



Application

231 - Out-of-School Programs - NOFA 2011-01

1203 - Miami-Dade County Park and Recreation Department Out-of-School Programs for Children with Disabilities FY 2011-2012

Children are succeeding in school and society

Status: Editing

Submitted Date:

Primary Contact

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***** Miami Florida 33165
City State/Province Postal Code/Zip

Phone:* 786-315-5255
Phone Ext.

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Organization Information

Legal Name: Miami-Dade County Park and Recreation Department

Unit (if applicable) Park and Recreation Department

Address: 275 NW 2nd Street-5th Floor

* Miami Florida 33128
City State Zip Code

Mailing address if different from agency address

Mailing Address: MDP-10901 SW 24th Street R. Ray Goode Building

Mailing: Miami Florida 33165
City State Zip Code

Additional Information

Additional Agency Information

Phone: 786-315-5252

Fax: 305-552-8770

Organization Website: www.miamidade.gov/parks

Organization Type: Public/Government

Date Agency Established* March 1929
Month Year

Federal ID Number: 59-6000573

Fiscal Year End: September

Executive Director/CEO* Jack Kardys
First Name Last Name

Phone: 305-755-7903

Fax:

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Financial Contact/CFO:* Christopher Moreno
First Name Last Name

Phone: 305-755-7889

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Agency and Program Information

Agency Information

Select agency size based upon Agency's total current year budget (or operating expenditures).

Agency Size: Annual Agency Budget of more than \$300,000

Brief Agency Mission Statement:

Briefly describe your agency mission. (100 word limit)

Mission Statement:

We create outstanding Recreational, Natural and Cultural experiences to enrich you and enhance the quality of life for our community for this and future generations.

Vision Statement:

We will build a model park and recreation system to create a healthy, livable, sustainable community and enhance the quality of life for residents and visitors.

MDPR consists of 263 parks and over 12,848 acres. MDPR offers programs for out-of-school, seniors and people with disabilities; educational nature centers; nature preserves; environmental restoration efforts; arts and culture programs; Zoo Miami; Deering Estate; Crandon Tennis Center; golf courses; beaches; marinas; campgrounds; and pools.

Grantwriter

Is this application being worked on (in part or in whole) by an external consultant or grant writer (including paid or unpaid)?

Consultant / Grant writer:

No, only staff of the Applicant Agency created the application

If yes, who?

First Name

Last Name

Conflict of interest

Please note that the State and County conflict of interest laws apply to this NOFA and its contracts. These laws may be viewed at www.ethics.state.fl.us and at www.miamidade.gov/ethics/library/Ethics-Brochure-2005.pdf. Employees of The Childrens Trust and current Board members of The Childrens Trust cannot participate in any way, or be involved with, the development of any response to a NOFA. All applicants must disclose the name of any and all grant writers/consultants or agencies involved in the creation of this application. All applicants must disclose if any employee of The Childrens Trust or a current member of its Board of Directors participated in any manner in the development of a response to the funding application or has any interest, directly or indirectly, in the applicants business or in any of its branches. Such disclosure must be submitted by signed, written letter as part of the application no later than the proposal deadline.

Does anyone on the board of directors or staff of the applicant agency have a conflict of interest with The Children's Trust board of directors or staff?

Conflict of interest: No

If yes, please list the name of the person and nature of the conflict (250 word limit, or approximately 1/2 page):

Geographic area(s) to be served

Are proposed

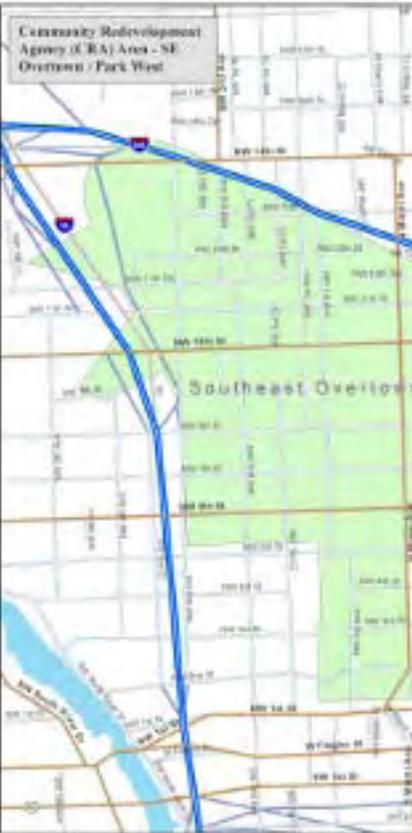
services offered Yes

Countywide?

Community Redevelopment Agency (CRA) areas

Are proposed services or sites specifically located within any of the following Community Redevelopment Agency (CRA) areas?

Based on The Children's Trust's agreements with three CRAs, \$2,000,000 are available within the City of Miami Beach CRA; \$500,000 within the City of Miami Omni CRA; and \$500,000 within the City of Miami Southeastern Parkwest/Overtown CRA. This funding is not required to come from any particular Trust-funded initiative, but in the aggregate must meet the agreed amounts, meaning that less than the full amounts may be awarded to CRA areas through this funding opportunity. The City of Miami Beach CRA includes zip codes 33139, 33140 and 33141. The City of Miami CRAs are composed of portions of 33126, 33128 and 33132, as noted on the maps.

City of Miami Beach CRA	City of Miami Omni CRA Updated 02/11/2011	City of Miami SE Parkwest/Overtown Updated 02/11/2011
 <p>Community Redevelopment Agency (CRA) Area - City of Miami Beach</p> <p>City Center</p>	 <p>Community Redevelopment Agency (CRA) Area - Omni</p> <p>Omni</p>	 <p>Community Redevelopment Agency (CRA) Area - SE Overtown / Park West</p> <p>Southeast Overtown/ Park West</p>

- City of Miami Beach CRA: No
- City of Miami Omni CRA: No
- City of Miami Southeastern Parkwest/Overtown CRA: No

Program and Participant Information

Program Information

Brief Program/Service Summary:

Describe what services are being proposed through this program briefly. The summary statement must include the following in this order: agency name, program name, program's timeframe (after-school and/or summer), population served (number to be served, age range and identification as serving general population and children with disabilities (or CWD only/primary) including specific disabilities if targeted, as well as any other significant demographics descriptions), geographic area primarily served, and primary program activities. (100 word limit)

The Miami-Dade County Park and Recreation Department's (MDPR) Out-of-School Program (CWD) provides after-school and summer camp services for 85 children with disabilities (including but not limited to physical, emotional, social, cognitive, and behavioral disabilities) in elementary and middle school. These programs are offered at five (5) park locations throughout Miami-Dade County. These programs offer literacy and reading activities, homework assistance, physical fitness activities, sports, social skills development, cultural arts, health education, community safety, supervised free play, family events, field trips, and snacks and lunches.

Program
Timeframes: Year-Round program/both After-School and Summer Camp

Program Slots and Services for Children with Disabilities

Child slots are the numbers of seats a program expects to fill each day the program operates, or the program's capacity to serve the same number of children daily. The Children's Trust expects that all programs will be inclusive of children with disabilities and their families regardless of the level of severity of disability, provided they can be safely and reasonably accommodated. For applicants with a history of providing Trust-funded OOS programs, children with disability slot numbers should be in line with the past numbers served, with a minimum of 5% of all slots. New applicants who have not previously provided Trust-funded OOS services must propose a minimum of 5% of slots for children with disabilities.

Enter the total number of child slots proposed across all sites for the after-school period.

After-school child slots: 85

Enter the expected number of these after-school slots to be filled by children with disabilities. Estimate based on history of providing these or similar services.

After-school children with disabilities slots: 85

Enter the total number of child slots proposed across all sites for the summer period.

Summer child slots: 85

Enter the expected number of these summer slots to be filled by children with disabilities. Estimate based on history of providing these or similar services.

Summer children with disabilities slots: 85

Applicant's qualifications to serve children with disabilities and their families:

Describe the applicant's qualifications and experience working with children who have disabilities and their families, including a description of the functional levels of support you are equipped to provide, the specific types of disabilities of children previously or currently served, approach to inclusion and formal trainings completed (e.g., through the ACT Resource Network). (250 word limit, or approximately 1/2 page)

To meet the needs of children with disabilities (CWD), all sites are wheelchair accessible and comply with the ADA Accessibility Guidelines. Each site has a lift-equipped vehicle (bus or van) to transport children who use wheelchairs. Each program site is supervised by a Certified Therapeutic Recreation Specialist (CTRS) who has a minimum of a Bachelor of Science Degree in Therapeutic Recreation, has passed a national certification exam, and completed a 400 hour internship.

Employees have been trained in meeting the physical, social, emotional, cognitive, and behavioral needs of each child. The disabilities served include: intellectual, sensory, orthopedic, neurological, autism spectrum disorder, learning disabilities, mental retardation, Down's syndrome, spina bifida, cerebral palsy, Prader-Willi syndrome, osteogenesis imperfecta, thrombocytopenia, and epilepsy.

All staff is trained in Cardio Pulmonary Resuscitation, First Aid, and Community Water Safety. Each child receives an initial assessment and staff reviews the child's Individualized Education Plan (IEP) to create a plan for improving deficient skills. The Department has a structured Behavior Management Plan (See Attachment in Other Category) which is utilized when children demonstrate behavioral impairments. The Department also has an Inclusion Manual which contains policies and procedures to guide inclusion activities.

Representatives from each park area have attended the "All Children Together" (ACT) trainings, and internal ongoing Inclusion Trainings. The Department is capable of providing the following accommodations including: additional staff, behavior management, sign language interpreters, large print, Braille, alternate formats, assistive listening, readers, sport wheelchairs, sports adaptations, communication boards, and assistance with activities such as feeding and toileting.

Participants by Grade - All participant numbers should represent the unduplicated counts of unique children to be served

The total for participants by grade should match the total for participants by age. OOS services are not being funded for preschool or high school students in this funding opportunity. Applicants serving these grade levels should look to the Early Childhood Development and Youth Development funding opportunities, respectively.

**Elementary school
students (generally 25
ages 5-11):**

**Middle school
students (generally 60
ages 11-14):**

Participants by Age - All participant numbers should represent the unduplicated counts of unique children to be served

The total for participants by grade should match the total for participants by age. OOS services are intended for elementary and middle school students, ages 5 and up only. For services to children birth to 4, please look to the Early Childhood Development funding opportunity. In addition, for services to high school youth, please see the Youth Development funding opportunity.

**Children age 5 (who
are enrolled in 5
elementary school):**

**Children ages 6-12
(includes elementary 50
and middle school):**

**Children ages 13+
(who are enrolled in 30
middle school):**

Enrollment Requirements

Is the program universal/open for enrollment to anyone in the community, or limited to members of particular group(s) (ex., students attending a particular school, families living within a specific geographic area, girls only, etc.)?

Enrollment type: selected enrollment limited to particular group(s)

Target Population Description:

Describe the people expected to be served, including any program entry criteria/requirements if the program is limited to particular group(s). If enrollment is limited to members of a particular group, describe the group to be served and explain the rationale for limiting participation to the selected population. If program is universal/open to anyone, describe the expected demographic characteristics (ex., sex, age, race, ethnicity, etc.) and relevant risk/influencing factors (ex., poor school performance, low income, recent immigration, etc.) of participants, based on program history or location. Vulnerable populations of interest to The Trust include children with disabilities, children of migrant parents, children of military families, and children involved in the dependency or delinquency systems. (250 word limit, or approximately 1/2 page)

The program has limited enrollment to only elementary and middle school students with disabilities including: intellectual, sensory, orthopedic, neurological, autism spectrum disorder, learning disabilities, mental retardation, Down's syndrome, spina bifida, cerebral palsy, Prader-Willi syndrome, osteogenesis imperfecta, thrombocytopenia, and epilepsy.

Enrollment is limited because there is an overwhelming need in Miami-Dade County for Out-of-School programs that focus on serving children with disabilities (CWD). CWD have fewer out-of-school and extra-curricular opportunities than non-disabled children; however, CWD can benefit immensely from out-of-school social, recreational, and learning opportunities. Many parents have informed us that their children have never been able to attend an out-of school program that meets their child's needs until they attend ours. Our staff's expertise, qualifications, and years of experience make us uniquely qualified to provide high quality services to a wide variety of CWD.

Miami-Dade Parks Disability Services has been providing services to children with intellectual disabilities since the late 1970's. Some of those adults are still active in our Adult Day Training program at AD Barnes Park. In 1990, Certified Therapeutic Recreation Specialists were incorporated into the personnel of the Department to "raise the bar" and expand services throughout Miami-Dade County to children and adults who are deaf/hearing impaired, wheelchair users, visually impaired, developmentally disabled, and mentally or emotionally impaired, as well as individuals with other orthopedic, neurological and sensory impairments.

The service delivery priority areas are the following Park locations (zip codes): Goulds (33170), Camp Matecumbe (33186), Coral Estates (33174), Westwind Lakes (33193), Oak Grove (33162).

Past Performance and Capacity

Past Performance and Capacity Related to Proposed Services:

What in your past service performance should persuade The Childrens Trust that your agency can successfully implement the proposed program? Include at minimum answers to the following points. (500 word limit, or approximately 1 page)

- What is your history of performing the proposed program and serving the proposed population? If your agency previously performed the same or a similar program, describe the program and tell us who funded you, what years you were funded, the amount of annual funding, and your successes and challenges.
- In describing past performance results, specify how much you did (i.e., numbers served, extent of services delivered); how well you did it (i.e., percent of targeted/contracted services actually delivered/ utilization, quality of services delivered); and how participants were better off (i.e., participant outcomes).
- What influencing factors, or stories behind the data, have a role to play in making your past performance look the way it does?
- How will this history of performing the same or similar program result in successful implementation of the proposed program?
- If your agency has not performed the same or similar program, tell us what about your agency's history leads you to believe your agency will successfully implement the proposed program.
- Describe the agency's capacity to comply with governmental regulations, develop/maintain appropriate records to document the delivery of proposed services, track/report performance measures and participant outcomes, prepare program and fiscal reports, etc.
- Identify/describe any relevant attachments and include these in the Attachments of your application. These may include previous agency/program evaluations, publications and/or funder monitoring reports. In general, if the program has been previously funded, we expect to see attached documentation of program performance.
- Note: We desire more quantitative data versus narrative for this section (for example, data charts showing trends of participant retention, program/service utilization, participant outcomes, etc).

The Department's Resource Development Section finds funding opportunities, tracks spending and progress, and monitors compliance. From 2004 to current programs the Department has partnered with The Children's Trust and been awarded funding up to \$5.1 million in Out-of-School Children with Disabilities Contracts, and has demonstrated the ability to manage this funding.

Contract Data from 2004 and results from The Children's Trust review process beginning in the 2008-2009 contract year are as follows:

KEY FOR CHART: After School=AS. Summer Camp=SC, Data not tracked by TCT=N/A, Testing Alternative Assessment=AA, Testing Maintained=M

Contract Year	Contract #	Contract Amount	Final Scores	Mid-Point Scores	#Proposed Slots	#Slots Served	Avg. Daily Attendance	Final Utilization	Final Outcomes
2004-05	42-124-1	\$410,949	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2005-06	506-212	\$616,424	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2006-07	610-212	\$911,033	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2007-08	710-212	\$911,033	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2008-09	810-212-1	\$856,350	92%	87%	AS: 100 SC:100	AS:155 SC:191	AS:95.1% SC:124.74%	AS:94.04% SC:127.29%	ORF AS:77.21% SC:86.25% Fitness AS:86.32% SC:90.52
2009-10	910-212	\$738,371	98.3%	98.34%	AS:100 SC:100	AS:157 SC:199	AS:98.2% SC:139.8%	AS:98.2% SC:139.78%	ORF AS:89.3% (AA:95%) SC:86.9% (M:6.2%) PACER AS:84.6% (AA:95%) SC:83.8% (M:11.7%)
2010-11	1010-2120	\$708,836	N/A	98.32%	AS:110 SC:110	N/A	N/A	N/A	N/A

The Department has scored above 92% in overall contract scores since 2008; this high quality program operation is partially the result of multiple staff training sessions including New Staff Orientation, Customer Service, Know Your County Government, Ethics, Diversity Matters and a Recreational Leadership Staff Training Program that provides staff with the skills and abilities to become leaders in the recreational field. A past program success story is that the Tamiami Park Program Manager, Arlene Bouza-Jou, was the recipient of The Children's Trust 2007 Champions for Children Award for Excellence in Community Service (see attachment).

In addition to the five core Children's Trust components the overall theme of the programs is "Fit-to-Play: Health, Wellness and Obesity Prevention Out-of-School Programs". This incorporates physical activity with interactive learning designed to assist children in developing healthy lifestyles and good citizenship. The programs are dedicated to improving the quantity and quality of physical activity for children, focusing on activities that develop and improve motor skills, movement knowledge, and social and personal skills. The Fit-to-Play Out-of-School Programs also include lifelong sports, team sports, nutrition education, wellness activities, enrichment activities, cultural arts, and nature programming.

Miami-Dade Park and Recreation is an entity within Miami-Dade County Government and is therefore required to comply with all existing governmental code regulations of Miami-Dade County such as building code requirements, regulations regarding licensing and permits as appropriate in code, and the Americans with Disabilities Act (ADA).

For additional documentation of past program performance please see the attachment section of "Evidence of Past Outcomes and/or successes".

Participant Recruitment, Engagement and Retention

Participant Recruitment, Engagement and Retention:

Outreach and engagement activities are necessary to ensure program enrollment, participation and completion. Program attendance and completion are associated with obtaining favorable outcomes. Describe how your program will initiate contact with, recruit, enroll, engage and retain participants. Each of the following points should be addressed in your response. (500 word limit, or approximately 1 page)

Participants are recruited through press releases, website (www.miamidade.gov/parks), flyers, brochures, schools, word of mouth, teachers/professionals referrals, e-mail blasts to over 100 disability organizations, disability meetings, conferences, and resource fairs. The target population is enrolled in our Children's Trust Out-of-School programs, as well as our other therapeutic recreation programs. To retain and recruit participants we develop strong relationships with families and provide excellent services.

To maintain engagement and ensure retention, disability experts involve parents in the initial evaluation. Staff adapt activities to accommodate each participant's unique disability. We include family goals in our initial assessments and encourage family involvement. We provide consistent, high quality, fun, interactive, evidence-based programs. The retention rate for 2009-2010 was above 83%. To encourage high participation, maintain utilization rates, and account for attrition we over-register participants and utilize a "waiting list" replacement system. One potential barrier to program participation is low attendance; to prevent this from occurring there are attendance requirements. Participants with disabilities may have more absences than expected due to medical issues. Parents are informed that the child must attend three or more days a week, and five days a week is strongly preferred. Non-compliant families are notified and scheduled for family conferences. If no improvement in attendance occurs, they will be withdrawn from the program and the "wait list" will be utilized. Behavioral, physical and cognitive challenges may also create barriers for children with disabilities. Staff is trained to accommodate disability through the use of behavior management, adaptive teaching techniques, adaptive equipment, and patience.

The Out-of-School program will use evidence-based curricula for Literacy (After School KidzLit), Physical Fitness (SPARK), and Social Skills (PeaceWorks). The program will use the guidelines, requirements and time-frames based on each of these curricula. The desired level of participation is 100% attendance a minimum of 3 days a week and participation in the five core services.

Successful program completion is demonstrated by increased skills in literacy and physical fitness, per testing. The program's measurable outcomes include pre-, mid-, and post- testing in the Oral Reading Fluency and the PACER. We create an environment in which children stay active through recreational and lifetime sports, learn about health and wellness, and have fun.

To keep the children engaged, activities must be appropriate for their disability level, to which staff adjust and adapt. We expose participants to adapted lifelong sports, adapted team sports, nutrition education, wellness activities, enrichment activities, cultural arts, and nature programming.

Successful program completion includes increased literacy and fitness scores, safety and community skills, and personal independence. Measurable outcomes include pre-, mid-, and post- testing in Oral Reading Fluency and PACER. We create an environment for the children to stay active through recreational and lifetime sports, to learn about health and wellness, and to have fun.

After program completion participants are referred to organizations/programs that provide services fitting their individual and family needs including Shriners, Parent-to-Parent, CCDH, Shake-A-Leg, Autism Society, Spina Bifida Association, or others.

Evidence-based Programs and Practices

What Works to Help Participants Do Better?

What evidence do you have that what you propose to do will work to improve the lives of participants? Include minimally the following points in response. (500 word limit, or approximately 1 page)

The Out-of-School program will use evidence-based curricula from The Children's Trust approved list for Literacy, Physical Fitness, and Social Skills. The curricula for Literacy will be After School KidzLit, the curricula for the Physical Fitness is SPARK (Sports, Play, and Active Recreation for Kids), and the curricula for Social Skills is PeaceWorks.

These evidence-based curriculums have been reviewed and selected because they will enhance the quality of our programs and increase the participants' knowledge and skill set in the above areas and meet the needs of children with disabilities. These curriculums suit our unique park settings and professional staff. The fidelity of the implementation of these curricula will be assured through detailed staff training and access to the proper materials needed to deliver the program effectively.

For the literacy component each site will have a certified teacher who will teach the After-School KidzLit curriculum for 30 minutes daily. The teacher and program staff will also assist the children in completing their homework daily. Program staff will deliver the SPARK curriculum daily in combination with additional sport and recreational activities. SPARK is dedicated to improving the quantity and quality of physical activity for children, focusing on activities that develop and improve motor skills, movement knowledge, and social and personal skills. The staff will encourage fitness, fun, sportsmanship, teamwork, cooperative play, playing fair, rules, consequences, and self-esteem. Program staff will deliver the PeaceWorks social skills curriculum once a week for 30 minutes and will promote positive behavior throughout all other daily activities. PeaceWorks focuses on conflict resolution, social competency, peer mediation, citizenship, and violence prevention. Each time a child presents an opportunity for staff to re-direct, teach, encourage, and support healthy social behavior the staff will do so in the form of manners, sharing materials and supplies, and communication among peers and staff.

The program manager will ensure that all program components are being delivered correctly and consistently with the grant requirements. The programs have pre-determined schedules to rotate the children through all of the daily activities. The schedules reflect the multiple arrival times and the children are grouped by age and, if necessary, by ability level. The supervisor of the program managers conducts routine site visits that make sure that the park site and operations are compliant with all Department policies and program requirements.

Supporting evidence that our programs will continue to improve the lives of the participants is found in the measurable outcomes in literacy and physical fitness. In the 2008-2009 contract year the literacy scores show over 77% improvement in After School and over 86% improvement in Summer Camp. In the 2009-2010 contract year the literacy scores show over 89% improvement in After School and over 93% improvement in Summer Camp. In the 2008-2009 contract year the physical fitness scores show over 86% improvement in After School and over 90% improvement in Summer Camp. In the 2009-2010 contract year the physical fitness scores show over 89% improvement in After School and over 95% improvement in Summer Camp.

What designating agency(ies) or organization(s) awarded the program evidence-based status?

Agency/Organiz ation	Awarded evidence-based status
Selected from Trust-approved list of programs in the NOFA	Yes
Child Trends	
Collaborative for Academic, Social, and Emotional Learning (CASEL)	
Colorado Blueprints	
Find Youth Info	
Harvard Family Research Project	

National Registry
of Evidence
Based Programs
and Practices
(NREPP)

Office of Juvenile
Justice
Department of
Prevention
(OJJDP)

Promising
Practices

Substance
Abuse and
Mental Health
Services
Administration
(SAMHSA)

U.S. Department
of Education
What Works
Clearing House

U.S. Department
of Health &
Human Services
Office of the
Surgeon General
(OSG)

Washington
State Institute for
Public Policy
(WSIPP)

What Works
Wisconsin

Other Designating Agency

If the agency or organization that awarded the program evidence-based status is not listed above, specify the agency. (20 word limit)

**Awarded by other
Agency/Organization**

:

Quality Assurance, Fidelity and Service Integration

Ongoing Quality Assurance and Program Fidelity:

Quality Performance Measures: How will you measure whether services are being delivered well?. (500 word limit, or approximately 1 page)

- Describe your ongoing quality assurance processes and procedures in place in the program. Include any specific quality or fidelity measures collected and the source/measurement tool and timing/ frequency of collection.
- Programs must be implemented with fidelity to the evidence-based program/curricula used to result in a replication of the expected beneficial effects. Identify how you will track and measure adherence to the evidence-based model programs/curricula proposed; or if you are not proposing an evidence-based program, explain how you will ensure the program is implemented as you have proposed.
- Remember to attach any applicable checklists or other pertinent documentation to illustrate this in the Attachments of your application.

The Miami-Dade County Parks & Recreation Department is a three-time National Gold Medal Award winner (AAPRA and NRPA), a 2009 Florida Governor's Sterling Award winner, and the only municipal park system of its size (serving a residential population of nearly 2.4 million people) to be awarded National Accreditation from the Commission on Accreditation of Park & Recreation Agencies.

Quality assurance processes and procedures include the Administrative Officer III collecting, analyzing, and reporting data to The Children's Trust (TCT) to fulfill all of the monthly, quarterly and annual grant requirements. This person will be responsible for ensuring that the quality of the proposed services is maintained, including the tracking of measurable outcomes, and fiscal reporting. This is done through monthly meetings, quarterly site visits, and open communication with the program sites about the contract requirements. The Administrative Officer III and Certified Therapeutic Recreational Specialists oversee site operations, internal employee and participant file audits, participant attendance and Data Tracker entry, program services days, scope of service activities, program schedules, testing and quarterly reporting outcome measures, program budgets, marketing, monitoring tools, and trainings. Program sites receive a TCT Program Site checklist (See Attachments) which outlines all of the above mentioned areas.

To ensure compliance staff attend all of TCT required provider meetings (such as the OOS quarterly meetings), regularly check TCT website, attend TCT trainings on Data Tracker and related topics, work closely with Project Rise through participation in the SACERS evaluations, regularly use the TCT monitoring tools, and remain in open communication with our TCT Contract Manager. All of TCT reporting goes through multiple internal reviews before submittal to guarantee accuracy. The budgets are tracked by a Monthly Budget Ledger for accurate expenditures, reimbursements and, if applicable, budget revisions.

The Out-of-School program will use evidence-based curricula from TCT approved list for Literacy (After School KidzLit), Physical Fitness (SPARK), and Social Skills (PeaceWorks). All program staff will be trained on proper delivery and compliance with each curriculum. Also, weekly spot checks will be conducted by supervisors to monitor program and curriculum compliance.

Continuous quality improvement will be tracked through on-going curriculum training, the provision of appropriate materials, and the daily schedule. The programs schedules are created in advance to rotate the children through all of the required curriculum activities. The schedules reflect the multiple arrival times and the children are grouped by age and, if necessary, by ability level. The continuous quality improvement also includes the following checklists: Bi-Annual Management Checklist, TCT Program Site checklist, and Evaluation Form: Recreation Leadership Modules (See Attachments).

Service Integration:

The Childrens Trust expects that every program it funds is part of a community-wide system of care. Explain and describe how your program will be integrated and coordinated within that community-wide system of care, including how you will connect participants with other needed community resources/programs. How does your organization support children and their families in accessing additional services (other than the proposed program services) when such needs arise?. (400 word limit)

The program will be integrated and coordinated within a community-wide system of care through a referral system to other agencies. Our many partnerships with local agencies benefit participants with disabilities. Families are referred to organizations/programs that provide services fitting their individual and family needs.

The Division partners with over 25 community organizations to increase its ability to serve persons with disabilities. These organizations include Dade County Public Schools, Shake-A-Leg Miami, Center for Independent Living, All Children Together, Lighthouse for the Blind, The United States Tennis Association, Playground Theatre, Art Works for Us, Creative Children Therapy, UM/JMH Rehabilitation Center and many more.

If families come to our program and their child is too young to enter our program or we are not providing the services they seek, we refer them to the 211 Switchboard of Miami. Families will be referred to the 311 Government Information Center or the Miami-Dade County Government Website for local information.

All programs will comply with the administration of TCT screenings and referrals and will utilize the materials developed by TCT for value-added child safety and injury prevention to families and children.

The Department is committed to improving the community's health and wellness and is a proud member of the Consortium for a Healthier Miami-Dade. We are creating and improving parks, playgrounds, community gardens and other venues for physical activity and is committed to working with the Consortium, its partners and the community to promote healthy lifestyles and to increase the community's access to parks which is consistent with the public health sector's emphasis on community-level policies and its goal of eliminating barriers in the built environment that influence physical activity, obesity, and chronic disease.

Implementation Timeline

Specific Milestone or Activity Description	Responsible Party (name, title, agency)	Expected Start Date	Expected End Date
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Summer
Camp 2011
will operate
Monday
June 13th,
2011 to
Friday
August 19th,
2011. The
2010-2011
contract
period ends
July 29th, George
2011. First Parrado,
day of 2011- Recreation 06/13/2011 08/19/2011
2012 Coordinator,
contract year MDPR
is August
1st, 2011.
Participants
remain in
Summer
Camp
program
August 1st,
2011 to
August 19th,
2011.

P r o g r a m
Advertisement
for Out-of-
S c h o o l
P r o g r a m s Doris Howe,
through press Communicati
r e l e a s e s , o n s 05/02/2011 09/30/2011
w e b s i t e Manager,
(www.miamida MDPR
de.gov/parks),
flyers, and
brochures.

Participant Recruitment: Participants are recruited through press releases, website (www.miamidade.gov/parks), flyers, brochures, schools, word of mouth, teachers/professionals referrals, e-mail blasts to over 100 disability organizations, disability meetings, conferences, and resource fairs.

Certified Therapeutic Recreation Specialists, M DPR	05/02/2011	11/30/2011
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Participant Registration Days will be planned and held at each program site to register participants in program and create waiting lists as needed.

Certified Therapeutic Recreation Specialists, M DPR	07/25/2011	08/22/2011
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Preparation of Program Operations including creating program schedules, Certified Therapeutic Recreation Specialists, M DPR planning program activities, staff receiving appropriate trainings, organization of equipment and supplies needed.

07/25/2011 08/22/2011

Summer Camp 2011 ends on August 19th, 2011 and After School program begins August 22nd, 2011 and ends June 7th, 2012

Certified Therapeutic Recreation Specialists, M DPR

02/19/2011 06/07/2012

Partnerships Table

Partner	Partner Agency Description	Role in Program Implementation and Resources Committed	LOA/MOU attached?	Paid subcontractor or in-kind services

After-School Activities Table

Activity Type	After- School Service Name & Descriptio n	Facilitator s	Site/Group Variances	Freq/Inten s/Duration/ Time
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Each site will instruct children using the Evidence-Based "SPARK" curriculum. Program Supervisor will evaluate child's physical fitness level during registration process. Program Supervisor will coordinate "SPARK" activities to be led by program staff. Program Staff will administer the PACER Pre, Mid, and Post-Tests. SPARK will be provided daily in combination with sport and recreational activities improving the quantity and quality of physical activity by focusing on activities that develop and improve motor skills, movement knowledge, social and personal skills. Staff will

Certified Therapeutic Recreational Specialists and Recreational Specialists/Leaders will lead the physical fitness activities and administer PACER Testing.

There are no site/group variances.

Frequency:
1 time a day
for 5 days a week

Intensity: 30 minutes per session

Duration:
180 days
over 42 weeks

Fitness

encourage
fitness, fun,
sportsmanship,
teamwork,
cooperative
play, playing
fair, rules,
consequences,
and self-
esteem.

Activities are
modified and
adapted as
needed to
accommodate
all children.

Program is
prepared to
provide the
following
accommodations
as dictated by
each child's
disability:

sports
wheelchairs,
Velcro
straps,
splints,
balance
supports,
adapted
sports
equipment,
aquatic
buoyancy
devices,
aquatic pool
lift.

Field Trips
may include
pool for
swimming,
bowling
alley, track
and field
areas.

Each site will have a Certified Teacher who will instruct children using the Evidence-Based "After-School Kidz Lit" curriculum. Program supervisor and Certified Teacher will review each child's IEP and use it as a guide to group children into similar reading and comprehension levels. Certified Teacher will utilize curriculum with each group and direct other program staff to assist children as necessary. Certified Teacher will administer Oral Reading Fluency (ORF) Pre, Mid, Post-Tests. Activities are modified and adapted as needed to accommodate all children. The program is prepared to provide the following accommodations as

Certified Teacher will administer the literacy activities and Oral Fluency Testing assisted by Certified Therapeutic Recreational Specialists and Recreational Specialists/Leaders. There are no site/group variances.

Frequency:
1 time a day
for 5 days a week

Intensity: 30 minutes per session

Duration:
180 days
over 42 weeks

Literacy

dictated by
each child's
disability:
Braille, large
print, page
magnifiers,
b o o k
h o l d e r s ,
page turners,
and one-on-
o n e
assistance.
Field Trips
may include:
m u s e u m s
and library

Each site will instruct children using the Evidence-Based "PEACEWORKS" curriculum. Certified Therapeutic Recreation Specialist will utilize curriculum and direct other program staff to guide/assist children as necessary. PeaceWorks focuses on conflict resolution, social competency, peer mediation, citizenship, and violence prevention. Each time a child presents an opportunity for staff to re-direct, teach, encourage, and support healthy social behavior the staff will do so in the form of manners, sharing materials and supplies, and communication among peers and staff.

Social Skills

Certified Therapeutic Recreational Specialists and Recreational Specialists/Leaders will lead the social activities.

There are no site/group variances.

Frequency:
1 time a week
Intensity: 30 minutes per session
Duration: 42 weeks

Activities include: greetings, dealing with strangers, requesting help, appropriate touch, hygiene, guest speakers, drug prevention activities, bullying prevention, role playing, drama, and community safety skills. Activities are modified and adapted as needed to accommodate all children. Program is prepared to provide the following accommodations: Sign Language Interpreters, Communication Boards, and one-on-one assistance. Field Trips may include Roxbury Theatre or library.

Certified Therapeutic Recreation Specialist will plan activities and direct other program staff to guide/assist children as necessary. Children participate in various enrichment activities including: cultural arts, sports activities, drumming, fencing, golf, fine arts, drama, arts & crafts, music, dance, chorus signing, attending cultural art performance s, games. Children also participate in various health, nutrition, and well-being activities which may include: lectures on the food groups, healthy eating, exercise habits, healthy hygiene skills (importance of washing hands), various

Enrichment

Certified Therapeutic Recreational Specialists and There are no Recreational site/group Specialists/L variances. Leaders will lead the enrichment activities.

Frequency:
1 time a day
for 4 days a week
Intensity: 30
minutes per session
Duration: 42
weeks

nutrition
activities
(worksheets,
g r o u p
discussions),
picking up
a f t e r
yourself,
importance
of drinking
water, and
o t h e r
activities.
Activities are
modified and
adapted as
needed to
accommodat
e all children.
The program
is prepared
to provide
the following
accommodat
ions as
dictated by
each child's
disability:
Recreation
S p o r t
Adaptations,
Communicati
on Boards,
S i g n
Language
Interpreters,
Braille, large
print, page
magnifiers,
b o o k
holders ,
page turners,
and one-on-
o n e
assistance.

Homework assistance will be offered daily Monday through Friday when school is in session. Children will work with the Certified Teacher and Certified the Program Teachers, Staff to Certified complete Therapeutic d a i l y Recreational homework. Specialists The program a n d is prepared Recreational to provide Specialists/L the following eaders will accommodate assist with i o n s a s homework. dictated by each child's disability: Braille, large print, page magnifiers, b o o k h o l d e r s , page turners, and one-on-one assistance.

Homework Assistance

There are no site/group variances.

Frequency:

1 time a day for 5 days a week

Intensity: 30

minutes per session

Duration:

180 days over 42 weeks

Structured and supervised free play will be provided. The children will be able to choose which activity they would like to participate in from a variety of options (board games, reading, sport or recreational activity, etc.). Activities are modified and adapted as needed to accommodate all children. The program is prepared to provide the following accommodations as dictated by each child's disability: Recreation Sport Adaptations, Communication Boards, Sign Language Interpreters, Braille, large print, page magnifiers, book holders, page turners, and one-on-one assistance.

Supervised
Free
Choice

Recreational
Specialists
and
Recreation
Leaders will
assist in
Supervised
Free Choice.

There are no
site/group
variances.

Frequency:
1 time a day
for 5 days a
week
Intensity:
15-30
minutes per
session
Duration:
180 days
over 42
weeks

Multiple events, activities or workshops are held to help promote family involvement where children, family, and program staff can engage in meaningful activities: Parent Night, Parent and Family Workshop, Family Carnival, Family Day, Health Fairs, Certified and evening Therapeutic sport events. Recreational Program Specialists determine the event to be held. Activities are modified and adapted as needed to accommodate all children. The program is prepared to provide the following accommodations as dictated by each child's disability: Recreation Sport Adaptations, Communication Boards, Sign Language Interpreters, Braille, large print, page magnifiers,

Family Involvement

Certified Therapeutic Recreational Program Specialists and Recreational Specialists/Leaders plan family activities. There are no site/group variances.

Frequency:
2 times during after school year
Intensity: 1-4 hours per session
Duration: 42 weeks

b o o k
h o l d e r s ,
page turners,
and one-on-
o n e
assistance.

Children will be provided with nutritious lunch and two-component snack during full-day program days and two-component snack during after-school and partial program days. Weekly menus will be posted in a visible location at each service site. Some C W D participants bring their own lunches on Full Day Camps due to specific dietary needs (provisions are in place if a child requires lunch). Snacks are purchased through the procurement process from county vendors (Chenney Brothers and Sysco). Examples include: Sun Chips, pretzels, fruit, yogurt, cereal bars, Graham crackers,

Nutrition

Certified Therapeutic Recreation Specialist will plan the snacks and lunches to be ordered and the administrative offices will order the food.

There are no site/group variances.

Frequency:
 Snack-1 time a day for 5 days a week,
 Lunch 1 time on Full Days
Intensity:
 15-30 minutes per session
Duration:
 Snack-180 days over 42 weeks,
 Lunch 21 full days over 42 weeks

juice, and water. Nutritional value of meals and snacks are reviewed using USDA standards (please see attachment for example of snacks and nutritional value) to serve children food that is low in fats and sugars, and high in grains, minerals, and vitamins. Lunches will be provided by a free USDA approved food service such as CAA or the Rayfield Family Lunch Program.

Summer Activities Table

Activity Type	Summer Service Name & Description	Facilitators	Site/Group Variances	Freq/Intens/Duration/Time
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Each site will have a Certified Teacher who will instruct children using the Evidence-Based "After-School Kidz Lit" curriculum. Program supervisor and Certified Teacher will review each child's IEP and use it as a guide to group children into similar reading and comprehension levels. Certified Teacher will utilize curriculum with each group and direct other program staff to assist children as necessary. Certified Teacher will administer Oral Reading Fluency (ORF) Pre, Mid, Post-Tests. Activities are modified and adapted as needed to accommodate all children. The program is prepared to provide the following accommodations as

Certified Teacher will administer the literacy activities and Oral Fluency Testing assisted by Certified Therapeutic Recreational Specialists and Recreational Specialists/Leaders. There are no site/group variances.

Frequency:
1 time a day for 5 days a week
Intensity: 60 minutes per session
Duration: 49 days over 10 weeks

Literacy

dictated by
each child's
disability:
Braille, large
print, page
magnifiers,
b o o k
h o l d e r s ,
page turners,
and one-on-
o n e
assistance.
Field Trips
may include:
m u s e u m s
and library

Each site will instruct children using the Evidence-Based "SPARK" curriculum. Program Supervisor will evaluate child's physical fitness level during registration process. Program Supervisor will coordinate "SPARK" activities to be led by program staff. Program Staff will administer the PACER Pre, Mid, and Post-Tests. SPARK will be provided daily in combination with sport and recreational activities improving the quantity and quality of physical activity by focusing on activities that develop and improve motor skills, movement knowledge, social and personal skills. Staff will

Certified Therapeutic Recreational Specialists and Recreational Specialists/Leaders will lead the physical fitness activities and administer PACER Testing.

There are no site/group variances.

Frequency:
1 time a day for 5 days a week
Intensity:
60-120 minutes per session
Duration: 49 days over 10 weeks

Fitness

encourage
fitness, fun,
sportsmansh
i p ,
teamwork,
cooperative
play, playing
fair, rules,
consequenc
es, and self-
esteem.

Activities are
modified and
adapted as
needed to
accommodat
e all children.

Program is
prepared to
provide the
following
accommodat
ions as
dictated by
each child's
disability:

s p o r t s
wheelchairs,
V e l c r o
s t r a p s ,
s p l i n t s ,
b a l a n c e
supports,
a d a p t e d
s p o r t s
equipment,
a q u a t i c
buoyancy
d e v i c e s ,
aquatic pool
lift.

Field Trips
may include
pool for
swimming,
b o w l i n g
alley, track
and field
areas.

Each site will instruct children using the Evidence-Based "PEACEWORKS" curriculum. Certified Therapeutic Recreation Specialist will utilize curriculum and direct other program staff to guide/assist children as necessary.

PeaceWorks Certified Therapeutic Recreational Specialists and There are no Recreational site/group Specialists/L variances. Leaders will deliver Social Skills Activities.

Frequency:
1 time a week for 10 weeks
Intensity: 60 minutes per session
Duration: 10 sessions over 10 weeks

Social Skills

Each time a child presents an opportunity for staff to re-direct, teach, encourage, and support healthy social behavior the staff will do so in the form of manners, sharing materials and supplies, and communication among peers and staff.

Activities include: greetings, dealing with strangers, requesting help, appropriate touch, hygiene, guest speakers, drug prevention activities, bullying prevention, role playing, drama, and community safety skills. Activities are modified and adapted as needed to accommodate all children. Program is prepared to provide the following accommodations: Sign Language Interpreters, Communication Boards, and one-on-one assistance. Field Trips may include Roxbury Theatre or library.

Certified Therapeutic Recreation Specialist will plan activities and direct other program staff to guide/assist children as necessary. Children participate in various enrichment activities including: cultural arts, sports activities, drumming, fencing, golf, fine arts, drama, arts & crafts, music, dance, chorus signing, attending cultural art performance s, games. Children also participate in various health, nutrition, and well-being activities which may include: lectures on the food groups, healthy eating, exercise habits, healthy hygiene skills (importance of washing hands), various

Enrichment

Certified Therapeutic Recreational Specialists and Recreational Specialists/Leaders will lead the enrichment activities.

There are no site/group variances.

Frequency:
1 time a day for 4 days a week
Intensity:
60-120 minutes per session
Duration: 10 weeks

nutrition
activities
(worksheets,
g r o u p
discussions),
picking up
a f t e r
yourself,
importance
of drinking
water, and
o t h e r
activities.
Activities are
modified and
adapted as
needed to
accommodat
e all children.
The program
is prepared
to provide
the following
accommodat
ions as
dictated by
each child's
disability:
Recreation
S p o r t
Adaptations,
Communicati
on Boards,
S i g n
Language
Interpreters,
Braille, large
print, page
magnifiers,
b o o k
holders ,
page turners,
and one-on-
o n e
assistance.

Structured and supervised free play will be provided. The children will be able to choose which activity they would like to participate in from a variety of options (board games, reading, sport or recreational activity, etc.).

Before care (8 am to 9 am) and after care (5 pm to 6 pm) is provided to parents who need to drop off/pick up their children earlier, later or both.

Activities are modified and adapted as needed to accommodate all children. The program is prepared to provide the following accommodations as dictated by each child's disability: Recreation Sport Adaptations, Communication Boards, Sign Language Interpreters,

Certified Therapeutic Recreational Specialists and Recreational Specialists/Leaders will facilitate the social skills activities.

There are no site/group variances.

Frequency

: 1 time a day for 5 days a week

Intensity:

1-2.5 hours per session

Duration:

49 days over 10 weeks

Supervised Free Choice

Braille, large
print, page
magnifiers,
b o o k
h o l d e r s ,
page turners,
and one-on-
o n e
assistance.

Multiple events, activities or workshops are held to help promote family involvement where children, family, and program staff can engage in meaningful activities: Parent Night, Parent and Family Workshop, Family Carnival, Family Day, Health Fairs, and evening sport events. Program staff determine the event to be held. Activities are modified and adapted as needed to accommodate all children. The program is prepared to provide the following accommodations as dictated by each child's disability: Recreation Sport Adaptations, Communication Boards, Sign Language Interpreters, Braille, large print, page magnifiers,

Certified Therapeutic Recreational Specialists and Recreational Specialists and Recreation Leaders will facilitate family events.

There are no site/group variances.

Frequency:
Minimum 1 time for Summer Camp
Intensity: 1-4 hours per session
Duration: 1 time over 10 weeks

Family Involvement

b o o k
h o l d e r s ,
page turners,
and one-on-
o n e
assistance.

Children will be provided with nutritious lunch and two-component snack during full-day programs. Weekly menus will be posted in a visible location at each service site. Some C W D participants bring their own lunches on Full Day Camps due to specific dietary needs (provisions are in place if a child requires Lunch). Snacks are purchased through the procurement process from county vendors (Chenney Brothers and Sysco). Examples include: Sun Chips, pretzels, fruit, yogurt, cereal bars, Graham crackers, juice, and water. Nutritional value of meals and snacks are reviewed

Nutrition

Certified Therapeutic Recreational Specialists will plan snack and lunches and administrative offices will place orders.

There are no site/group variances.

Frequency:
 Snack-1 time a day for 5 days a week,
 Lunch-1 time a day for 5 days a week
 Intensity:
 60-90 minutes per session
 Duration:
 49 days over 10 weeks

using USDA standards (please see attachment for example of snacks and nutritional value) to serve children food that is low in fats and sugars, and high in grains, minerals, and vitamins. Lunches will be provided by a free USDA approved food service such as CAA or the Rayfield Family Lunch Program.

Required Outcomes

Acknowledgement of required common outcomes for all OOS programs

The Childrens Trust has established two common outcomes and measurement tools for all OOS programs, as displayed on the following chart. While ORF and PACER measures are intended to be mandatory, The Childrens Trust recognizes they may not be appropriate for all children with disabilities. When specific limitations prevent the use of the standard ORF and/or PACER, applicants may select from approved adaptations of these assessments. If the adapted assessments are also not appropriate, applicants must identify appropriate alternate assessment(s) that are in line with the population served and activities delivered and describe those in the additional outcomes table below. Otherwise, the mandatory performance outcomes listed below are not subject to negotiation. Checking below indicates agreement with the mandatory outcome requirements.

Required After-school Outcomes	Data Source / Measurement Tool	Timing	Associated Activity
<u>Mid-point performance:</u> 85% of children will improve oral reading skills <u>End-of-year performance:</u> 90% of children will improve oral reading skills	1 minute Oral Reading Fluency (ORF)	Pre, mid and post tests	Literacy activities
<u>Mid-point performance:</u> 75% of children will improve fitness performance <u>End-of-year performance:</u> 85% of children will improve fitness performance	PACER Multi-Stage Shuttle Run	Pre, mid and post tests	Fitness activities
Required Summer Outcomes	Data Source / Measurement Tool	Timing	Associated Activity
85% of children will improve or maintain oral reading skills	1 minute Oral Reading Fluency (ORF)	Pre and post tests	Literacy activities
85% of children will improve or maintain fitness performance	PACER Multi-Stage Shuttle Run	Pre and post tests	Fitness activities

Click the **Edit** button above to access the check box to indicate agreement with the mandatory outcome requirements.

[Acknowledge required outcomes:](#) Yes

Additional After-School Outcomes

Additional After-school Outcome	Data Source / Measurement Tool	Timing	Associated Activity
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Additional Summer Outcomes

Additional Summer Outcome	Data Source / Measureme nt Tool	Timing	Associated Activity
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Participant Outcomes Measurement

Define Meaningful Improvement:

For any additional outcomes above stating that participants will improve/increase or decrease in particular areas, describe how you will determine whether the outcome is met. Include within your answer how much or what degree of change in each area is meaningful or significant enough to be considered a success for participants. Are there relevant benchmarks that can be used to anchor the target % for particular outcomes? For example, if grade promotion is an outcome, the target percent of participants to be promoted to the next grade should exceed the percent of students who are generally promoted in a comparable group of students at the same school but not receiving the proposed program. If funded, this detail will be further specified in the contract negotiation process. (400 word limit)

Not Applicable

Data Collection Plan:

Briefly describe the program data collection plan in relation to the performance measures (quantity measures, quality measures and participant outcomes) included in the NOFA and your application. (400 word limit)

- Pre, mid, and post-testing is required to measure participant progress and program results. Explain the steps you will take to ensure every participant will receive outcome testing as required, and your internal controls to ensure test results are accurately scored and reported in accordance to the outcome schedule. Describe your ability to capture and report data electronically. Specifically, describe the agency's capacity to collect required common outcome measures of the Oral Reading Fluency (ORF) and the PACER.
- Describe the general reliability and validity of any additionally proposed data sources/measurement tools. Include whether the measures are self-report, observational or other types, and your experience with the usefulness of each tool. Remember to include sample tools and/or documentation of this, as applicable, in the Attachments of your application.
- Specify the staff positions who are responsible for collecting the data (administering the tests, tracking attendance, etc.), reporting the data into The Trusts electronic data tracking system, running reports on performance, analyzing the data and making program modifications based on the results.

The Data Collection Plan for performance measures include the Administrative Officer III collecting, analyzing, and reporting data to The Children's Trust (TCT) to fulfill all of the testing and tracking of measurable outcomes and data reporting requirements. This is done through monthly meetings, quarterly site visits, and open communication with the program sites about the contract requirements. Program sites receive a TCT Program Site checklist (See Attachments in Quality Assurance and Program Fidelity) which outlines all of the above mentioned areas.

The steps taken to ensure that every participant receives the required pre, mid, and post-testing include the following procedures. First, the Administrative Officer III receives from The Children's Trust all of the Out-of-School reporting requirements and relays the information to the Certified Therapeutic Recreation Specialist (CTRS) at the beginning of the program. Second, the CTRS and program staff including Recreation Specialists and Recreation Leaders, have attended the trainings for Oral Reading Fluency (ORF) and PACER test administration and will attend refresher trainings as needed.

Third, the CTRS ensures the testing schedule is followed. The internal controls to ensure that test results are accurately scored and reported include an internal testing schedule through which the children are tested at the beginning of the contracted testing periods. Fourth, test scores are entered into Data Tracker. Fifth, the "testing log" application is used to ensure that all children have been tested. If the testing log indicates that a child requires a test, this method allows time for the staff to test the child and enter in the scores before The Children's Trust testing timeframe closes. Sixth, for quality control, program staff also enter the pre, mid, and post test scores onto an internal Excel score spreadsheet (See Attachment-Excel Testing Score Spreadsheet) which tracks that all children are tested. Seventh, the Administrative Officer III checks the scores against what has been entered into Data Tracker and analyzes for program modifications based on results. All sites have computers, and the CTRS as well as assigned Recreation Specialists/Leaders can report the data electronically.

Program Staffing

Period/Population	# Child Slots*	# Staff*
School Year 2011-2012	0	0
School Year for Children with Disabilities	85	25
Summer 2012	0	0
Summer for Children with Disabilities	85	25

Staffing Plan

Staffing Plan:

Briefly summarize the staffing plan related to the points below. Remember to include a current organizational chart for the agency, including the proposed program, in the Attachments section of your application. (500 word limit, or approximately 1 page)

- Provide the rationale for the staffing pattern to ensure proposed activities are accomplished. Specify whether you would have to recruit and hire staff for this program, or are qualified personnel for this program currently available within your agency.
- Describe the cultural and linguistic competency of the program staff and volunteers and their ability to serve the target population
- Consistency is important to the success of services. Explain what efforts you will make to maintain staff and reduce turnover of trained, experienced staff within the program. Include historical turnover information for your organization and current staff recruitment and retention efforts.
- How will the program be managed and coordinated? Describe the supervision protocol, including the content of a typical supervision or management meeting.
- Describe the staff training requirements and costs associated with the program. How will program staff be trained and prepared to deal with a diverse population with multiple competing needs to include, but not limited to community service, family emergencies and academic deficiencies.

Qualified personnel are currently running the Out-of-Schools programs at Miami-Dade Parks. Each program is supervised by an Certified Therapeutic Recreation Specialist (CTRS) and services are delivered by and Recreation Specialists/Leaders. This staffing pattern has allowed the Department to provide successful Recreational programming since 1957 and Out-of-School Trust funded programs since 2004.

Staff are hired from the surrounding community, and frequently children who grew up in the Department programs return to work or volunteer. This makes our staff better able to serve the cultural and linguistic needs of participants. Diversity in program staff's backgrounds enables them to identify the needs of our participants and adapt activities accordingly.

In FY 2009-10, the turnover rate for full-time was 10% due to retirement, layoffs, death, failure of probationary period, and medical reasons. The turnover rate for part-time was 20% due to voluntary resignation, inability to meet work schedule, and other job opportunities. The turnover rate specifically for recreation program staff is historically less than 5% (MDPR Human Resources Division, 2009). The Department's policy is to promote from within. Employees are encouraged to apply for positions they qualify for. Employees have access to online courses that sharpen their skills, and develop new skills to help them grow professionally and prepare them for advancement.

The Department's Disability Services Manager supervises Certified Therapeutic Recreation Specialist (CTRS) who manage the programs and supervise Recreation Specialists/Leaders. Disability Services Manager conducts bi-monthly management staff meetings which cover various operational topics such as revenue and expenditures, training, special programs and events, and programmatic needs. The Disability Services Manager oversees inclusion and accessibility issues throughout the Department.

At no cost to the direct program services, all new employees attend an orientation program in which training and career development opportunities are discussed. Recreation program employees receive trainings on New Staff Orientation, Customer Service, Know Your County Government, Ethics, and Diversity Matters. Current departmental training programs include management seminars consisting of a Park and Recreation Manager program; park maintenance, machine maintenance, the use of pesticides, fungicides and insecticides, performance evaluation, disciplinary action, administrative orders, safety, operational procedures, diversity and conflict resolution, ADA Inclusion, Effective Communication, Career Development, and Using Active Strategy as a management tool. CTRS run monthly disability training sessions for all recreation specialists/leaders.

Subcontracting Rationale:

If you are subcontracting for direct services, explain why. How will participants be better off because you are subcontracting direct services? How will your agency supervise and manage subcontractors to ensure they are performing well? Please note that subcontractors are limited to agencies or persons directly related to the program services. If you are not subcontracting for direct services, enter Not Applicable in this text field prior to saving the document. (200 word limit)

Not Applicable

School-year/After-school Site Information Form

School Year Site Name	Street Address	City	Zip Code	Current	Public School	DCF License Status	Operational Schedule	Fees	#Children	#CWD	#Parents	#Other
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						August t 22 nd , 2011 t o June 7 th , 2012 f o r 1 8 0 After Schoo l Days Mond ay to Friday from 2:00p m to 6:00p m and 21 Full Days from 8:00a m to 6:00p m				
		Yes	No	Exem pt Letter	N/A					
Gould s Park	1135 0 SW 216th Street	Miami 3317 0					15	15	0	0

Coral Estat es Park	1405 SW 97 Aven ue	Miami	3317 4	Yes	No	Exem pt Letter	August 22 nd , 2011 to June 7 th , 2012 for 180 After School Days Monday to Friday from 2:00p m to 6:00p m and 21 Full Days from 8:00a m to 6:00p m	N/A	15	15	0	0
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Camp Matecumbere	1384 1 SW 120th Street	Miami	3318 6	Yes	No	Exempt Letter	Summer 2011:	N/A	25	25	0	0
							Summer 2012:					

June 13th, 2011 to August 19th, 2011 for 49 days from Monday to Friday 8:00am to 6:00pm

June 11th, 2012 to August 17th, 2012 for 49 days from Monday to Friday 8:00am to 6:00pm

Coral Estat es Park	1405 SW 97th Aven ue	Miami	3317 4	Yes	No	Exem pt Letter	Sum mer 2011: June 13 th , 2011 to Augus t 19 th , 2011 for 49 days from Mond ay to Friday 8:00a m to 6:00p m Sum mer 2012: June 11 th , 2012 to Augus t 17 th , 2012 for 49 days from Mond ay to Friday 8:00a m to 6:00p m	N/A	15	15	0	0
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West wind Lakes Park	6805 Sw 152n d Ave	Miami	3319 3	Yes	No	Exem pt Letter	Sum mer 2011: June 13 th , 2011 to Augus t 19 th , 2011 for 49 days from Mond ay to Friday 8:00a m to 6:00p m Sum mer 2012: June 11 th , 2012 to Augus t 17 th , 2012 for 49 days from Mond ay to Friday 8:00a m to 6:00p m	N/A	15	15	0	0
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						Sum mer 2011: June 13 th , 2011 to August 19 th , 2011 for 49 days from Monday to Friday 8:00a m to 6:00p m Sum mer 2012: June 11 th , 2012 to August 17 th , 2012 for 49 days from Monday to Friday 8:00a m to 6:00p m					
Yes	No	Exem pt Letter	N/A								
Oak Grove e Park	690 NE 159th Street	North Miami Beach	3316 2	Yes	No		N/A	15	15	0	0
								85.00	85.00	0.00	0.00

Program Budget Summary

Download the Excel budget forms from the Funding Opportunity Details page and upload the completed document in the Attachments form.

Refer to the Budget Instructions and Guidelines for details regarding the required elements for completing these Excel forms

Total Requested
Funding from The \$637,954.40
Childrens Trust:

Total Match Funding \$255,740.00
for the Program:

Budget Summary:

Provide a general summary of the overall budget needed to implement the program as proposed. If the program has matching funds, describe the funding source and general plan for use of these funds. Remember to include documentation of cash or in-kind matching funds for the proposed program in the Attachments of your application. (250 word limit, or approximately 1/2 page)

To obtain fidelity in providing high quality out-of-school services for children with disabilities, at no expense to families, below budget items are requested. Cost per child is \$5,270 per child for 85 children After School and \$2,235 per child for 85 children Summer Camp.

“Personnel” (salary & fringe) includes percentage of time six Full-Time Employees are dedicated to the program and fifty Part-Time Employees for 100% of their salary and effort. “Travel” to transport children from school to program and fieldtrips. This includes lift-equipped vehicles.

“Meal” for snack every program day and lunch on every full day. “Program Supplies” costs include purchasing the Evidence-Based Program Curricula and related supplies, books, and recreational sport supplies. “Certified Teachers” provide the daily literacy component using the Evidence-Based Curricula. “Field Trips” for one field trip per child per week during winter, spring and summer camps. “Family and Special Events” for family oriented activities where children, family, and program staff can engage in meaningful activities.

“Matching Funds” include a percentage of Full-Time Employees Salary and Fringe, Volunteer expenses, Building Costs, and all background screening. Personnel expenses include a percentage of the Full-Time Salaries and Fringe Benefits dedicated to the program that exceed the amount requested in the grant. Volunteers are valued at entry-level Park Service Aide (\$11.06 per hour) for 1,500 hours. Building rental rates average \$35 per hour for 720 hours for After-School and 176 hours for Full Day Camps. Background Screenings for employees and volunteers are covered by the Department at \$33/volunteer and \$43/employee.

Attachments - OOS (0022.00)

Attachment	Description	File Name	Type
REQUIRED ATTACHMENTS			
Tentative activity schedule(s) (REQUIRED)	Activity Schedule for After-School (2pm,3pm,4pm) and Summer Camp	Activity Schedules-AS & SC.pdf	pdf
Sample snack and lunch menus (REQUIRED)	Sample Snack and Lunch Menus with Nutritional Information	Sample Snack & Lunch Menus.pdf	pdf
Budget and Staffing Plan (REQUIRED)	Budget and Staffing Plan	CWD_Budget_and_Staffing_Plan_OOS_2011-2012.xls	xls
DCF child care license (REQUIRED)	DCF Exemption Letters	DCF Exemption Letters-CWD.pdf	pdf
Staff resumes (REQUIRED)	Staff Resumes and Job Descriptions	Staff Resumes-CWD.pdf	pdf
Organizational chart(s) (REQUIRED)	MDPR Table of Organization	MDPR Table of Organization.pdf	pdf
Form W-9 (REQUIRED)	W-9 Form for Miami-Dade County	Form W-9 (Miami-Dade County).pdf	pdf
Most recent financial audit (REQUIRED)	Financial Audits:Program Specific Audit, CAFR Extension Request, CAFR 2009, Single Audit 2009	Financial Audits.pdf	pdf
OTHER ATTACHMENTS (if applicable)			
Quality assurance and program fidelity (IF APPLICABLE)	Checklists:TCT Checklist, Evaluation Form Recreation Leadership, Management Checklist	Quality Assurance & Program Fidelity.pdf	pdf
Evidence of past outcomes and/or successes (IF APPLICABLE)	TCT Performance Reviews, Project Rise Quality Checkup, TCT 2007 Excellence Award Letter	Evidence of Past Outcomes & Successes-CWD.pdf	pdf
Letters of Agreement or Memoranda of Understanding (LOAs/MOUs) (IF APPLICABLE)			
Data source/measurement tool(s) (IF APPLICABLE)			
Cash or in-kind matching funds (IF APPLICABLE)	In-Kind Documentation	In-Kind Documentation.pdf	pdf
Sliding fee schedule (IF APPLICABLE)			

Investigations, litigation and/or regulatory action (IF APPLICABLE)

Other (specify in description)	Other: Behavior Management Plan, News Release for Out-of-School Programs, Parent Letter of Support, Photos of Participants	Other-CWD.pdf	pdf
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Final Application Certification

Ensure the authorized official for the applicant agency is registered in WebGrants and selected as the authorized official for the application. Enter this persons first and last name and title in this section. This will indicate the applicants agreement to the Certification Statement and Acknowledgement of Required Documents for Contracting that are acknowledged by checking below.

Authorized Officials	Abra	Langer	Administrative Officer III
Name and Title:*	First Name	Last Name	Title

Certification Statement:

I do hereby certify to the following statements and that all facts, figures, and representations made in this application and supporting documents are true and correct.

- All applicable statutes, regulations and procedures for program compliance and fiscal control, including but not limited to those contained in the application and contract, will be implemented to ensure proper accountability of funds. I certify that the funds requested in this application will not duplicate or replace funds that would otherwise be used for the purposes set forth in this proposal, and that the funds requested are a true estimate of the amount needed to operate the proposed program.
- I have been duly authorized to act as the representative of the Agency in connection with filing this application. Further, I understand that it is the responsibility of the agency head to obtain from its governing body the authorization for the submission of this application.
- This bid process is subject to the cone of silence and Floridas conflict of interest laws (§112.311, et. seg). I further state that to the best of my knowledge, submission of this proposal is in compliance with the state and county conflict of interest laws.
- All work contained within this proposal is the unique and original product of the agency I represent, and has not been plagiarized or duplicated in any way from anothers work.

Check box to acknowledge certification statements: Yes

Acknowledgement of Required Documents for Contracting:

I certify that if this application is recommended for funding each of the requirements listed below will be provided as noted, as a condition of receiving funding:

- **Staff background checks:** All staff and volunteers with direct contact with children must satisfactorily pass a Level II background screening that is **on file prior to employment**.
- **Insurance:** Documentation of General Liability Insurance (min. \$500,000), Workers Compensation (min. \$500,000), Automobile Insurance (min. \$1,000,000 if transporting children, \$300,000 if not) must be **submitted within 30 days of contract execution**. In addition, Professional Liability Insurance (min. \$250,000 with amount to be determined by The Trust) and Proof of Property Coverage (for capital equipment owned by The Childrens Trust) should be included, if applicable.
- **Financial audits:** In addition to the financial audit or statements submitted with this application, all funded providers are required to **submit annually a financial audit within 180 days of the end of their fiscal year**, performed by an independent certified audit firm licensed to do business in Florida. This audit shall be conducted in accordance with generally accepted accounting principles. In addition, **any provider who receives a combined total amount of \$300,000 or more from The Childrens Trust, must submit a program specific audit** showing the expenditures for each contract funded by The Childrens Trust during the audit period. The program specific audit will include a report stating whether or not the schedule of expenditures were fairly stated.

Check box to
acknowledge
agreement with
listed requirements:

Yes

After School Activity Schedule (2pm Schedule)

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
	Pick-Up/Drop Off & Handwashing/ Snack				
2:00 PM-2:30 PM					
2:30 PM-3:00 PM	Homework	Homework	Homework	Homework	Homework
3:00 PM-3:30 PM	Literacy	Literacy	Literacy	Literacy	Literacy
3:30 PM-4:30 PM	Fitness	Fitness	Fitness	Fitness	Fitness
4:30 PM-5:00 PM	Enrichment	Social Skills	Enrichment	Enrichment	Enrichment
5:00 PM-6:00 PM	Free Choice				

After School Activity Schedule (3pm Schedule)

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
2:00 PM-2:30 PM	Children still in School				
2:30 PM-3:00 PM	Pick-Up & Drop Off				
3:00 PM-3:15 PM	Handwashing/ Snack				
3:15 PM-3:45 PM	Homework	Homework	Homework	Homework	Homework
3:45 PM-4:15 PM	Literacy	Literacy	Literacy	Literacy	Literacy
4:15 PM-5:15 PM	Fitness	Fitness	Fitness	Fitness	Fitness
5:15 PM-5:45 PM	Enrichment	Social Skills	Enrichment	Enrichment	Enrichment
5:45 PM-6:00 PM	Free Choice				

After School Activity Schedule (4pm Schedule)

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
2:00 PM-3:00 PM	Children Still in School				
3:30 PM-4:00 PM	Pick-Up & Drop Off				
4:00 PM-4:15 PM	Snack	Snack	Snack	Snack	Snack
4:15 PM-4:45 PM	Homework	Homework	Homework	Homework	Homework
4:45 PM-5:15 PM	Literacy	Literacy	Literacy	Literacy	Literacy
5:15 PM-5:45 PM	Fitness	Social Skills	Fitness	Fitness	Fitness
5:45 PM-6:00PM	Free Choice				

Summer Activity Schedule

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 AM-9:00 AM	Drop off/ Free Choice	Drop off/ Free Choice	Drop off/ Free Choice	Drop off/ Free Choice	Drop off/ Free Choice
9:00 AM-9:30 AM	Morning Exercise	Morning Exercise	Morning Exercise	Morning Exercise	Morning Exercise
9:30 AM-10:00 AM	Fitness	Fitness	Fitness	Fitness	Fitness
10:00 AM-10:30 AM	Literacy	Literacy	Literacy	Field Trip Lunch	Literacy
10:30 AM-11:00 AM	Literacy	Literacy	Literacy		Literacy
11:00 AM-12:00 PM	Enrichment	Enrichment	Enrichment		Enrichment
12:00 PM-1:30 PM	LUNCH	LUNCH	LUNCH		LUNCH
1:00 PM-1:30 PM	Enrichment	Social Skills: Conflict Resolution	Enrichment		Enrichment
1:30 PM-2:00 PM	Enrichment	Social Skills: Conflict Resolution	Enrichment		Enrichment
2:00 PM-2:30 PM	Enrichment	Enrichment	Enrichment		Enrichment
3:00 PM-3:30 PM	SNACK	SNACK	SNACK	SNACK	SNACK
3:30 PM-4:00 PM	Fitness	Fitness	Fitness	Literacy	Fitness
4:00 PM-4:30 PM	Fitness	Fitness	Fitness	Literacy	Fitness
4:30 PM-6:00 PM	Free Choice/Pick up	Free Choice/Pick up	Free Choice/Pick up	Free Choice/Pick up	Free Choice/Pick up



DAILY SNACKS MAY INCLUDE THE FOLLOWING

Sun Chips Multigrain
Reduce Fat Crackers
Pretzels Fat Free-Mini
Pineapple Tidbits
Popcorn Microwaveable
Yogurt
Cereal Assorted Packs
Nutri-Grain Bars Assorted
Graham Crackers
Pudding Vanilla Cups
Juicy Juice
Cereal Special K Bar
Granola Chewy Bars
Apples
Oranges
Fruit

EAT HEALTHY SNACKS AT HOME TOO!

Calories in Frito Lay Sun chips Multigrain/Servings 1/16 chips (1oz.)

Calories	140	Sodium	120 mg
Total Fat	6 g	Potassium	60 mg
Saturated	1 g	Total Carbs	18 g
Polyunsaturated	2 g	Dietary Fiber	3 g
Monounsaturated	4 g	Sugars	2 g
Trans	0 g	Protein	2 g
Cholesterol	0 mg		
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Vitamin A	0%	Calcium	0%
Vitamin C	0%	Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

Calories in Cheez-It Crackers Reduced Fat Mine/Serving 1/29 Crackers

Calories	130	Sodium	250 mg
Total Fat	5 g	Potassium	0 mg
Saturated	1 g	Total Carbs	20 g
Polyunsaturated	2 g	Dietary Fiber	1 g
Monounsaturated	1 g	Sugars	0 g
Trans	0 g	Protein	4 g
Cholesterol	0 mg		
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Vitamin A	2%	Calcium	4%
Vitamin C	0%	Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

Calories in P Pretzels Fat Free Mini Snyder's /Servings 1/20 minis (30mg)

Calories	110	Sodium	250 mg
Total Fat	0 g	Potassium	0 mg
Saturated	0 g	Total Carbs	25 g
Polyunsaturated	0 g	Dietary Fiber	1 g
Monounsaturated	0 g	Sugars	1 g
Trans	0 g	Protein	3 g
Cholesterol	0 mg		
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Vitamin A	0%	Calcium	0%
Vitamin C	0%	Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories in Del Monte Pineapple Tidbits (100% Juice) 8oz Can

Calories	70	Sodium	10 mg
Total Fat	0 g	Potassium	0 mg
Saturated	0 g	Total Carbs	17 g
Polyunsaturated	0 g	Dietary Fiber	1 g
Monounsaturated	0 g	Sugars	15 g
Trans	0 g	Protein	0 g
Cholesterol	0 mg		
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Vitamin A	0%	Calcium	0%
Vitamin C	20%	Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories in Orville Redenbacher's Ultimate Butter Popcorn/100% Whole Grain Microwave Popcorn (Popped)/ Serving 1/1 Cup popped

Calories	25	Sodium	55 mg
Total Fat	2 g	Potassium	15 mg
Saturated	1 g	Total Carbs	16 g
Polyunsaturated	2 g	Dietary Fiber	3 g
Monounsaturated	4 g	Sugars	0 g
Trans	0 g	Protein	0 g
Cholesterol	0 mg		
Vitamin A	0%	Calcium	0%
Vitamin C	0%	Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories in Dannon Nutriday Blueberry Yogurt/Servings 1-container 4oz

Calories	90	Sodium	50 mg
Total Fat	0 g	Potassium	150 mg
Saturated	0 g	Total Carbs	19 g
Polyunsaturated	0 g	Dietary Fiber	0 g
Monounsaturated	0 g	Sugars	16 g
Trans	0 g	Protein	3 g
Cholesterol	0 mg		
Vitamin A	6%	Calcium	10%
Vitamin C	0%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories in Kellogg's Nutrigrain Cereal Bars Apple Cinnamon/Serving 1 bar

Calories	140	Sodium	105 mg
Total Fat	3 g	Potassium	0 mg
Saturated	1 g	Total Carbs	26 g
Polyunsaturated	0 g	Dietary Fiber	1 g
Monounsaturated	0 g	Sugars	13 g
Trans	0 g	Protein	1 g
Cholesterol	0 mg		
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Vitamin A	15%	Calcium	20%
Vitamin C	0%	Iron	10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

Calories in Keebler Graham Crackers Honey/Servings 8 crackers(2 full sheets)

Calories	120	Sodium	150 mg
Total Fat	4 g	Potassium	0 mg
Saturated	1 g	Total Carbs	23 g
Polyunsaturated	1 g	Dietary Fiber	0 g
Monounsaturated	2 g	Sugars	7 g
Trans	0 g	Protein	2 g
Cholesterol	0 mg		
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Vitamin A	0%	Calcium	10%
Vitamin C	0%	Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories in Jell-O Singles Pudding-Vanilla / Servings 1 cup (3.5 oz)

Calories	150	Sodium	350 mg
Total Fat	0 g	Potassium	0 mg
Saturated	0 g	Total Carbs	23 g
Polyunsaturated	0 g	Dietary Fiber	0 g
Monounsaturated	0 g	Sugars	19 g
Trans	0 g	Protein	4 g
Cholesterol	3 mg		
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Vitamin A	4%	Calcium	15%
Vitamin C	0%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories in Juicy Juice Fruit Punch Juice Box 6.75 oz

Calories	100	Sodium	15 mg
Total Fat	0 g	Potassium	180 mg
Saturated	0 g	Total Carbs	24 g
Polyunsaturated	0 g	Dietary Fiber	0 g
Monounsaturated	0 g	Sugars	22 g
Trans	0 g	Protein	0 g
Cholesterol	0 mg		
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Vitamin A	0%	Calcium	0%
Vitamin C	100%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories in Kellogg's Special K Bar Strawberry Cereal Bar

Calories	90	Sodium	95 mg
Total Fat	2 g	Potassium	0 mg
Saturated	1 g	Total Carbs	18 g
Polyunsaturated	0 g	Dietary Fiber	0 g
Monounsaturated	0 g	Sugars	9 g
Trans	0 g	Protein	1 g
Cholesterol	0 mg		
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Vitamin A	0%	Calcium	2%
Vitamin C	0%	Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories in Quaker Chewy Chocolate Chip Granola Bar/Serving 1 bar

Calories	100	Sodium	75 mg
Total Fat	3 g	Potassium	0 mg
Saturated	1 g	Total Carbs	17 g
Polyunsaturated	0 g	Dietary Fiber	1 g
Monounsaturated	0 g	Sugars	7 g
Trans	0 g	Protein	1 g
Cholesterol	0 mg		
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Vitamin A	0%	Calcium	8%
Vitamin C	0%	Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 1 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	6/13/2011	6/14/2011	6/15/2011	6/16/2011	6/17/2011
<u>BREAKFAST:</u> Milk Skim	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
Vegetable/Fruit	Sliced Peaches (1/2 cup)	100% Orange Juice (1/2 cup)	Citrus Fruit Cup (1/2 cup)	100% Pineapple Juice (1/2 c. or 4 fl. oz.)	Fresh Apple Wedges (1/2 cup)
Grain/Fruit	Enriched Cold Cereal (3/4 c. or 1 oz./28 grams)	Bagel (1 oz./25 grams) 1 tbsp Cream Cheese	Enriched Cold Cereal (3/4 c. or 1 oz./28 grams)	Banana Bran Muffin (1.8 oz.)	Enriched Cold Cereal (3/4 c. or 1 oz./28 grams)
<u>LUNCH: Milk</u> Skim/1% Fat Choc.	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)
Meat/Meat Alternative	Ham and Swiss Cheese on Bun (2 1/4 oz. Ham and 1/2 oz. cheese)	Turkey Wrap (2 1/2 oz. Deli Turkey & 1/2 oz. Provolone Cheese)	Beef Bologna and American Cheese Sandwich (1 1/2 oz. Bologna & 1/2 oz cheese)	Sliced Chicken and Munster Cheese on Bun (2 1/2 oz chicken & 1/2 oz. cheese)	Submarine Sandwich (2 1/4 oz. Turkey Ham** & 1/2 oz. White American Cheese)
1st Vegetable/Fruit	Carrot & Celery Sticks (1/4 c)	Potato Salad (1/3 c.)	Lettuce & Tomato (1/4 c.)	Marinated Whole Kernel Corn/Black Bean/Red Onion Salad (1/4 c. Corn & Bl.Beans)	Marinated Tomato Salad (1/4 c.)
2nd Vegetable/Fruit	Applesauce (1/2 cup)	Banana (medium)	Fruit Cocktail (1/2 cup)	Orange (medium)	Diced Pears (1/2 cup)
Grain/Bread	Hamburger Bun (1.8 oz./50 g. or larger)	10" Flour Tortilla (.9 oz./25 g. or larger)	White Bread 2 slices (1.8 oz./50 g. or larger)	Whole Wheat Hamburger Bun (1.8 oz./50 g. or larger)	Sub Roll (.9 oz./25 grams)
Other/Condiments	Mustard/Mayonnaise/ Ranch Dressing 1 pkg. ea.	Mustard Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.)	Lemon/Lime Cilantro Salad Dressing (2 T.)	Mustard/Mayonnaise (1 pkg. ea.)
<u>SNACK: Milk</u>					
Meat/Meat Alternative	Fruited Yogurt (4 oz. or 1/2 c.)		Cheddar Cheese (1.0 oz. or larger)		
Vegetable/Fruit		100 % Grape Juice (3/4 c. or 6 fl. oz.)		100% Mixed Fruit Juice (3/4 c. or 6 fl. oz.)	100% Orange Juice (3/4 c. or 6 fl. oz.)
Grain/Bread	Graham Crackers (35 grams)	Oatmeal Cookies (49 grams)	Saltine Crackers (8 Squares/35 g.)	Animal Crackers (35 grams)	Large Homemade Butter Cookie (35 grams)

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 2 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	6/20/2011	6/21/2011	6/22/2011	6/23/2011	6/24/2011
BREAKFAST: Milk Skim	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
Vegetable/Fruit	Sliced Peaches (1/2 c. or larger)	100% Pineapple Juice (1/2 c. or 4 fl. oz.)	Fruit Cocktail (1/2 c. or larger)	100% Orange Juice (1/2 c. or 4 fl. oz.)	Tropical Fruit Salad Cup (1/2 c. or larger)
Grain/Fruit	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	English Muffin w/ 1 tsp. Margarine (1 oz./25 g. or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Zucchini Muffin (1.8 oz./50 g. or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)
LUNCH: Milk Skim/1% Fat Choc.	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)
Meat/Meat Alternative	Midnight Sub Sandwich (1 ¼ oz. Ham, ¾ oz. Pork & ½ oz. Swiss cheese)	Turkey and Munster Cheese Sandwich (2 ½ oz. Turkey & ½ oz. cheese)	Salami and Cheese Sandwich (2 oz. Salami & ½ oz. cheese)	Ham and Cheese Sub Sandwich (2 ¼ oz. Ham & ½ oz. cheese)	Tuna Salad 2 ¼ oz. Tuna Salad (Tuna & 1 tbsp. Mayonnaise) ½ oz. cheese
1st Vegetable/Fruit	Cole Slaw (1/4 c. Shredded Cabbage and Carrots with 1 tbsp. Mayonnaise)	Fresh Baby Carrots (1/4 cup)	Lettuce & Tomato Slices (1/4 cup)	Marinated Three Bean Salad (1/4 cup of beans)	Cucumber & Tomato (1/4 cup)
2nd Vegetable/Fruit	Chilled Applesauce (1/2 cup)	Fresh Medium Pear (1/2 cup)	Sliced Peaches (1/2 cup)	Fruit Cocktail (1/2 cup)	Pineapple Tidbits (1/2 cup)
Grain/Bread	Midnight Sub Roll (.9 oz. or larger)	Foccacia Roll 2 slices (1.8 oz./50 g. or larger)	White Bread 2 slices (1.8 oz./50 g. or larger)	Whole Wheat Sub Roll (.9 oz. or larger)	Pita Bread (.9 oz./25 g. or larger)
Other/Condiments	Mustard/Mayonnaise (1 pkg. ea.)	Ranch Dressing (2 T.) Mustard/Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.) Mustard/Mayonnaise (1 pkg. ea.)	Mustard/Mayonnaise (1 pkg. ea.)	Mayonnaise (1 pkg. ea.)
SNACK: Milk Skim					White Milk 1% (8fl.oz)
Vegetable/Fruit	100% Mixed Fruit Juice (3/4 cup or 6 fl. oz.)	Whole Medium Apple	100% Grape Juice (3/4 cup or 6 fl. oz.)	Whole Medium Banana	
Grain/Bread	Snack Crackers (.9 oz./25 g.)	Gold Fish Crackers (.9 oz./25 g.)	Wheat Snack Crackers (.9 oz./25 g.)	Tortilla Chips (.9 oz./25 g.)	Chocolate Chip Cookies (2.2 oz./63 g.)

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 3 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	6/27/2011	6/28/2011	6/29/2011	6/30/2011	7/1/2011
BREAKFAST: Milk Skim	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
Vegetable/Fruit	Sliced Peaches (1/2 c. or larger)	100% Pineapple Juice (1/2 c. or 4 fl. oz.)	Citrus Fruit Cup (1/2 c. or larger)	100% Orange Juice (1/2 c. or 4 fl. oz.)	Fresh Apple Wedges (1/2 c. or larger)
Grain/Fruit	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Cinnamon Raisin Bread w/ 1 tbsp. Cream Cheese (1 oz./25 g. or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Poppy Seed Muffin (1.8 oz./or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)
LUNCH: Milk Skim/1% Fat Choc.	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)
Meat/Meat Alternative	Roast Beef and Provolone Cheese Sub Sandwich (1 1/2 oz. Roast Beef ½ oz Provolone Cheese)	Bologna and Cheese on Bun (1 ½ oz. Bologna & ½ oz. cheese)	Midnight Sub Sandwich (1 ¼ oz. Ham, ¾ oz. Pork & ½ oz. Swiss Cheese)	Mystique Turkey Breast and Swiss Cheese on Croissant Roll (2 ½ oz. Turkey & ½ oz. cheese)	Salami and Cheese Sandwich (2 oz. Salami & ½ oz. cheese)
1st Vegetable/Fruit	Potato Salad (1/4 c.)	Cucumber Salad (1/4 c. total)	Marinated Bean Salad (1/4 c. of beans)	Lettuce & Tomato (1/4 c.)	Fresh Baby Carrots (1/4 c.)
2nd Vegetable/Fruit	Mandarin Orange Sections (1/2 c. total or larger)	Fresh Apple (1/2 c.)	Diced Pears (1/2 c. or larger)	Fruit Cocktail (1/2 c.)	Sliced Peaches (1/2 c.)
Grain/Bread	Whole Wheat Sub Roll (.9 oz./25 g. or larger)	Hamburger Bun (1.8 oz./50 g. or larger)	Midnight Sub Roll (.9 oz. or larger)	Croissant Roll (1.1 oz./25 g. or larger)	Whole Wheat Bread 2 slices (1.8 oz./50 g. or larger)
Other/Condiments	Barbecue Sauce (1 pkg. ea.)	Mustard Mayonnaise (1 pkg. ea.)	Mustard/Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.)	Ranch Dressing Dip (2 T.)
SNACK: Milk Skim				White Milk 1% (8fl.oz)	
Meat/Meat Alternative	Cheese Stick (1 oz.)		Cottage Cheese (4 oz. or ½ c.)		
Vegetable/Fruit		100% Mixed Fruit Juice (3/4 c. or 6 fl. oz.)	Pineapple Chunks (3/4 c.)		100% Grape Juice (3/4 c. or 6 fl. oz.)
Grain/Bread	Cinnamon Roll (unfrosted) (2 oz./50 g.)	Pretzels (.9 oz./25 g.)		Peanut Butter & Jelly Graham Sandwich (2.2 oz./62 g.)	Large Homemade Chocolate Chip Cookie (2.2 oz./63 g.)

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 4 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	7/4/2011	7/5/2011	7/6/2011	7/7/2011	7/8/2011
<u>BREAKFAST:</u> Milk Skim	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
Vegetable/Fruit	Sliced Peaches (1/2 c. or larger)	100% Apple Juice (1/2 c. or 4 fl. oz.)	Tropical Fruit Cup (1/2 c. or larger)	100% Orange Juice (1/2 c. or 4 fl. oz.)	Fresh Banana (1/2 c. or larger)
Grain/Fruit	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Bagel (1 oz./25 g. or larger) w/Cream Cheese 1 pack	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Cinnamon Roll (unfrosted) (1.8 oz./or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)
<u>LUNCH:</u> Milk	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
Meat/Meat Alternative	Ham and Cheese on Bun (2 1/4 oz. Ham and 1/2 oz. cheese)	Smoked Turkey on Ciabatta Roll (2 1/2 oz. Deli Turkey & 1/2 oz. cheese)	Bologna and Cheese Sandwich (1 1/2 oz. Bologna & 1/2 oz cheese)	Sliced Chicken and Cheese on Bun (2 1/2 oz chicken & 1/2 oz. cheese)	Submarine Sandwich (2 1/4 oz. Turkey Ham** & 1/2 oz. cheese)
1st Vegetable/Fruit	Carrot Raisin Salad (1/4 c. of carrots & 1 tsp of Mayonnaise)	Potato Salad (1/4 c. or larger)	Lettuce & Tomato (1/4 c. or larger)	Carrot & Celery Sticks (1/4 c. total or larger)	Marinated Tomato Salad (1/4 c. or larger)
2nd Vegetable/Fruit	Applesauce (1/2 c. total)	Fresh Orange Fruit (1/2 c.)	Fruit Cocktail (1/2 c.)	Fresh Apple (1/2 c.)	Diced Pears (1/2 c.)
Grain/Bread	Hamburger Bun (1.8 oz./50 g. or larger)	Ciabatta Roll (.9 oz./25 g. or larger)	Pumpernickel Bread 2 slices (1.8 oz./50 g. or larger)	Whole Wheat Hamburger Bun (1.8 oz./50 g. or larger)	Sub Roll (.9 oz./25 g. or larger)
Other/Condiments	Mustard/Mayonnaise (1 pkg. ea.)	Mustard/ Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.)	Assorted Salad Dressing (2 T.)	Mustard/Mayonnaise (1 pkg. ea.)
<u>SNACK:</u> Milk Skim					White Milk 1% (8fl.oz)
Meat/Meat Alternative	Fruited Yogurt (4 oz. or 1/2 c.)		American Cheese (1.0 oz. or larger)		
Vegetable/Fruit		100% Pineapple Juice (3/4 c. or 6 fl. oz.)	100% Grape Juice (1/2 c. or 4 fl. oz.)	100% Mixed Fruit Juice (3/4 c. or 6 fl. oz.)	
Grain/Bread	Graham Crackers (.9 oz./25 g.)	Pretzels (.9 oz./25 g.)	Saltine Crackers (8 Squares/.7 oz. / 20 g.)	Animal Crackers (.9 oz./25 g.)	Cereal Bar (1.3 oz.)

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 5 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	7/11/2011	7/12/2011	7/13/2011	7/14/2011	7/15/2011
BREAKFAST: Milk Skim	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
Vegetable/Fruit	Sliced Peaches (1/2 c. or larger)	100% Apple Juice (1/2 c. or 4 fl. oz.)	Citrus Fruit Cup (1/2 c. or larger)	100% Grape Juice (1/2 c. or 4 fl. oz.)	Fresh Apple Wedges (1/2 c. or larger)
Grain/Fruit	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Bagel (1 oz./25 g. or larger) w/Cream Cheese 1 pack	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Banana Bran Muffin (1.8 oz./or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)
LUNCH: Milk Skim/1% Fat	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)
Meat/Meat Alternative	Ham and Swiss Cheese on Bun (2 1/4 oz. Ham and 1/2 oz. cheese)	Turkey Wrap (2 1/2 oz. Deli Turkey & 1/2 oz. Provolone Cheese)	Beef Bologna and American Cheese Sandwich (1 1/2 oz. Bologna & 1/2 oz cheese)	Sliced Chicken and Munster Cheese on Bun (2 1/2 oz chicken & 1/2 oz. cheese)	Submarine Sandwich (2 1/4 oz. Turkey Ham** & 1/2 oz. White American Cheese)
1st Vegetable/Fruit	Carrot & Celery Sticks (1/4 c. total or larger)	Potato Salad (1/3 c. or larger)	Lettuce & Tomato (1/4 c. or larger)	Marinated Whole Kernel Corn/Black Bean/Red Onion Salad (1/3 c. of Corn & Bl. Beans)	Marinated Tomato Salad (1/3 c. or larger)
2nd Vegetable/Fruit	Applesauce (1/2 c. total or larger)	Orange (1/2 c. or larger)	Fruit Cocktail (1/2 c. or larger)	Banana (1/2 c. or larger)	Diced Pears (1/2 c. or larger)
Grain/Bread	Hamburger Bun (1.8 oz./50 g. or larger)	10" Flour Tortilla (.9 oz./25 g. or larger)	White Bread 2 slices (1.8 oz./50 g. or larger)	Whole Wheat Hamburger Bun (1.8 oz./50 g. or larger)	Sub Roll (.9 oz./25 g. or larger)
Other/Condiments	Mustard/Mayonnaise/ Ranch Dressing (1 pkg. ea.)	Mustard Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.)	Lemon/Lime Cilantro Salad Dressing (2 T)	Mustard/Mayonnaise (1 pkg. ea.)
SNACK: Milk Skim					
Meat/Meat Alternative	Fruited Yogurt (4 oz. or 1/2 c.)		Cheddar Cheese (1.0 oz. or larger)		
Vegetable/Fruit		100% Grape Juice (3/4 c. or 6 fl. oz.)		100% Apple Juice (3/4 c. or 6 fl. oz.)	100% Pineapple Juice (3/4 c. or 6 fl. oz.)
Grain/Bread	Graham Crackers (.9 oz./25 g.)	Oatmeal Cookies (49 grams)	Saltine Crackers (8 Squares/.7 oz. /20 g.)	Animal Crackers (.9 oz./25 g. or larger)	Large Homemade Butter Cookie (1.3 oz. or larger)

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 6 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	7/18/2011	7/19/2011	7/20/2011	7/21/2011	7/22/2011
<u>BREAKFAST: Milk Skim</u>	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
<u>Vegetable/Fruit</u>	Sliced Peaches (1/2 c. or larger)	100% Pineapple Juice (1/2 c. or 4 fl. oz.)	Fruit Cocktail (1/2 c. or larger)	100% Grape Juice (1/2 c. or 4 fl. oz.)	Tropical Fruit Salad Cup (1/2 c. or larger)
<u>Grain/Fruit</u>	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	English Muffin w/Margarine (1 oz./25 g. or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Corn Muffin (1.8 oz./50 g. or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)
<u>LUNCH: Milk Skim/1% Fat Choc.</u>	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)
<u>Meat/Meat Alternative</u>	Midnight Sub Sandwich (1 ¼ oz. Ham, ¾ oz. Pork & ½ oz. Swiss cheese)	Turkey and Munster Cheese Sandwich (2 ½ oz. Turkey & ½ oz. cheese)	Salami and American Cheese Sandwich (2 oz. Salami & ½ oz. cheese)	Ham and Provolone Cheese Sub Sandwich (2 ¼ oz. Ham & ½ oz. cheese)	Tuna Salad 2 ¼ oz. Tuna Salad & 1 Tbsp. Mayonnaise ½ oz. White American Cheese
<u>1st Vegetable/Fruit</u>	Cole Slaw (1/3 c. Shredded Carrot & Cabbage & 1 tsp Mayonnaise)	Fresh Baby Carrots (1/4 c. or larger)	Lettuce & Tomato (1/4 c. or larger)	Marinated Three Bean Salad (1/3 c of beans)	Cucumber & Tomato (1/4 c. or larger)
<u>2nd Vegetable/Fruit</u>	Chilled Applesauce (1/2 c. or larger)	Orange Medium (1/2 c. or larger)	Sliced Peaches (1/2 c. or larger)	Banana Medium	Pineapple Tidbits (1/2 c. or larger)
<u>Grain/Bread</u>	Midnight Sub Roll (.9 oz. or larger)	Focaccia Roll 2 slices (1.8 oz./50 g. or larger)	White Bread 2 slices (1.8 oz./50 g. or larger)	Whole Wheat Sub Roll (.9 oz. or larger)	Pita Bread (.9 oz./25 g. or larger)
<u>Other/Condiments</u>	Mustard/Mayonnaise (1 pkg. ea.)	Ranch Dressing (2 T.) Mustard/Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.) Mustard/Mayonnaise (1 pkg. ea.)	Mustard/Mayonnaise (1 pkg. ea.)	Mayonnaise (1 pkg. ea.)
<u>SNACK: Milk Skim</u>					White Milk 1% (8fl.oz)
<u>Vegetable/Fruit</u>	100% Orange Juice (3/4 c. or 6 fl. oz.)	Whole Fresh Fruit (3/4 c. or larger)	100 % Apple Juice (3/4 c. or 6 fl. oz.)	Whole Fresh Fruit (3/4 c. or larger)	
<u>Grain/Bread</u>	Snack Crackers (.9 oz./25 g.)	Gold Fish Crackers (.9 oz./25 g.)	Wheat Snack Crackers (.9 oz./25 g.)	Tortilla Chips (.9 oz./25 g.)	Oatmeal Cookies (49 grams)

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 7 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	7/25/2011	7/26/2011	7/27/2011	7/28/2011	7/29/2011
BREAKFAST: Milk Skim	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
Vegetable/Fruit	Sliced Peaches (1/2 c. or larger)	100% Mixed Fruit Juice (1/2 c. or 4 fl. oz.)	Citrus Fruit Cup (1/2 c. or larger)	100% Grape Juice (1/2 c. or 4 fl. oz.)	Fresh Apple Wedges (1/2 c. or larger)
Grain/Fruit	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Cinnamon Raisin Bread (1 oz./25 g.) w/Cream Cheese 1 pack	Enriched Cold Cereal (3/4 c. or 1 oz./28 g.)	Zucchini Muffin (1.8 oz./or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)
LUNCH: Milk Skim/1% Fat Choc.	Chocolate Milk 1% (8fl.oz)	White Milk (1 c. or 8 fl. oz.)	Chocolate Milk 1% (8fl.oz)	White Milk (1 c. or 8 fl. oz.)	Chocolate Milk 1% (8fl.oz)
Meat/Meat Alternative	Roast Beef and Provolone Cheese Sub Sandwich (1 1/2 oz. Roast Beef ½ oz Provolone Cheese)	Bologna and Cheese on Bun (1 ½ oz. Bologna & ½ oz. cheese)	Midnight Sub Sandwich (1 ¼ oz. Ham, ¾ oz. Pork & ½ oz. Swiss Cheese)	Mystique Turkey Breast and Swiss Cheese on Croissant Roll (2 ½ oz. Turkey & ½ oz. cheese)	Salami and Cheese Sandwich (2 oz. Salami & ½ oz. cheese)
1st Vegetable/Fruit	Potato Salad (1/3 c.)	Cucumber Salad (1/3 c.)	Marinated Three Bean Salad (1/3 c of beans)	Lettuce & Tomato (1/4 c.)	Fresh Baby Carrots (1/4 c.)
2nd Vegetable/Fruit	Mandarin Orange Sections (1/2 c. total or larger)	Fresh Pear (Medium)	Fruit Cocktail (1/2 c.)	Fresh Applet (Medium)	Sliced Peaches (1/2 c.)
Grain/Bread	Whole Wheat Sub Roll (.9 oz./25 g. or larger)	Hamburger Bun (1.8 oz./50 g. or larger)	Midnight Sub Roll (.9 oz. or larger)	Croissant Roll (1.1 oz./25 g. or larger)	Whole Wheat Bread 2 slices (1.8 oz./50 g. or larger)
Other/Condiments	Barbecue Sauce (1 pkg. ea.)	Mustard Mayonnaise (1 pkg. ea.)	Mustard/Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.)	Ranch Dressing Dip (2 T.)
SNACK: Milk Skim				White Milk 1% (8fl.oz)	
Meat/Meat Alternative	Cheese Stick (1 oz.)		Cottage Cheese (4 oz. or ½ c.)		
Vegetable/Fruit		100% Apple Juice (3/4 c. or 6 fl. oz.)	Pineapple Chunks (3/4 c.)		100% Orange Juice (3/4 c. or 6 fl. oz.)
Grain/Bread	Cinnamon Roll (unfrosted) (2 oz./50 g. or larger)	Pretzels (.9 oz./25 g. or larger)		Peanut Butter / Jelly Graham Sandwich (2.2 oz./62 g)	Large Homemade Chocolate Chip Cookie (2.2 oz./62 g.)

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 8 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	8/1/2011	8/2/2011	8/3/2011	8/4/2011	8/5/2011
<u>BREAKFAST: Milk Skim</u>	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
<u>Vegetable/Fruit</u>	Sliced Peaches (1/2 c. or larger)	100% Apple Juice (1/2 c. or 4 fl. oz.)	Tropical Fruit Cup (1/2 c. or larger)	100% Orange Juice (1/2 c. or 4 fl. oz.)	Fresh Banana (1/2 c. or larger)
<u>Grain/Fruit</u>	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Bagel (1 oz./25 g. or larger) Cream Cheese 1 pack	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)	Carrot Muffin (1.8 oz./or larger)	Enriched Cold Cereal (3/4 c. or 1 oz./28 g. or larger)
<u>LUNCH: Milk Skim/1% Fat Choc.</u>	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
<u>Meat/Meat Alternative</u>	Ham and Cheese on Bun (2 1/4 oz. Ham and 1/2 oz. cheese)	Smoked Turkey on Ciabatta Roll (2 1/2 oz. Deli Turkey & 1/2 oz. cheese)	Bologna and Cheese Sandwich (1 1/2 oz. Bologna & 1/2 oz cheese)	Sliced Chicken and Cheese on Bun (2 1/2 oz chicken & 1/2 oz. cheese)	Submarine Sandwich (2 1/4 oz. Salami & 1/2 oz. cheese)
<u>1st Vegetable/Fruit</u>	Carrot Raisin Salad (1/3 c. of Carrots w/raisins & 1 tsp Mayonnaise)	Potato Salad (1/3 c.)	Lettuce & Tomato Slices (1/4 c. or larger)	Carrot & Celery Sticks (1/4 c. total or larger)	Marinated Tomato Salad (1/3 c.)
<u>2nd Vegetable/Fruit</u>	Applesauce (1/2 cup)	Banana (medium)	Fruit Cocktail (1/2 cup)	Orange (medium)	Diced Pears (1/2 cup)
<u>Grain/Bread</u>	Hamburger Bun (1.8 oz./50 g. or larger)	Ciabatta Roll (.9 oz./25 g. or larger)	Pumpnickel Bread 2 slices (1.8 oz./50 g. or larger)	Whole Wheat Hamburger Bun (1.8 oz./50 g. or larger)	Sub Roll (.9 oz./25 g. or larger)
<u>Other/Condiments</u>	Mustard/Mayonnaise (1 pkg. ea.)	Mustard/ Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.)	Assorted Salad Dressing (2 T.)	Mustard/Mayonnaise (1 pkg. ea.)
<u>SNACK: Milk Skim</u>					White Milk 1% (8fl.oz)
<u>Meat/Meat Alternative</u>	Fruited Yogurt (4 oz. or 1/2 c.)		American Cheese (1.0 oz. or larger)		
<u>Vegetable/Fruit</u>		100% Grape Juice (3/4 c. or 6 fl. oz.)	100% Mixed Fruit Juice (1/2 c. or 4 fl. oz.)	100% Pineapple Juice (1/4 c. or 6 fl. oz.)	
<u>Grain/Bread</u>	Graham Crackers (.9 oz./25 g.)	Pretzels (.9 oz./25 g.)	Saltine Crackers (8 Squares/.7 oz. / 20 g.)	Animal Crackers (.9 oz./25 g.)	Cereal Bar (1.3 oz.)

Miami-Dade County CAA Summer Food Service Program – 2011

CYCLE 9 2011	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	8/8/2011	8/9/2011	8/10/2011	8/11/2011	8/12/2011
BREAKFAST: Milk Skim	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)
Vegetable/Fruit	Sliced Peaches (1/2 c. or larger)	100% Pineapple Juice (1/2 c. or 4 fl. oz.)	Citrus Fruit Cup (1/2 c. or larger)	100% Grape Juice (1/2 c. or 4 fl. oz.)	Fresh Apple Wedges (1/2 c. or larger)
Grain/Fruit	Enriched Cold Cereal (3/4 c or 1 oz./28 g or larger)	Bagel (1 oz./25 g.) w/Cream Cheese 1 pack	Enriched Cold Cereal (3/4 c or 1 oz./28 g. or larger)	Banana Bran Muffin (1.8 oz./or larger)	Enriched Cold Cereal (3/4 c or 1 oz./28 g or larger)
LUNCH: Milk Skim/1% Fat Choc.	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)	White Milk 1% (8fl.oz)	Chocolate Milk 1% (8fl.oz)
Meat/Meat Alternative	Ham and Swiss Cheese on Bun (2 1/4 oz. Ham and 1/2 oz. cheese)	Turkey Wrap (2 1/2 oz. Deli Turkey & 1/2 oz. Provolone Cheese)	Beef Bologna and American Cheese Sandwich (1 1/2 oz. Bologna & 1/2 oz cheese)	Sliced Chicken and Munster Cheese on Bun (2 1/2 oz chicken & 1/2 oz. cheese)	Submarine Sandwich (2 1/4 oz. Turkey Ham** & 1/2 oz. White American Cheese)
1st Vegetable/Fruit	Carrot & Celery Sticks (1/4 c.)	Potato Salad (1/3 c.)	Lettuce & Tomato (1/4 c.)	Marinated Whole Kernel Corn/Black Bean/Red Onion Salad (1/4 c. of Corn & Bl. Beans)	Marinated Tomato Salad (1/3 c.)
2nd Vegetable/Fruit	Applesauce (1/2 cup)	Banana (medium)	Fruit Cocktail (1/2 cup)	Orange (medium)	Diced Pears (1/2 cup)
Grain/Bread	Hamburger Bun (1.8 oz./50 g. or larger)	10" Flour Tortilla (.9 oz./25 g. or larger)	White Bread 2 slices (1.8 oz./50 g. or larger)	Whole Wheat Hamburger Bun (1.8 oz./50 g. or larger)	Sub Roll (.9 oz./25 g. or larger)
Other/Condiments	Mustard/Mayonnaise/ Ranch Dressing (1 pkg. ea.)	Mustard Mayonnaise (1 pkg. ea.)	Assorted Salad Dressing (2 T.)	Lemon/Lime Cilantro Salad Dressing (1T.)	Mustard/Mayonnaise (1 pkg. ea.)
SNACK: Milk					
Meat/Meat Alternative	Fruited Yogurt (4 oz. or 1/2 c.)		Cheddar Cheese (1.0 oz. or larger)		
Vegetable/Fruit		100% Apple Juice (3/4 c. or 6 fl. oz.)		100% Mixed Fruit Juice (3/4 c. or 6 fl. oz.)	100% Pineapple Juice (3/4 c. or 6 fl. oz.)
Grain/Bread	Graham Crackers (.9 oz./25 g.)	Sugar Cookie (1.75 oz./49 g.)	Saltine Crackers (8 Squares/.7 oz. /20 g.)	Animal Crackers (.9 oz./25 g.)	Large Homemade Butter Cookie (1.3 oz./62 g.)

Montgomery, Barbara (MDPR)

From: Felicia Cox [coxfelicia@att.net]
Sent: Thursday, February 17, 2011 11:28 AM
To: Montgomery, Barbara (MDPR)
Subject: Re: a sample menu for summer lunches/snacks for TCT sites
Attachments: Cold Menu (Original).doc; Hot Menu (Original).doc; Snack Menu (Original).doc

Hello Ms. Montgomery

Please find attached the approved menus for the 2011 Summer. the Florida Department of Education, Food and Nutrition Management approves all food items and their portion sizes. Listed on the menus, you will find the portions sizes, but that is the only information listed. Please let me know if this information is helpful to you, if not, I will see what other information I can provide. Thank you and have a great day.

Felicia Y. Cox, Program Director
Summer Food Service Program
305-978-3823
coxfelicia@att.net

From: "Montgomery, Barbara (MDPR)" <BMontgom@miamidade.gov>
To: coxfelicia@att.net
Cc: "Langer, Abra (MDPR)" <alanger@miamidade.gov>
Sent: Thu, February 17, 2011 10:58:45 AM
Subject: a sample menu for summer lunches/snacks for TCT sites

Good morning Felicia,

We will need a copy of a sample lunch/snack menu for summer programs that you provide for Children's Trust sites. We would appreciate any nutritional facts or a statement that USDA standard is followed. Thank you for your timely assistance with this.

Barbara Montgomery, Administrative Secretary
Miami-Dade County Parks and Recreation Department
Central Region
10901 SW 24 St., Miami, Florida 33165
786-315-5252 Phone/ 305-552-8770 Fax

Rayfield Family Literacy, Inc.

Summer Food Service Hot Menu 2011

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
June 13 - 17		June 13	June 14	June 15	June 16	June 17	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	100% Apple Juice 4oz Cold Cereal ¼ cup	Bagel-Ers 2.5oz Sliced Pears 4oz	Sausage Patty 2oz Biscuit .9oz Fruit Cocktail 4oz 1T Jelly	Pancakes 2oz Sliced Peaches 4oz	100% Apple Juice 4oz Cold Cereal ¼ cup	
	Lunch/ Supper	Crispy Chicken Patty on a Bun 3oz (CN label) ¾ cup Mixed Vegetables ½ cup Sliced Peaches 100% Mixed Fruit Juice 4oz	Hamburger on a Bun 2.7oz ¾ cup Green Beans ½ cup Pineapple Tidbits Ketchup 1oz 100% Apple Juice 4oz.	BBQ Beef 4oz on a Bun ¾ cup Green Peas ½ cup Sliced Pears 100% Grape Juice 4oz.	1 Turkey Hot Dog on a Bun 2oz ¾ cup Corn 100% Orange Juice 4oz ½ cup Applesauce	2 Slices Pizza Pockets 4.5oz (CN Label) ¾ cup Salad 100% Pineapple-Orange Juice 4oz ½ cup Fruit Cocktail 2 t Salad Dressing	
June 20 – 24		June 20	June 21	June 22	June 23	June 24	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit 4oz Cold Cereal ¼ cup	Breakfast Burrito 2.5oz (Turkey Sausage & Eggs) (CN Label) 100% Orange Juice 4oz	Chicken Patty 2oz Biscuit .9oz 100% Orange-Pineapple Juice 4oz 1T Jelly	Scrambled Eggs 2oz Biscuit .9oz Sliced Peaches 4oz	Sliced Pears 4oz Cold Cereal ¼ cup	
	Lunch/ Supper	1 BBQ Chicken 4oz ¾ cup Green Peas ½ cup Sliced Pears ½ cup Mashed Potatoes 100% Apple Juice	Meatloaf Sandwich on a Bun 3oz ¾ cup Corn ½ cup Sliced Peaches 100% Grape Juice 4 oz	Salisbury Steak 4oz (CN Label) ¾ cup Green Beans ½ cup Fruit Cocktail 100% Orange Juice 4 oz	1 Turkey Corn Dog 4oz (CN Label) ¾ cup Mixed Veggies ½ cup Applesauce 100% Pineapple-Orange Juice 4 oz Mustard 1oz	2 Slices Pizza Pockets 4.5oz (CN Label) ¾ cup Salad ½ cup Pineapple Tidbits 100% Mixed Fruit Juice 4 oz 2 t Salad Dressing	
June 27 - 30		June 27	June 28	June 29	June 30		
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit 4oz Cold Cereal ¼ cup	Breakfast Pizza Pockets 2.5oz (Turkey Sausage) (CN Label) 100% Orange Juice 4oz	Sausage Patty 2oz Biscuit .9oz Fruit Cocktail 4oz 1T Jelly	Pancakes 2oz Fresh Fruit 4oz		
	Lunch/ Supper	3 Chicken Tenders 2.7oz (CN Label) ½ cup Mixed Veggies ½ cup Fruit Cocktail 1 White Dinner Roll .9oz 100% Pineapple-Orange Juice 4 oz.	Hamburger on a Bun 2.7oz ¾ cup Green Beans ½ cup Pineapple Tidbits Ketchup 1oz 100% Apple Juice 4oz.	BBQ Beef 4oz on a Bun ¾ cup Green Peas ½ cup Sliced Pears 100% Grape Juice 4oz.	1 Turkey Hot Dog on a Bun 4oz (minimum 2oz meat) ¾ cup Corn ½ cup Applesauce 100% Orange Juice 4 oz		

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
July 1	Breakfast Lunch/Supper					July 1	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS						100% Apple Juice 4oz Cold Cereal ¼ cup Crispy Chicken Patty on a Bun 3oz (CN label) ¾ cup Salad 2 t salad dressing ½ cup Sliced Peaches 100% Grape Juice 4 oz	
July 4 – 8	Breakfast Lunch/Supper	July 4	July 5	July 6	July 7	July 8	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS		Fresh Fruit 4oz Cold Cereal ¼ cup	Breakfast Burrito 2.5oz (Turkey Sausage & Eggs) (CN Label) 100% Orange Juice 4 oz.	Chicken Patty 2oz Biscuit .9oz 100% Orange-Pine. Juice 4oz 1T Jelly	Scrambled Eggs 2oz Biscuit .9oz Sliced Pears 4oz	Sliced Pears 4oz Cold Cereal ¼ cup	
July 11 – 15	Breakfast Lunch/Supper	July 11	July 12	July 13	July 14	July 15	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS		Fresh Fruit 4oz Cold Cereal ¼ cup	Breakfast Pizza Pockets 2.5oz (Turkey Sausage) (CN Label) 100% Orange Juice 4oz.	Sausage Patty 2oz Biscuit .9oz Fruit Cocktail 4oz 1T Jelly	Turkey Sausage Wrapped Pancake 2oz (CN Label) 100% Orange Juice 4oz	Sliced Pears 4oz Cold Cereal ¼ cup	
July 18 – 22	Breakfast Lunch/Supper	July 18	July 19	July 20	July 21	July 22	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS		Fresh Fruit 4oz Cold Cereal ¼ cup	Breakfast Burrito 2.5oz (Turkey Sausage & Eggs) (CN Label) 100% Orange Juice 4 oz.	Chicken Patty 2oz Biscuit .9oz 100% Orange-Pineapple Juice 4oz	French Toast Sticks 3ea Orange Juice 4oz Syrup 1oz	Sliced Pears 4oz Cold Cereal ¼ cup	
July 25 – 29	Breakfast Lunch/Supper	July 25	July 26	July 27	July 28	June 29	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS		100% Apple Juice 4oz Cold Cereal ¼ cup	Bagel-Ers 2.5oz Sliced Pears 4oz.	Sausage Patty 2oz Biscuit .9oz Fruit Cocktail 4oz 1T Jelly	Pancakes 2oz Fresh Fruit 4oz	100% Apple Juice 4oz Cold Cereal ¼ cup	
	Breakfast Lunch/Supper	July 25	July 26	July 27	July 28	June 29	
		Crispy Chicken Patty on a Bun 3oz (CN label) ¾ cup Mixed Veggies ½ cup Sliced Peaches 100% Pineapple-Orange Juice 4 oz	Hamburger on a Bun 2.7oz ¾ cup Green Beans ½ cup Pineapple Tidbits 100% Apple Juice 4 oz Ketchup 1oz	BBQ Beef 4oz on a Bun ¾ cup Green Beans ½ cup Sliced Pears 100% Grape Juice 4oz.	1 Turkey Hot Dog on a Bun 4oz (minimum 2oz meat) ¾ cup Corn ½ cup Applesauce 100% Orange Juice 4 oz	2 Slices Pizza Pockets 4.5oz (CN Label) ¾ cup Salad 100% Apple Juice 4 oz ½ cup Fruit Cocktail 2 teaspoon Salad Dressing	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
August 1 – 5		August 1	August 2	August 3	August 4	August 5	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit 4oz Cold Cereal ¼ cup	Breakfast Burrito 2.5oz (Turkey Sausage & Eggs) (CN Label) 100% Orange Juice 4 oz.	Chicken Patty 2oz Biscuit .9oz 100% Orange-Pineapple Juice 4oz 1T Jelly	French Toast Sticks 3ea Orange Juice 4oz Syrup 1oz	Sliced Pears 4oz Cold Cereal ¼ cup	
	Lunch/Supper	1 Teriyaki Chicken 4oz (CN Label) 3/8 cup Mixed Vegetables ½ cup Applesauce ½ cup Mashed Potatoes 100% Grape Juice 4 oz	1 Turkey Corn Dog 4oz (CN Label) 3/8 cup Green Peas ½ cup Sliced Pears 100% Apple Juice 4 oz Mustard 1oz	Hamburger on a Bun 2.7oz 3/8 cup Corn ½ cup Pineapple Tidbits 100% Mixed Fruit Juice 4 oz Ketchup 1oz	3 Chicken Tenders 2.7oz (CN Label) ½ cup Green Beans ½ cup Fruit Cocktail 100% Grape Juice 4 oz 1 White Dinner Roll .9oz	2 Slices Pizza Pockets 4.5oz (CN Label) 3/8 cup Salad ½ cup Peaches 100% Orange Juice 4 oz 2 t Salad Dressing	
August 8 – 12		August 8	August 9	August 10	August 11	August 12	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit 4oz Cold Cereal ¼ cup	Breakfast Burrito 2.5oz (Turkey Sausage & Eggs) (CN Label) 100% Orange Juice 4oz	Chicken Patty 2oz Biscuit .9oz 100% Orange-Pineapple Juice 4oz 1T Jelly	Scrambled Eggs 2oz Biscuit .9oz Sliced Pears 4oz	Sliced Pears 4oz Cold Cereal ¼ cup	
	Lunch/Supper	1 BBQ Chicken 4oz 3/8 cup Green Peas ½ cup Sliced Pears ½ cup Mashed Potatoes 100% Pineapple Orange Juice 4 oz	Meatloaf on a Bun 3oz 3/8 cup Corn ½ cup Sliced Peaches 100% Mixed Fruit Juice 4 oz	Crispy Chicken Patty on a Bun 3oz (CN label) 3/8 cup Mixed Veggies 100% Grape Juice 4 oz ½ cup Fruit Cocktail	1 Turkey Hot Dog on a Bun 4oz (minimum 2oz meat) 3/8 cup Green Beans ½ cup Applesauce 100% Orange Juice 4 oz	2 Slices Pizza Pockets 4.5oz (CN Label) 3/8 cup Salad ½ cup Pineapple Tidbits 100% Apple Juice 4 oz 2 t Salad Dressing	
August 15 – 19		August 15	August 16	August 17	August 18	August 19	
8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit 4oz Cold Cereal ¼ cup	Breakfast Pizza Pockets 2.5oz (Turkey Sausage) (CN Label) 100% Orange Juice 4oz	Sausage Patty 2 oz. Biscuit .9oz Fruit Cocktail 4oz 1T Jelly	Turkey Sausage Wrapped Pancake (CN Label) 2oz 100% Orange Juice 4oz	Sliced Pears 4oz Cold Cereal ¼ cup	
	Lunch/Supper	3 Chicken Tenders 2.7oz (CN Label) ½ cup Mixed Veggies ½ cup Applesauce 100% Grape Juice 1 White Dinner Roll .9oz	Salisbury Steak 4oz (CN Label) 3/8 cup Green Peas ½ cup Sliced Pears ½ cup Mashed Potatoes Beef Gravy 1oz 100% Apple Juice 4 oz	BBQ Beef 4oz on a Bun 3/8 cup Corn ½ cup Sliced Peaches 100% Grape Juice 4oz.	4 Piece Meatball Sub Sandwich 4oz 3/8 cup Green Beans ½ c Pineapple Tidbits 100% Mixed Fruit Juice 4 oz Mayonnaise 1oz	2 Slices Pizza Pockets 4.5oz (CN Label) 3/8 cup Salad 4 oz. Apple Juice ½ cup Fruit Cocktail 2 teaspoon Salad Dressing	

Rayfield Family Literacy, Inc.

Summer Food Service Snack Menu 2011

June 13 - 30	MONDAY June 13	TUESDAY June 14	WEDNESDAY June 15	THURSDAY June 16	FRIDAY June 17	
SNACK MENU	Snack Mix (1 oz peanuts in mix) 100% Fruit Juice 6 oz	White/Choc Milk 8 oz Graham Crackers .9 oz	100% Fruit Juice 6 oz Soft or Hard Pretzels .9 oz	100% Fruit Juice 6 oz Tortilla Chips .9 oz	White/Chocolate Milk 8 oz Oatmeal Cookies 2.2 oz	
	June 20	June 21	June 22	June 23	June 24	
	100% Fruit Juice 6 oz Granola Bar 2.2 oz	Cheese Crackers (1 oz ch) 100% Fruit Juice 6 oz	100% Fruit Juice 6 oz Tortilla Chips .9 oz	White/Choc. Milk 8 oz Choc. Chip Cookies 2.2 oz	Goldfish Crackers .9 oz 100% Fruit Juice 6 oz	
	June 27	June 28	June 29	June 30		
	Cereal ¼ cup White Milk 8 oz	White/Choc Milk 8 oz Graham Crackers .9 oz	100% Fruit Juice 6 oz Soft or Hard Pretzels .9 oz			

SNACK MENU

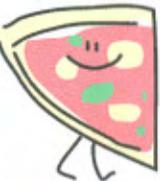
July 1 - 30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
						July 1	
						White/Choc Milk 8 oz Graham Crackers .9 oz	
	July 4	July 5	July 6	July 7	July 8		
	100% Fruit Juice 6 oz Granola Bar 2.2 oz	Cheese Crackers (1 oz ch.) 100% Fruit Juice 6 oz	100% Fruit Juice 6 oz Tortilla Chips .9 oz	White/Choc. Milk 8 oz Choc. Chip Cookies 2.2 oz	Snack Mix (1 oz peanuts in mix) 100% Fruit Juice 6 oz		
	July 11	July 12	July 13	July 14	July 15		
	Cereal ¼ cup White Milk 8 oz	White/Choc Milk 8 oz Graham Crackers .9 oz	100% Fruit Juice 6 oz Soft or Hard Pretzels .9 oz	100% Fruit Juice 6 oz Tortilla Chips .9 oz	White/Choc Milk 8 oz Oatmeal Cookies 2.2 oz		
	July 18	July 19	July 20	July 21	July 22		
	100% Fruit Juice 6 oz Animal Crackers .9 oz	Cheese Crackers (1 oz ch.) 100% Fruit Juice 6 oz	Applesauce 6 oz Graham Crackers .9 oz	White/Choc. Milk 8 oz Choc. Chip Cookies 2.2 oz	Snack Mix (1 oz peanuts in mix) 100% Fruit Juice 6 oz		
	July 25	July 26	July 27	July 28	July 29		
	Granola Bar 2.2 oz 100% Fruit Juice 6 oz	White/Choc Milk 8 oz Graham Crackers .9 oz	100% Fruit Juice 6 oz Soft or Hard Pretzels .9 oz	100% Fruit Juice 6 oz Tortilla Chips .9 oz	Cereal Bar 2.2 oz White Milk 8 oz		

August 1 - 19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	August 1	August 2	August 3	August 4	August 5	
SNACK MENU	Oatmeal Cookies .9 oz White/Chocolate Milk 8 oz	100% Fruit Juice 6 oz Soft or Hard Pretzels .9 oz	White/Choc Milk 8 oz Graham Crackers .9 oz	Goldfish Crackers .9 oz 100% Fruit Juice 6 oz	Snack Mix (1 oz peanuts in mix) 100% Fruit Juice 6 oz	
	August 8	August 9	August 10	August 11	August 12	
	100% Fruit Juice 6 oz Granola Bar 2.2 oz	Cheese Crackers (1oz ch.) 100% Fruit Juice 4 oz	100% Fruit Juice 6 oz Tortilla Chips .9 oz	White/Choc. Milk 8 oz Choc. Chip Cookies 2.2 oz	Cereal ¾ cup White Milk 8 oz	
	August 15	August 16	August 17	August 18	August 19	
	Applesauce 6 oz Graham Crackers .9 oz	White/Choc Milk 8 oz Cereal Bar 2.2 oz	100% Fruit Juice 6 oz Soft or Hard Pretzels .9 oz	100% Fruit Juice 6 oz Tortilla Chips .9 oz	White/Choc Milk 8 oz Oatmeal Cookies .9 oz	

Rayfield Family Literacy, Inc.

Summer Food Service Cold Menu 2011

June 13 - 17		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	June 13 Fresh Fruit ½ c. Cold Cereal ¾ c.	June 14 Blueberry Muffin 1.8oz 100% Apple Juice 4oz	June 15 Applesauce 4oz Cold Cereal ¾ c.	June 16 Bagel .9oz 100% Orange-Pineapple Juice 4oz	June 17 Fresh Fruit 4oz Cold Cereal ¾ c.	
	Lunch/Supper	Bologna 2oz & Cheese .5oz Croissant 1.8oz 100% Orange Juice 4oz Fruit Cocktail 4oz	Crispy Chicken Sandwich 3oz (CN Label) Bun 4" 1.8 oz. Sliced Pear 4oz 100% Grape Juice 4oz	Ham 2 ¼ oz & cheese .5oz Sliced Bread 2 ea 100% Apple Juice 4oz Pineapple Tidbits 4oz	All American Hoagie 2 ¼ oz. each Ham & Tky Cheese .5oz Bun 4" 1.8oz 100% Mixed Fruit Juice 4oz Sliced Peaches 4oz	Turkey Wrap 2 ¼ oz Deli Turk & ½ oz ch. 10" Flour Tortilla .9oz Sliced Pears 4 oz 100% Pineapple Orange Juice 4oz	
June 20 - 24		June 20	June 21	June 22	June 23	June 24	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	June 20 Fresh Fruit ½ c. Cold Cereal ¾ c.	June 21 Blueberry Muffin 1.8oz 100% Pineapple Juice 4oz	June 22 Fresh Fruit ½ c. Cold Cereal ¾ c.	June 23 Bagel .9oz 100% Grape Juice 4 oz.	June 24 Fresh Fruit ½ c. Cold Cereal ¾ c.	
	Lunch/Supper	Chicken Pasta Salad (1 cup pasta and 2oz chicken) 100% Apple Juice 4oz Sliced Peaches 4oz	Turkey & Cheese Croissant 2 ¼ oz. Deli Turkey Cheese .5oz Croissant 1.8oz 100% Orange Juice 4oz Fruit Cocktail 4oz	Meatloaf Sandwich 3oz Sliced Bread 2 each 3 oz 100% Apple Juice 4oz Sliced Pears 4 oz	5 Chicken Nuggets (CN Label) Dinner Roll .9 oz 100% Org/Pine Juice 4oz Pineapple Tidbits 4oz	Bologna 2oz & Cheese .5oz Bun 4" 1.8oz 100% Apple Juice 4oz Applesauce 4oz	
June 27 - 30		June 27	June 28	June 29	June 30		
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	June 27 Fresh Fruit ½ c. Cold Cereal ¾ c.	June 28 Blueberry Muffin 1.8oz 100% Grape Juice 4oz	June 29 Fresh Fruit ½ c. Cold Cereal ¾ c.	June 30 Bagel .9oz 100% Orange-Pineapple Juice 4oz		
	Lunch/Supper	Ham 2 ¼ oz & cheese .5oz Sliced Bread 2 ea Apple Juice 100% 4oz Fruit Cocktail 4oz	Bologna 2oz & Cheese .5oz Croissant 1.8oz 100% Orange Juice 4oz Pineapple Tidbits 4oz	Turkey 2 ¼ oz & Cheese .5oz Sliced Bread 2 ea 100% Org/Pine Juice 4oz Sliced Pears 4oz	All American Hoagie 2 ¼ oz. each Ham & Tky Cheese .5oz Bun 4" 1.8oz 100% Mixed Fruit Juice 4oz Sliced Peaches 4oz		

July 1		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast					July 2	
	Lunch/Supper					Fresh Fruit ½ c. Cold Cereal ¾ c. Crispy Chicken Sandwich 3oz (CN Label) Bun 4" 1.8 oz. Sliced Pear 4oz 100% Grape Juice 4oz	
July 4 - 8		July 4	July 5	July 6	July 7	July 8	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Cold Cereal ¾ c.	Blueberry Muffin 1.8oz 100% Pineapple Juice 4oz	Fresh Fruit ½ c. Cold Cereal ¾ c.	Bagel .9oz 100% Grape Juice 4 oz.	Fresh Fruit ½ c. Cold Cereal ¾ c.	
	Lunch/Supper	Chicken Pasta Salad (1 cup pasta and 2oz chicken) 100% Apple Juice 4oz Sliced Peaches 4oz	Turkey & Cheese Croissant 2 ¼ oz. Deli Turkey Cheese .5oz Croissant 1.8oz 100% Orange Juice 4oz Fruit Cocktail 4oz	Meatloaf Sandwich 3oz Sliced Bread 2 each 4oz 100% Apple Juice 4oz Sliced Pears 4 oz	5 Chicken Nuggets (CN Label) Dinner Roll .9 oz 100% Org/Pine Juice 4oz Pineapple Tidbits 4oz	Bologna 2oz & Cheese .5oz Bun 4" 1.8oz 100% Apple Juice 4oz Applesauce 4oz	
July 11 - 15		July 11	July 12	July 13	July 14	July 15	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Cold Cereal ¾ c.	Blueberry Muffin 1.8oz 100% Grape Juice 4oz	Fresh Fruit ½ c. Cold Cereal ¾ c.	Bagel .9oz 100% Apple Juice 4oz	Fresh Fruit ½ c. Cold Cereal ¾ c.	
	Lunch/Supper	Ham 2 ¼ oz & cheese .5oz Sliced Bread 2 ea Apple Juice 100% 4oz Fruit Cocktail 4oz	Bologna 2oz & Cheese .5oz Croissant 1.8oz 100% Orange Juice 4oz Pineapple Tidbits 4oz	Turkey 2 ¼ oz & Cheese .5oz Sliced Bread 2 ea 100% Org/Pine Juice 4oz Sliced Pears 4oz	All American Hoagie 2 ¼ oz. each Ham & Tky Cheese .5oz Bun 4" 1.8oz 100% Orange Juice 4oz Sliced Peaches 4oz	Turkey Wrap 2 ¼ oz Deli Turk & ½ oz ch. 1/4c or more Lett & Tom. 10" Flour Tortilla .9oz Applesauce 4 oz 100% Grape Juice 4oz	
July 18 - 22		July 18	July 19	July 20	July 21	July 22	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Cold Cereal ¾ c.	Blueberry Muffin 1.8oz 100% Apple Juice 4oz	Applesauce 4oz Cold Cereal ¾ c.	Bagel .9oz 100% Orange-Pineapple Juice 4oz	Fresh Fruit 4oz Cold Cereal ¾ c.	
	Lunch/Supper	Bologna 2oz & Cheese .5oz Croissant 1.8oz 100% Orange Juice 4oz Fruit Cocktail 4oz	Crispy Chicken Sandwich 3oz (CN Label) Bun 4" 1.8 oz. Sliced Pear 4oz 100% Grape Juice 4oz	Ham 2 ¼ oz & cheese .5oz Sliced Bread 2 ea 100% Apple Juice 4oz Pineapple Tidbits 4oz	All American Hoagie 2 ¼ oz. each Ham & Tky Cheese .5oz Bun 4" 1.8oz 100% Mixed Fruit Juice 4oz Sliced Peaches 4oz	Turkey Wrap 2 ¼ oz Deli Turk & ½ oz ch. 10" Flour Tortilla .9oz Sliced Pears 4 oz 100% Pineapple Orange Juice 4oz	
July 25 - 29		July 25	July 26	July 27	July 28	July 29	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Cold Cereal ¾ c.	Blueberry Muffin 1.8oz 100% Pineapple Juice 4oz	Fresh Fruit ½ c. Cold Cereal ¾ c.	Bagel .9oz 100% Grape Juice 4 oz.	Fresh Fruit ½ c. Cold Cereal ¾ c.	
	Lunch/Supper	Chicken Pasta Salad (1 cup pasta and 2oz chicken) 100% Apple Juice 4oz Sliced Peaches 4oz	Turkey & Cheese Croissant 2 ¼ oz. Turkey Ch .5oz Croissant 1.8oz 100% Orange Juice 4oz Fruit Cocktail 4oz	Meatloaf Sandwich 3oz Sliced Bread 2 each 4oz 100% Apple Juice 4oz Sliced Pears 4 oz	5 Chicken Nuggets (CN Label) Dinner Roll .9 oz 100% Org/Pine Juice 4oz Pineapple Tidbits 4oz	Bologna 2oz & Cheese .5oz Bun 4" 1.8oz 100% Apple Juice 4oz Applesauce 4oz	

August 1 – 5		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	August 1 Fresh Fruit ½ c. Cold Cereal ¾ c.	August 2 Blueberry Muffin 1.8oz 100% Grape Juice 4oz	August 3 Fresh Fruit ½ c. Cold Cereal ¾ c.	August 4 Bagel .9oz 100% Apple Juice 4oz	August 5 Fresh Fruit ½ c. Cold Cereal ¾ c.	
	Lunch/Supper	Ham 2 ¼ oz & cheese .5oz Sliced Bread 2 ea Apple Juice 100% 4oz Fruit Cocktail 4oz	Bologna 2oz & Cheese .5oz Croissant 1.8oz 100% Orange Juice 4oz Pineapple Tidbits 4oz	Turkey 2 ¼ oz & Cheese .5oz Sliced Bread 2 ea 100% Org/Pine Juice 4oz Sliced Pears 4oz	All American Hoagie 2 ¼ oz. each Ham & Tky Cheese .5oz Bun 4" 1.8oz 100% Orange Juice 4oz Sliced Peaches 4oz	Turkey Wrap 2 ¼ oz Deli Turk & ½ oz ch. 1/4c or more Lett & Tom. 10" Flour Tortilla .9oz Applesauce 4 oz 100% Grape Juice 4oz	
August 8 – 12		August 8	August 9	August 10	August 11	August 12	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Cold Cereal ¾ c.	Blueberry Muffin 1.8oz 100% Apple Juice 4oz	Applesauce 4oz Cold Cereal ¾ c.	Bagel .9oz 100% Orange-Pineapple Juice 4oz	Fresh Fruit 4oz Cold Cereal ¾ c.	
	Lunch/Supper	Bologna 2oz & Cheese .5oz Croissant 1.8oz 100% Orange Juice 4oz Fruit Cocktail 4oz	Crispy Chicken Sandwich 3oz (CN Label) Bun 4" 1.8 oz. Sliced Pear 4oz 100% Grape Juice 4oz	Ham 2 ¼ oz & cheese .5oz Sliced Bread 2 ea 100% Apple Juice 4oz Pineapple Tidbits 4oz	All American Hoagie 2 ¼ oz. each Ham & Tky Cheese .5oz Bun 4" 1.8oz 100% Mixed Fruit Juice 4oz Sliced Peaches 4oz	Turkey Wrap 2 ¼ oz Deli Turk & ½ oz ch. 10" Flour Tortilla .9oz Sliced Pears 4 oz 100% Pineapple Orange Juice 4oz	
August 15 – 19		August 15	August 16	August 17	August 18	August 19	
WHITE/CHOC MILKSERVED WITH ALL MEALS	Breakfast	Fresh Fruit ½ c. Cold Cereal ¾ c.	Blueberry Muffin 1.8oz 100% Pineapple Juice 4oz	Fresh Fruit ½ c. Cold Cereal ¾ c.	Bagel .9oz 100% Grape Juice 4 oz.	Fresh Fruit ½ c. Cold Cereal ¾ c.	
	Lunch/Supper	Chicken Pasta Salad (1 cup pasta and 2oz chicken) 100% Apple Juice 4oz Sliced Peaches 4oz	Turkey & Cheese Croissant 2 ¼ oz. Turkey Ch .5oz Croissant 1.8oz 100% Orange Juice 4oz Fruit Cocktail 4oz	Meatloaf Sandwich 3oz Sliced Bread 2 each 4oz 100% Apple Juice 4oz Sliced Pears 4 oz	5 Chicken Nuggets (CN Label) Dinner Roll .9 oz 100% Org/Pine Juice 4oz Pineapple Tidbits 4oz	Bologna 2oz & Cheese .5oz Bun 4" 1.8oz 100% Apple Juice 4oz Applesauce 4oz	

Deli Turkey has water added and does not credit ounce for ounce. You must use 1.6 ounces of Deli turkey for 1 ounce Meat/Meat Alternate.

Turkey Ham has water added and does not credit ounce for ounce. You must use 1.4 ounces of Turkey Ham for 1 ounce Meat/Meat Alternate.

GENERAL INFORMATION

Organization Name:	Miami-Dade County Park and Recreation Departement (MDPR)	
Agency Fiscal Year:	October 1 to September 30	(for example: July 1 to June 30)
Program Title:	MDPR Out-of-School CWD Program	

BUDGET REVENUES				
Agency Source of Funding	Name of Source of Matching Funds for the Program Budget	Program Revenues	Agency Revenues	% of Agency Revenues
Trust Amount Requested		\$637,952.40	\$637,952.40	1.1%
Trust Other Funding				0.0%
Total Sources of Revenue Other than The Trust and In-Kind		0.00	0.00	0.0%
<i>Miami-Dade County Grants(Local)</i>				0.0%
<i>Federal Grants</i>				0.0%
<i>State Grant</i>				0.0%
<i>Foundations/Charitable Funds</i>				0.0%
<i>Cash/Fees/Other Revenue</i>				0.0%
- Cash				0.0%
- Program Fees				0.0%
- CDS Subsidies for School-Aged children				0.0%
- Other				0.0%
- Other				0.0%
In-Kind Contributions (list below)		255,740.00	57,001,000.00	98.9%
Miami-Dade County (General Revenue/Fund)			57,001,000.00	98.9%
Miami-Dade County (Matching Fund Amount)		255,740.00		0.0%
				0.0%
Subtotal Sources of Revenue Other than The Trust		255,740.00	57,001,000.00	98.9%
Total Budget - Revenues		\$ 893,692.40	\$ 57,638,952.40	100.0%