



## Miami-Dade Parks October 2009 Calendar of Events

**(Note: Calendar events and dates and times are subject to change)**

OCT 3, 7 – 10 PM

DEERING ESTATE FOUNDATION'S 8TH ANNUAL WINE ON HARVEST MOON

VIP tickets: Members \$120, non-members \$150; General: Members \$60, non-members \$75

Enjoy fine wine, fine food, and fine art. Join us under the golden light of the harvest moon over Biscayne Bay. Enjoy **"La Dolce Vita"** – The Sweet Life – an authentic Italian experience featuring **Strolling Trovatori**, presented by the FIU School of Music; **Vini d'Italia**, wines of central and northern Italy presented by Crown Wine and Spirits; and **Cucina deliziosa**, authentic Italian cuisine prepared by a select group of Miami's top chefs.

Deering Estate at Cutler

16701 SW 72 Ave.

(305) 235-1668, ext. 233

OCT 3, 10 AM – 12 PM

BOOK NOOK BY THE BAY

Free with regular Estate admission - \$10 adults; \$5 children (ages 4 - 14)

Held on the first Saturday of each month, join us for "Book Nook by the Bay" where the rich resources of the Estate are open to the public for family story time, on-site eco-arts and crafts, science programs, and more! Each month, the Estate offers an environmentally themed topic, story time and a host of activities.

Deering Estate at Cutler

16701 SW 72 Ave.

(305) 235-1668, ext. 233

OCT 3, 8 PM; OCT 4, 3 PM

ENRIQUE CHIA IN CONCERT

\$40, \$36, \$28, \$24, \$18, \$15/Person

Cuban classical and pop pianist in concert.

Miami-Dade County Auditorium

2901 W. Flagler St.

(305) 547-5414, ext. 0

OCT 4, 5:30 – 8 PM

ECOADVENTURES: CRANDON PARK'S SUNSET & MOONLIGHT KAYAK ADVENTURE

\$ 40/Person (For Ages 9 and above)

Every month there's a full moon! You can view a spectacular South Florida sunset from the seat of a kayak as we paddle on the waters of Bear Cut and explore the forgotten and secret part of Key Biscayne by light of the rising moon. Wear closed-toed water shoes.

Reservations required.

Crandon Park Visitors & Nature Center

6767 Crandon Blvd., Key Biscayne

Parking Lot #1, North Beach Entrance

(305) 365-3018

OCT 4, 12:30 PM – 5:30 PM

BLUEGRASS MUSIC FESTIVAL

Admission is Free. Parking is \$5/car; \$10/bus, truck or RV

Enjoy a full-day of bluegrass music by performers including New River Boys, Southern Shores, Corn Country, The Cruddy Puppets, Alternative Tradition, Gospel with the Triumphants, and The Old Time Jammers. Patrons are encouraged to participate in jam sessions with the artists. Food will be available for purchase. Sponsored by the South Florida Bluegrass Association, these concerts take place the first Sunday of every month, except on holiday weekends, in the picnic area across from the Oleta River Shelter at Greynolds Park. For more information, please call the South Florida Bluegrass Association at 305-358-1800 or [www.southfloridabluegrass.com](http://www.southfloridabluegrass.com).

Greynolds Park  
17530 West Dixie Hwy.,  
North Miami Beach, FL  
(305) 945-3425

OCT 9, 8 PM  
FACUNDO CABRAL IN CONCERT  
Latin pop recording star in concert.  
Miami-Dade County Auditorium  
2901 W. Flagler St.  
(305) 547-5414, ext. 0

OCT 10, 8 PM (through OCT 31)  
DR. WILDE'S SCREAMATORIUM  
Dr. Wilde's Screamatorium is guaranteed to scare when it makes its debut at Miami MetroZoo's Dr. Wilde's World on October 10. This 7,000 square-foot haunted house will terrify visitors with horror scenes depicting the living dead, graveyards, butcher shops, deceased creatures and more, all to the music of departed rock legends Jimi Hendrix and Janis Joplin. With an admission cost of \$5 per person, this mansion of mayhem will remain open through October 31st. The Screamatorium may not be suitable for younger children.  
Miami MetroZoo  
12400 SW 152 St.  
(305) 251-0400

OCT 10, 8 PM  
MEME SOLIS IN CONCERT  
\$60, \$55, \$50, \$45, \$40, \$35, \$30/Person  
Cuban pop recording artist in concert.  
Miami-Dade County Auditorium  
2901 W. Flagler St.  
(305) 547-5414, ext. 0

OCT 10, 7 AM – 5 PM  
ECOADVENTURES: INDIAN KEY CANOE & SNORKEL ADVENTURE  
\$ 50/Person (For Ages 9 and above)  
This is truly an EcoAdventure! Jump in our Eco-van with your naturalist-guide as we make our way to Indian Key, the first government seat of Miami-Dade County. Explore the island by canoe, just as the first settlers did in the 1800s. Snorkel in the clear waters and surrounding coral reefs which are teeming with wildlife! Join us as we retell historic events and spend the day exploring the island on foot. Wear closed-toe water shoes. Bring your own lunch. Trip leaves from A.D. Barnes Park Sense of Wonder Nature Center. This adventure also offered October 24. Reservations required.  
A.D. Barnes Sense of Wonder Nature Center  
3401 SW 72 Ave.  
(305) 365-3018

OCT 10, 7:30 AM – 12:30 PM  
ECOADVENTURES: BISCAYNE BAY KAYAK FISHING – CONVOY POINT **NEW!**  
\$ 85/person  
Join expert flats fishermen on this guided fishing excursion along the shoreline of Biscayne Bay in search of barracuda, permit, snook, seatrout, redfish, and other shallow-water fish. Fishing kayak, paddle, life jacket, and safety equipment provided. Participants must have a valid Florida saltwater fishing license. Meet at Convoy Point, directions provided at time of reservation. Reservations required.  
Castellow Hammock Park  
22301 Southwest 162 Ave.  
(305) 365-3018

OCT 11 & 18, 1 – 4 PM  
WINGS OVER MIAMI JUNIOR BIRDING PROGRAM

\$25/Person

In the first session, come learn the basics of birding skills in the peaceful environment of Arch Creek Park. In the second session, put your new skills to practice as the class takes a birding field trip to get you on your way to being a birder! Certificate available. Reservations required.

Arch Creek Park  
1855 NE 135 St.  
(305) 944-6111

OCT 11 & 25, 8 – 11 AM

CHICKEN KEY CANOE TOUR

\$25 adults; \$15 children (ages 9 - 14)

Enjoy guided canoe tours of Biscayne Bay that depart from Charles Deering's boat turning basin to Chicken Key, a seven-acre mangrove island and restored bird rookery one mile off shore. The island contains sand dunes and mangrove forests and is surrounded by sand bars, tidal flats, seagrass beds, and rocky debris. Observe marine wildlife such as manatees and sea turtles, as well as numerous species of birds. The program is designed for beginners and experts alike. Please bring closed-toe shoes, comfortable clothes, water, a hat, and sunscreen.

Deering Estate at Cutler  
16701 SW 72 Ave.  
(305) 235-1668, ext. 233

OCT 15 & 22, 11 AM – 1 PM

FAMILY FISHING

\$15/Person; \$5 parking

Enjoy the basics of fishing along the serene Oleta River. Encounter our local fish while learning how to bait, cast and hook in our catch and release program. Hear fish lore stories and how to engage in stewardship practices.

Arch Creek Park  
1855 NE 135 St.  
(305) 944-6111

OCT 16, 7 PM ("MEET THE ARTIST" RECEPTION AT 6:30 PM)

LIVING ARTIST CONCERT SERIES "FLORIDA TRIAD"

\$25 per concert; \$120 season subscription (six concerts)

The Piano Series "Florida Triad" will feature guest composer Tania Leon and pianist Jose R. Lopez in a collaborative historic journey linking music and history from Spain, Cuba and the U.S. with South Florida.

Deering Estate at Cutler  
16701 SW 72 Ave.  
(305) 235-1668, ext. 233

OCT 16, 8 PM

NOCHES TROPICALES

Free.

Family-oriented concert series under the stars celebrating Hispanic music and dance. Featured performer is salsa music entertainer Rey Ruiz. Sponsored by Target.

Tropical Park  
7900 SW 40 St.  
(305) 271-0812

OCT 17

ALVAREZ GUEDES

\$72, \$62, \$42/Person

Cuban comedian and radio host.

Miami-Dade County Auditorium  
2901 W. Flagler St.  
(305) 547-5414, ext. 0

OCT 17, 9 – 11:30 AM

#### ECOADVENTURES: EVERGLADES WILDFLOWER WALK

\$25/person

Join wildflower photographer and author Roger Hammer on this leisurely-paced walk on Long Pine Key in Everglades National Park in search of fascinating Everglades wildflowers. Meet at Everglades National Park Ernest Coe Visitor Center Parking Lot, 40001 State Road 9336, Homestead. Transportation provided. Reservations required.

Castellow Hammock Park  
22301 Southwest 162 Ave.  
(305) 242-7688

OCT 17, 8 PM – MIDNIGHT

#### THE MONSTER MASQUERADE AT DR. WILDE'S SCREAMATORIUM

\$65/Person, \$50 for ZSF members

The shadows come to life and the haunting begins as the Zoological Society of Florida (ZSF) welcomes costumed adult monsters and creatures 21 and over to the biggest and darkest Halloween party in South Florida, ***The Monster Masquerade at Dr. Wilde's Screamatorium on Saturday, October 17 from 8:00 PM to midnight.*** Come out to where the wild things are and party in the dark with real spooky creatures while enjoying free witches brew and Dr. Wilde's open bars; food from the lab including troll fingers to feed your hunger; costume contests that will have you dying for awesome prizes; and music that will keep the zombies dancing all night long. When night falls and the wild calls, The Monster Masquerade at Miami Metrozoo will be the only place to be. ***The Monster Masquerade is \$65 per person (\$50 for ZSF***

***members)***. Groups of five or more can call for more details on pricing. Proceeds will benefit the ZSF's mission of wildlife conservation and education. Anyone that purchases a ticket before October 10 will be entered into a drawing to win one of two packages including a Family Membership to Miami MetroZoo and a VIP Behind-the-Scenes Tour. Tickets will be available at the ZSF office or online at

[www.miamimetrozoo.com](http://www.miamimetrozoo.com).

Miami MetroZoo  
12400 SW 152 St.  
(305) 251-0400

OCT 18, 2 PM – 4 PM (please arrive at 1:30 p.m.)

#### BAY CRUISES ON THE PELICAN ISLAND SKIPPER

\$35 per person

All ages are welcome

Bay Cruises are offered on the "Pelican Island Skipper," a 45-foot Corinthian Catamaran. The boat will depart from the Deering Estate and will explore the waters of Biscayne Bay. A Deering Education and Interpretive Staff Member will educate passengers on birds, sea mammals, Native Americans, and early pioneers. The vessel complies with Coast Guard regulations and is ADA accessible. Weather and water conditions are closely monitored prior to departure. Trips may be cancelled and rescheduled due to weather conditions. Space is limited. To reserve your space please call 305-235-1668 ext. 233.

Deering Estate at Cutler  
16701 SW 72 Avenue  
Miami, FL 33157  
[www.deeringestate.org](http://www.deeringestate.org)  
305-235-1668

OCT 18, NOON – 5 PM

#### KITETOBER KITE FESTIVAL AT HAULOVER PARK

FREE

The free event will feature activities for kite lovers of all ages, including kite-flying competitions, paper kite-building classes, and spontaneous candy drops throughout the event from high-flying kites. Patrons can bring their own kites or purchase one on site.

For more information, please call Dan Ward at Skyward Kites at 305 893-0906.

Haulover Park  
10800 Collins Avenue  
Miami Beach, FL

OCT 23

FORMULA V IN CONCERT

\$78, \$68, \$58, \$48/Person

Spanish recording artists in concert.

Miami-Dade County Auditorium

2901 W. Flagler St.

(305) 547-5414, ext. 0

OCT 24, 10 AM & 8 PM

DAYANNA CLASSIC BODYBUILDING COMPETITION

Preliminaries \$22; Finals \$42, \$37, \$27/Person

Sanctioned bodybuilding competition.

Miami-Dade County Auditorium

2901 W. Flagler St.

(305) 547-5414, ext. 0

OCT 24, 10 AM – 12 PM (MEET AT THE VISITOR'S CENTER AT 9:45 AM)

ECO BIKE TOUR

\$25/Person; \$20/Person (ride your own bike)

Ride along the trails and explore the scenic landscapes while learning about the Estate's historic past.

Held on the fourth Saturday of each month.

Deering Estate at Cutler

16701 SW 72 Ave.

(305) 235-1668, ext. 233

OCT 30, 7 – 10 PM

HUNTER MOON

Free.

Under the allure and mystique of the full moon, the Southern Cross

Astronomical Society will guide you through an exploration of the heavens. Hamburgers, hot dogs, chips, and sodas available for purchase. Bring marshmallows to roast over the campfire.

Fruit & Spice Park

24801 SW 187 Ave.

(305) 247-5727

OCT 30, 5:30 – 8 PM

ECOADVENTURES: CRANDON PARK'S SUNSET & MOONLIGHT KAYAK ADVENTURE

\$ 40/Person (For Ages 9 and above)

Every month there's a full moon! You can view a spectacular South Florida sunset from the seat of a kayak as we paddle on the waters of Bear Cut and explore the forgotten and secret part of Key Biscayne by light of the rising moon. Wear closed-toed water shoes. Reservations required.

Crandon Park Visitors & Nature Center

6767 Crandon Blvd., Key Biscayne

Parking Lot #1, North Beach Entrance

(305) 365-3018

OCT 30, 7 PM – 11 PM

SPOOKY ZOO NIGHT

\$10.95/person, \$9.95 for ZSF members

"Spooky Zoo Night," a new after hours family event, will take place on Friday, October 30 from 7 PM – 11 PM. The evening will include admission to Dr. Wilde's Screamatorium, the haunted house at Dr. Wilde's World, spooky tram rides, ghoulish carousel rides, scary movies, chilling story-telling at the Amphitheatre around a fire pit, and "thriller" dance lessons at the Aviary Plaza. Candy stations, roving street theatre, and encounters with creepy critters such as tarantulas, scorpions and snakes, will add unsettling excitement to the pathways. A costume parade will culminate this Halloween Eve event.

Miami MetroZoo

12400 SW 152 St.

(305) 251-0400

OCT 30 & 31, 11 AM – 4 PM

## **METROBOO!**

General Zoo Admission: \$15.95/adult, \$11.95/child (3-12) plus tax.

MetroBoo! returns to Miami MetroZoo on Friday, October 30 and Saturday, October 31 from 11:00 AM to 4:00 PM. Included with Zoo admission, families and kids ages 12 and under are invited to trick-or-treat in costumes, participate in costume contests, watch special performances, make Halloween crafts, see our wild animals get their Halloween goodies, and more! Music and games with fun prizes will be provided by Radio Disney AM 990 and The Coast 97.3 FM.

Children 12 and under can trick-or-treat, participate in costume contests, listen to music, win fabulous prizes in a safe environment at South Florida's "Wild"-est party. Even MetroZoo's very own animals will receive special Halloween treats during scheduled keeper talks.

Miami MetroZoo  
12400 SW 152 St.  
(305) 251-0400

## **Ongoing Activities**

DAILY, 10:30 a.m. & 3 p.m.

### **DEERING HISTORIC HOUSE TOURS**

Free with admission to the Estate.

This tour highlights the history surrounding the Deering Estate at Cutler and the story of Charles Deering. Guests will visit the 1<sup>st</sup> and 2<sup>nd</sup> floors of the Stone House and Richmond Cottage, as well as the basement/wine cellar of the Stone House.

Deering Estate at Cutler  
16701 SW 72 Ave Miami, FL 33157  
(305)235-1668 ext. 233

DAILY, 12:30 p.m.

### **NATURAL AREA TOURS**

Free with admission to the Estate.

Join a naturalist guide and walk in the footsteps of Florida's first people. Hike through a lush forest of tropical hardwood trees and clinging vines down the Native American footpath that, near the end of the nineteenth century, would become the first Cutler Road/Ingram Highway.

Deering Estate at Cutler  
16701 SW 72 Ave Miami, FL 33157  
(305)235-1668 ext. 233

DAILY 9 a.m. – 4 p.m. (YEAR-ROUND)

### **ECOADVENTURES: CRANDON PARK VISITORS & BISCAYNE NATURE CENTER**

\$5/Vehicle, \$10/Bus. The Crandon Park Visitors and Biscayne Nature Center is your gateway to the Bear Cut Preserve, a 264-acre natural barrier island habitat located on the northern tip of Key Biscayne.

Guided tours and educational programs are offered year round for all ages - from low tide marine beach and wading tours, to bird watching, canoeing, kayaking, snorkeling and bicycling.

Crandon Park Visitors & Biscayne Nature Center  
6767 Crandon Blvd., Key Biscayne  
Parking Lot #1, North Beach Entrance  
(305) 361-6767, Ext. 112

DAILY, 9:30 a.m. – Noon

### **ECOADVENTURES: CRANDON PARK'S KAYAK ADVENTURE**

\$ 30/Per Person (For Ages 9 and Above) Kayak along the beautiful shallow waters of Key Biscayne and explore the protected areas of Bear Cut Preserve where land meets the sea. Join us as we discover the tropical fish, spotted eagle rays, sea stars, and coastal birds that share this fragile and unique environment. This trip is a great introduction to kayaking and snorkeling and we are certain it will be the highlight of your visit to Crandon Park. Reservations are required.

Crandon Park Visitors & Biscayne Nature Center  
6767 Crandon Blvd., Key Biscayne  
Parking Lot #1, North Beach Entrance  
305-365-3018

DAILY, 10:00 a.m. – 5:00 p.m.

#### FREE FLIGHT AVIARY

Encounter rare and exotic Asian birds close-up and in free flight. Watch them build their nests and care for their young. American Bankers Family Aviary, Wings of Asia

Miami Metrozoo

12400 SW 152 St.

(305) 251-0400 or [www.miamimetrozoo.com](http://www.miamimetrozoo.com)

DAILY, 10:30 a.m. & 2:30 p.m.

#### BIRD FEEDINGS

Follow the bird keepers for fun and information while they go throughout the aviary feeding the birds.

American Bankers Family Aviary, Wings of Asia

Miami Metrozoo

12400 SW 152 St.

(305) 251-0400 or [www.miamimetrozoo.com](http://www.miamimetrozoo.com)

DAILY, 9:30 a.m. – 5:00 p.m.

#### INDOOR ACTIVITIES

Observe ducks swimming on top of and under the water with fish and turtles through the viewing glass of the indoor, air-conditioned Observation Center. Step out behind two waterfalls to see the aviary from a duck's eye view, and learn how you can participate in local conservation efforts in the Potamkin Conservation Center.

Miami MetroZoo,

12400 SW 152 St.

(305) 251-0400 or [www.miamimetrozoo.com](http://www.miamimetrozoo.com)

DAILY, 9:30 a.m. – 5:00 p.m.

#### DINOSAUR ENCOUNTERS

View a film showing the link between dinosaurs and birds at the Field Research Center, then search for the skeleton of a 40-foot-long carnivorous dinosaur in a mock fossil excavation dig pit.

Miami MetroZoo,

12400 SW 152 St.

(305) 251-0400 or [www.miamimetrozoo.com](http://www.miamimetrozoo.com)

10:00 a.m. – 5:00 p.m

#### TOADSTOOL!

ToadStool is a place for fun, observation, learning, and is sure to delight the entire family. You can observe poison dart frogs in ferocious battles, watch blind cave fish as they swim without bumping into each other, see Emperor scorpions and meet a large Burmese python!

Commercebank Children's Zoo

Miami MetroZoo

12400 SW 152 St.

(305) 251-0400 or [www.miamimetrozoo.com](http://www.miamimetrozoo.com)

Open daily from 11:00 a.m. to 4:00 p.m

#### THE SAMBURU GIRAFFE FEEDING STATION

Cost: \$2. You will get to feed our giraffes delicious veggie treats like romaine or iceberg lettuce, kale or collard greens. Visitors have the opportunity to walk up a custom built ramp that leads to an elevated platform overlooking the giraffe exhibit.

Miami MetroZoo

12400 SW 152 St.

(305) 251-0400 or [www.miamimetrozoo.com](http://www.miamimetrozoo.com)

#### PINE ROCKLAND GUIDED TOUR

Walk through this fire-dependent habitat that the gopher tortoise, great horned owl and the Florida panther call home. Learn about the county's largest remnant of the rare native pinelands that exists nowhere else on earth. Walking tours are scheduled through the Education Department at 305-255-5551.

Miami MetroZoo  
12400 SW 152 St.  
www.miamimetrozoo.com

DAILY, 1:30 PM (with an extra show at 2:30 PM on weekends & holidays)

#### DIEGO'S DISCOVERY DEN

At the Commercebank Children's Zoo, see Diego in his Discovery Den! The star of Nick Jr.'s Go, Diego, Go!, one of the top pre-school shows on commercial television, has started his featured performances.

Miami MetroZoo  
12400 SW 152 St.  
(305) 251-0400 or www.miamimetrozoo.com

MON & WED, 11 AM – NOON  
LOW IMPACT WATER EXERCISES

\$30/10 sessions

Water exercises for adults to promote joint flexibility, muscle strength, coordination, and balance.

Palm Springs North Pool  
7901 NW 176 St.  
(305) 945-3425

Mondays & Wednesdays, 5pm-6pm

#### BASKETBALL TEAM

\$40 monthly

Learn basketball skills and drills. Compete in the Special Olympics. For adults 21+ with developmental disabilities.

3401 SW 72nd Ave Miami, FL  
305-665-5319

MON, WED & FRI, 11 AM – 12 PM  
LOW IMPACT WATER EXERCISES

\$45/15 sessions

Water exercises for adults to promote joint flexibility, muscle strength, coordination, and balance.

Tamiami Park  
11201 SW 24 St.  
(305) 222-2128

MON – FRI, 8:30 AM – 2:30 PM

#### ADULT DAY TRAINING

\$117.50/week

Adults 18 and over with Developmental Disabilities participate in a meaningful day of activities. Goal-oriented activities focus on life skills, social skills, community integration, self-help, nutrition, hygiene, art, dance, and fitness. Our person-centered approach includes a team involving the participant, parents/guardian, staff and others who work together to create an individualized implementation plan.

AD Barnes Park  
3401 SW 72 Ave.  
(305) 665-5319 / (305) 669-4052

Mondays-Fridays, 2:30pm-5:30pm

#### ADULT AFTERCARE

\$45 weekly

Adults 18+ with developmental disabilities will be provided a guided learning environment in which they will learn leisure activities, physical fitness, continue developing and exercising appropriate social skills, teamwork, and daily living skills.

A.D. Barnes Park  
3401 SW 72nd Ave Miami, FL  
305-665-5319

August 24, 2009-June 9, 2010



Mondays-Fridays, 2pm-6pm

OUT OF SCHOOL PROGRAM FOR CHILDREN WITH DISABILITIES

Free

Children participate in a variety of activities including, but not limited to sports, arts & crafts, homework help, field trips, and literacy. Program will run full day on teacher planning days and most holidays

Coral Estates Park

1405 SW 97th Ave Miami, FL

305-226-1622

Goulds Park

11350 SW 216 St Miami, FL

305-234-1673

Camp Matecumbe

13841 SW 120th St Miami, FL

305-752-4966

Tamiami Park

11201 SW 24th St Miami, FL

305-222-2128

Westwind Lakes

6805 SW 152nd Ave Miami, FL

305-380-9106

Greynolds Park

17530 West Dixie Highway North Miami Beach, FL

305-945-3425

TUE & THU, 9 AM – NOON

PLAYING TUNES BEFORE NOON

\$35/7 sessions (30-minute sessions)

Keyboard lessons for adults of all abilities. Beginner and Intermediate levels welcomed.

Greynolds Park

18601 NE 22 Ave.

(305) 945-3425

TUE & THU, 9:45 – 11 AM

TAI CHI

Free.

Learn 12 slow flowing movements that will improve balance and flexibility and reduce stress.

Westwind Lakes Park

6805 SW 152 Ave.

(305) 234-1673

TUE & THU, 11 AM – NOON

LOW IMPACT WATER EXERCISES

\$30/10 sessions

Water exercises for adults to promote joint flexibility, muscle strength, coordination, and balance.

A.D. Barnes Park

3401 SW 72 Ave.

(305) 226-1622

TUE & THU, 11 AM – NOON

LOW IMPACT WATER EXERCISES

\$30/10 sessions

Water exercises for adults to promote joint flexibility, muscle strength, coordination, and balance.

Goulds Pool

21805 SW 114 Ave.

(305) 234-1673

TUE & THU, 12 – 1 PM

FITNESS SWIMMING

\$30/10 sessions

Lap swimming for adults 18 and up who have physical disabilities and sensory impairments. Participants must be able to swim already. Instruction on stroke refinement will be provided.

Goulds Pool  
21805 SW 114 Ave.  
(305) 382-8160

TUE, THU, FRI  
LEARN TO SWIM

\$30/10 classes

Swimming classes for children and adults with physical disabilities. Various times.

Goulds Pool  
21805 SW 114 Ave.  
(305) 382-8160

TUE & THU

8 – 9 AM (LOW IMPACT); 9 – 10 AM (HIGH IMPACT)

AEROBIC AQUATICS

\$30/10 sessions

Learn a variety of aquatic exercise techniques facilitated by a certified instructor. Improve your endurance, circulation, balance, and much more.

Rockway Pool  
9760 SW 27 Dr.  
(305) 752-4966

Tuesdays & Thursdays, 5pm-6pm

SWIM TEAM

\$40 monthly

Learn swim techniques and participate in Special Olympics swim competitions. Participants must have basic swimming skills. For adults 21+ with developmental disabilities.

A.D. Barnes Park  
3401 SW 72nd Ave Miami, FL  
305-665-5319

WED, 3 – 4 PM

FITNESS SWIMMING

\$30/10 sessions

Lap swimming for adults 18 and above who have physical disabilities and sensory impairments. Participants must be able to swim already. Instruction on stroke refinement will be provided.

Palm Springs North Pool  
7901 NW 176 St.  
(305) 382-8160

WED, 5:30 – 6:30 PM (through October)

HOMERUN HITTERS

\$35.00 for 8 sessions

Program for children with autism ages 6 & up. Learn the fundamentals of softball such as teamwork, sportsmanship, catching, throwing, running and batting.

Coral Estates Park  
1405 SW 97th Ave.  
Miami, FL  
305-226-1622

FRIDAY FENCING CLUB

August 28, 2009-Jun 4, 2010

Fridays 5:30-6:30pm (children)

6:30-7:30pm (adults)

\$35 per 8 sessions

Fencing instruction for children and adults with physical disabilities.  
Tamiami Park  
11201 SW 24th St Miami, FL  
305-222-2128

FRI, 6 – 10:30 PM  
FUN ON FRIDAYS

\$40/weekly

Ongoing program for adults with developmental disabilities. Participate in social programs with community trips and indoor activities. Work on life and safety skills.

AD Barnes Park  
3401 SW 72 Ave.  
(305) 665-5319 / (305) 669-4052

SAT, 9 AM – 4:30 PM  
SATURDAYS IN THE PARK

\$40/weekly

Ongoing program for adults with developmental disabilities. Participate in social programs with community trips and indoor activities. Work on life and safety skills.

AD Barnes Park  
3401 SW 72 Ave.  
(305) 665-5319 / (305) 669-4052

SAT, 1 – 3 PM  
GOALBALL

Free.

Learn and practice the competitive game of Goalball. For children and adults with visual impairments.

NFL YET Center  
7090 NW 22 Ave.  
(305) 234-1673

SAT, 10 AM – 12 PM  
JR. WHEELCHAIR SPORTS

\$40/10 sessions

Participate in rotating wheelchair sports clinics including but not limited to basketball, tennis, fencing, and hand-cycling.

Camp Matecumbe  
13841 SW 120 St.  
(305) 382-8160

SAT, 9 – 10 AM (BEGINNERS); 10 – 11 AM (ADVANCED)  
WHEELCHAIR TENNIS

Free.

Learn how to play wheelchair tennis from a professional. This program is open to children and adults ages 9 and up with physical disabilities.

Big Five Tennis Club  
600 SW 92 Ave.  
(305) 382-8160

SAT, 11:30 AM – 1 PM  
FITNESS SWIMMING

\$30/10 sessions

Lap swimming for individuals ages 9 - 20 who have physical disabilities and sensory impairments. Participants must be able to swim already. Instruction on stroke refinement will be provided.

A.D. Barnes Park  
3401 SW 72 Ave.  
(305) 382-8160

Saturdays, 3pm-5pm

JUDO FOR PEOPLE WITH VISUAL IMPAIRMENTS

Free

Participants will learn the fundamentals of Judo from a USA Judo instructor. Opportunities for competition will also be available. This program is opened to individuals 6 and up with visual impairments.

NFL/Yet Center

7090 NW 22nd Ave Miami, FL

305-382-8160