks or call 305-755-7800.

EcoAdventures: Camp Manatee Summer Camp

7:30 a.m.-6 p.m. \$80/week or \$26.67/Day; \$10 registration fee. Mon.-Fri. thru Aug. 17. Enjoy nature-oriented games, arts & crafts & guided hikes thru various ecosystems and more. Call 305-944-6111 or 305-948-2891. Greynolds Park 17530 W. Dixie Hwy., N. Miami Beach.

Deering Estate Summer Kids Camp – Session V July 30 – August 10

9 a.m. – 4:30 p.m. \$300 two-weeks. Kids 6-13 get experience in natural history & archeology lessons, explore the ecosystem, and glimpse rare flora and fauna. Before & after camp available. Registration required, 305-235-1668. Deering Estate at Cutler, 16701 SW 72 Ave., Miami.

Power Soccer

5-8 p.m. Wednesdays. For power chair users ages 14 and older. Team formation and practice of power chair sport. Call 305-234-4948 or 305-234-1673. Goulds Park, 21805 SW 114 Ave., Miami.

Three Lakes Park Youth Soccer

7-8:30 p.m. Free. Wednesdays. Soccer program for children ages 6-12 with developmental disabilities. Call 305-752-4966. Three Lakes Park, 11375 SW 136 St., Miami.

Ai Chi (Aquatic Tai Chi)

11-12 p.m. \$30/10 classes. Wednesdays and Fridays. Aquatic low-impact Tai Chi exercises for individuals with pain and balance issues. Call 305-234-4948 or 305-234-1673 for more information. Goulds Park, 21805 SW 114 Ave., Miami.

Exercise for Everyone

9-10 a.m. Free. Mondays, Wednesdays and Fridays. Low-impact exercise for adults with physical disabilities. Call 305-234-4948 or 305-234-1673. Goulds Park, 21805 SW 114 Ave., Miami.

Water Exercise

11 a.m.-12 p.m. \$30/10 classes. Tuesdays, Wednesdays and Thursdays. Low-impact water exercise for adults. Call 305-222-2128. Tamiami Pool, 11201 SW 24 St., Miami.

EcoAdventures: Crandon Park Visitors and Biscayne Nature Center

9 a.m. – 4 p.m. \$5 vehicle/\$10 bus, Daily. Your gateway to the Bear Cut Preserve, a 264-acre barrier island on Key Biscayne. Guided tours and educational programs for all ages. Bird watching, canoeing, kayaking, snorkeling, bicycling and much more. For more information call 305-361-6767. Located at 6767 Crandon Blvd., Parking Lot # 1.

Samburu Giraffe Feeding Station

11 a.m.-4 p.m. Zoo admission: \$11.50 adults; \$6.75 ages 3-12. Daily. Have them eating out of your hands at the zoo's giraffe feeding station. For \$2 you can feed giraffes delicious veggie treats. Call 305-255-5551. Miami Metrozoo, 12400 SW 152 St., Miami.

Deering Estate Historic Tours

10:30 a.m. and 2 p.m. \$7 adults; \$5 children. Daily. Tour historic 1922 Stone House and 1896-1900 Richmond Cottage. Call 305-235-1668 x233. Deering Estate at Cutler, 16701 SW 72 Ave., Miami.

Skyward Kites

10 a.m.-Sunset. Daily. Enjoy kite flying at the beach and learn how to be a master kite flyer. Call 305-893-0906. Haulover Beach Park, 10800 Collins Ave., Miami Beach.

Yoga Classes

10-11:30 a.m. Wednesdays, thru 9/5. \$60/six-week session. Yoga taught by Marlene Shulman. Call 305-235-1668, ext. 233. Deering Estate at Cutler, 16701 SW 72 Ave., Miami.

Dog Park

Sunrise-Sunset. Free. Mon.-Fri. \$5 parking Saturday and Sunday. The park offers five acres of enclosed green space, walking trails and water fountains for dogs. Call 305-685-8389. Dog Park at Amelia Earhart Park, 401 East 65 St., Hialeah.

Farm Village

9 a.m.-4 p.m. Free. Mon.-Fri. \$5 parking Saturday and Sunday. Farm Village offers a daily petting zoo, and pony rides on Saturday and Sunday for children weighing 70 lbs. and less. Pony rides are \$2. Call 305-685-8389. Bill Graham Farm Village at Amelia Earhart Park, 401 East 65 St., Hialeah.

Mountain Bike Trails

Sunrise-Sunset. Mon.-Fri. \$5 parking per vehicle on Saturdays and Sundays and Holidays. Mountain bike trails for Novice, Intermediate and Expert riders. Call 305-685-8389. Amelia Earhart Park, 401 East 65 St., Hialeah.

EcoAdventures: Bear Cut Preserve Nature Walk

9 a.m. & 12 p.m.; \$3/person; Saturdays & Sundays. Enjoy a leisurely walk along one of the many trails of Bear Cut Preserve. Learn about butterflies, birds, plant and animal species inhabiting coastal environments of South Florida. Call 305-361-6767 x112 for reservations. Meet at Crandon Park Visitors Center, 6767 Crandon Blvd., Key Biscayne.

Thursday, 2

Pilates

6:30-7:30 p.m. Thursdays, \$60 six-week session. Improve flexibility and strength with controlled movements that engage your body and mind. Taught by Celia Maluf, call 305 235-1668 x233. Deering Estate at Cutler, 16701 SW 72 Ave., Miami.

Water Exercise

11 a.m.-12 p.m. \$40/10 classes. Tuesdays and Thursdays. Low-impact water exercise for adults. Call 305-665-5319 for more info. AD Barnes Pool, 3401 SW 72 Ave., Miami.

Wheelchair Basketball Team

7-9 p.m. Thursdays, 10 a.m.-3 p.m. Sundays. Free. Competitive wheelchair basketball for adults. Call 305-752-4966. Miami Springs Recreation Center, 1401 Westward Dr., Miami Springs.

Tea & Tai Chi

9:45 a.m.-11 a.m. \$3/class limited to 10 participants. Tuesdays & Thursdays. Learn 12 slow-flowing movements that improve balance and flexibility and reduce stress, while enjoying a variety of flavored teas. For more info call Zarron Brown at 305-380-9106 or 305 388-4771. Westwind Lake Park, 6805 SW 152 Ave., Miami.

Senior Fitness

9:30-11:30 a.m. \$75/5 classes. Tuesdays and Thursdays. Low impact fitness class. Call 305-222-2128. Tamiami Pool, 11201 SW 24 St., Miami.

Arthritis Aquatics

11 a.m.-12 p.m. \$20/10 classes. Tuesdays and Thursdays. Aquatic exercise program for adults with arthritis or physical limitations. Call 305-234-4948 or 305-234-1673. Goulds Park, 21805 SW 114 Ave., Miami.

Friday, 3

Fencing Club

5:30-7 p.m. \$90. Fridays. Ages 10-20. Fencing instruction for people with disabilities. Call 305-222-2128. Tamiami Park, 11201 SW 24 St., Miami.

Shooter Clinic

7-8 p.m. Fridays. Free clinic, charge for shotgun rental, trap rounds, shells, ear and eye protection. Ages 18 and older. Learn sport of trap shooting, including shotgun safety, game rules, field etiquette, and shooting techniques. Call 305-226-1823. Trail Glades Range, 17601 SW 8 St., Miami.

Saturday, 4

Bamboo Workshop

10 a.m.-1 p.m. \$25. Learn to grow and cultivate different varieties of Bamboo and their uses. Includes a tour of the park's 70 varieties of bamboo, which is the largest public collection of tropical bamboo in the United States. Bamboo plants, products and books will be available. Instructor: Daniel Holmes. Call 305-247-5727. Fruit & Spice Park, 24801 SW 187 Ave., Homestead.

Architecture Tour

2 p.m. Free with park admission: \$7 adults; \$5 children. Enjoy an afternoon with Deering Estate naturalists as you discover all the architectural features the historic park has to offer. Explore the magnificent Stone House and the picturesque Richmond Cottage. Call 305-235-1668 x233. Deering Estate at Cutler, 16701 SW 72 Ave., Miami.

Tai Chi Classes

10:30 a.m. – 12 p.m. \$60/six-week session. Saturdays thru Sept. 15. Tai Chi taught by Jeff Morris. Call 305-235-1668 x233. Visitors Center Exhibit Room, Deering Estate at Cutler, 16701 SW 72 Ave., Miami.

EcoAdventures: Crandon Park's Fossil Reef Snorkel Adventure

1:30 – 4p.m. \$40 adults; \$22 ages 9-14; \$32 residents. Also August 11, 18 & 25. Explore a rare geologic formation in Bear Cut Preserve where fish are aplenty and other creatures may abound. **Reservations required**, call 305-365-3018. Meet at the Crandon Park Visitors and Biscayne Nature Center, 6767 Crandon Blvd., Key Biscayne.

EcoAdventures: East Greynolds Historic Oleta River Canoe Trip

10 a.m.-1 p.m. \$25 adults; \$15 ages 7-14. Also, August 11, 18 & 25. Catch a view of many wading birds and mammals in their natural habitats and visit an undisturbed Tequesta Indian midden. **Reservations required**, call 305-365-3018. Meet at East Greynolds Park, 16700 Biscayne Blvd., N. Miami Beach.

EcoAdventures: Arch Creek Trail Tours

10-11 a.m. \$3. Also, August 11, 18 & 25. Join a naturalist guided tour through a Tropical Hardwood Hammock where you will find an assortment of interesting plants native to South Florida. **Reservations required**, call 305-944-6111. Meet at Arch Creek Park Museum, 1855 NE 135 St., N. Miami.

Goal Ball

2-5 p.m. Free. Ages 18 and older. Saturdays. Soccer-like sport for people with visual impairments. Call 305-226-1622. Miami Springs Recreation Center, 1401 Westward Dr., Miami Springs.

Jr. Wheelchair Sport Club

10 a.m.-1 p.m. Saturdays. Ages 9 and older. Sport clinics for children with physical disabilities. Call 305-234-4948 or 305-234-1673 for information. Goulds Park, 21805 SW 114 Ave., Miami.

Evening Sky Viewings

8-11 p.m. Free. Saturdays. Look and learn with the Southern Astronomical Society and view the night sky through high-tech telescopes. Call 305-661-1375 for more information. Bill Sadowski Park and Nature Center, 17555 SW 79 Ave., Miami.

Wheelchair Tennis Program

10-11 a.m. Free. Saturdays. Ages 12 and older. All skill levels. Call 305-755-7848 (v); 305-755-7980 (tdd) for more information. Big Five Tennis Club, 9299 SW 7 Terr., Miami.

Saturdays in the Park with Commissioner Sen. Javier Souto

11:30 a.m.-12:30 p.m. Saturdays. District 10 residents are invited to spend Saturday mornings with Commissioner Souto discussing concerns and issues. Call 305-375-4835 for locations.

NRA First Steps Course

10 a.m.-12:30 p.m. \$49.94. Saturdays. Ages 21 and older. This course consists of fundamental basic pistol instruction and safety and meets state requirements for the concealed weapons permit. Call 305-226-1823. Trail Glades Range, 17601 SW 8 St., Miami.

Tuesday, 7

28th Annual Palmetto Junior Golf Open

Tee time approximately 9 a.m. All players \$60. Thru Aug. 9. 54-Hole Medal Play. Age Division: Boys 12-13, 14-15, 16-17; Girls 13-17. Call Susi Walker at (305) 235-1069 x21. Palmetto Golf Course, 9300 SW 152 St., Miami.

Yoga Classes

6-7:30 p.m. Tuesdays, thru Sept. 4. \$60/six-week session. Yoga taught by Marlene Shulman. Call 305-235-1668 x233. Deering Estate at Cutler, 16701 SW 72 Ave., Miami.

On Guard for Autism

5-6 p.m. \$75. Tuesdays. Age 6. Fencing instruction for children with autism. Call 305-226-1622. Coral Estate Park, 1405 SW 97 Ave., Miami.

Thursday, 9

African Heritage Cultural Arts Center Summer Recitals

7 p.m. \$5. Also August 10. Performances of dance, theater and music from students of this acclaimed summer camp program. Call 305-547-5414. Dade County Auditorium, 2901 W Flagler St., Miami.

Friday, 10

28th Annual Palmetto Junior Golf Open Junior Division

Children 12 and under, \$4-\$11. Starting times: 10 a.m., 10:45 a.m., 11:20 a.m., and 11:30 a.m. Call Susi Walker at (305) 235-1069 x21. Briar Bay Golf Course, 9373 SW 136 St., Miami.

Raíces Hispanic Heritage Cultural Arts Center Summer Recital

7 p.m. \$5. Performances of dance, theater and music from students of this acclaimed summer camp program. Call 305-271-0812. South Miami Middle School Auditorium, 6750 SW 60 St., Miami.

Saturday, 11

Summer Cabaret Series Final Concert: *String Theory: Harp, Acoustic Bass & Percussion*

8 p.m. \$20 general admission. Classical, modern, jazz, and Latin music will fill the air in the Stone House Ballroom as *String Theory* performs the harp, acoustic bass & percussion. Guests can bring refreshments and snacks to enjoy during the show. Advanced tickets recommended. Call 305-235-1668 x233. Deering Estate at Cutler, 16701 SW 72 Ave., Miami.

Alvarez Guedes at Dade County Auditorium

8 p.m. \$67, \$57, \$37. Renowned Cuban comedian and radio personality in his hilarious show. Adult humor for mature audiences. Call 305-547-5414. Dade County Auditorium, 2901 W. Flagler St., Miami.

Sunday, 12

Miami FC Men's Pro Soccer

6 p.m. \$15. Miami FC vs. Atlanta Silverbacks. Call 305-377-2700. Tropical Park Stadium, 7900 SW 40 St., Miami.

EcoAdventures: Greynolds Park Oleta River Kayak Adventure

8-11 a.m. \$25 adults; \$15 ages 7-14. Available upon request. Join park naturalists on this guided exploration and visit an undisturbed Tequesta Indian midden. Call 305-365-3018 for reservations. Meet at Greynolds Park boathouse, 17530 W. Dixie Hwy., N. Miami Beach.

EcoAdventures: Pelican Harbor Kayak Adventure

10 a.m.-1 p.m. \$25 adults; \$15 ages 7-14. Available upon request. Break away from it all by kayaking around a series of small islands in North Biscayne Bay that provide viable habitats for coastal birds and marine life. Call 305-365-3018 for reservations. Meet at Pelican Harbor Marina, 1275 NE 79 St. Causeway, Miami Beach.

EcoAdventures: Crandon Heritage Tram Tours

3-4 p.m. Available upon request. \$2 adults; \$1 children. Take a tram ride through Crandon Park and the Bear Cut Preserve and learn about the island of Key Biscayne and its fascinating history. Call 305-361-6767 for reservations. Crandon Park Visitors and Nature Center, 6767 Crandon Blvd., Key Biscayne.

Saturday, 18

EcoAdventures: Matheson Hammock Wading Tour

9-10 a.m. \$5. Learn how important the tidal flats and mangrove-lined forests of the Bay are to the survival of many plants and animals that inhabit this area. **Reservations required**, call 305-662-4124. Meet at the Sailing School at Matheson Hammock Park & Marina, 9610 Old Cutler Road, Miami.

Saturday, 25

Miami FC Men's Pro Soccer

8 p.m. \$15. Miami FC vs. Portland Timbers. Call 305-377-2700. Tropical Park Stadium, 7900 SW 40 St., Miami.

EcoAdventures: Pelican Island Sunset Celebration!

7-9 p.m. \$35. Celebrate a summer sunset and discover South Florida's nature and history while cruising on the "Pelican Island Skipper," a 45-foot Corinthian Catamaran. **Reservations required**, call 305-365-3018. Meet at Pelican Harbor Marina, 1275 NE 79 Street Causeway, Miami Beach.

Tuesday, 28

EcoAdventures: Crandon Sunset and Moonlight Kayaking Adventure

5 – 8:30 p.m. \$40 adults; \$25 for Miami-Dade residents; \$15 ages 14 and younger. Discover the endless mangrove forest of Biscayne Bay by moonlight. **Reservations required**, call 305-365-3018. Meet at the Crandon Park Marina, 4000 Crandon Blvd., Key Biscayne.