Programs for Youth with Disabilities

Out of School Programs
Afterschool: Monday–Friday, August–June from 2-5 p.m.
Seasonal Camps and Teacher Work Days: 9 a.m.-5 p.m.

These programs are for Children with Disabilities ages 6-21 and are funded by Miami-Dade Parks, Recreation and Open Spaces and The Children's Trust at no cost to participants.

Junior Paralympic Sports Club
Camp Matecumbe
Saturdays, September–May
9:30-11:30 a.m.
$40 for 8 sessions
Youth ages 9-16 with physical or visual disabilities learn adapted sports, become familiar with adaptive recreation equipment and engage in active sports and games. For details call 305-234-1673 or email jsantia@miamidade.gov.

Art in the Park
Camp Matecumbe, Highland Oaks Park and Miller Drive Park
Saturdays, September–May
9-11 a.m.
$35 per 12 week session
Youth ages 6-17 with and without disabilities learn visual arts in an inclusive social setting led by professional artists/teachers and disability experts. Miami-Dade Cultural Affairs and Arts for Learning are partners in this program. For details call 305-576-1212 or email DIA@a4lmiami.org.

S.T.A.R.S – Skills Training for Autism Recreational Sports
Greynolds Park and Tamiami Park
Saturdays
10-11 a.m. for ages 6-12
11 a.m.-noon for ages 13-18
$40 for per 8 week session
Children with Autism ages 6-18 learn fundamentals of sports in four consecutive 8 week sessions of each; soccer, basketball, flag football and swimming.

Locations
Westwind Lakes Park
6805 SW 152 Avenue
305-380-9106
decourt@miamidade.gov
Camp Matecumbe
13841 SW 120 Street
305-752-4966
dbonet@miamidade.gov
Goulds Park
11301 SW 216 Street
305-234-1673
Jsantia@miamidade.gov

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Locations
Highland Oaks Park
20300 NE 24 Avenue
305-576-1212
DIA@a4lmiami.org
Miller Drive Park
5510 SW 94 Court
305-576-1212
DIA@a4lmiami.org
Camp Matecumbe
13841 SW 120 Street
305-752-4966
DIA@a4lmiami.org
Greynolds Park
2270 NE Miami Gardens Drive
305-931-5025
jthera@miamidade.gov
Tamiami Park
11201 SW 24 Street
305-222-2128
ArleneL@miamidade.gov

All programs are supervised by Certified Therapeutic Recreation Specialists. Annual registration fee is $12. Pre-registration is required.
Programs for Adults with Disabilities

Wheelchair Basketball Team
Miami Springs Recreation Center
Saturdays, September–March
2–4 p.m.
Wheelchair athletes 18 and up practice weekly and compete in Florida and National Wheelchair Basketball Association tournaments. Basketball wheelchairs are available for practice. This program is sponsored by the Leisure Access Foundation and the Miami Heat.

Archery
Camp Matcumeck
Second and forth Tuesday, September–April
10 a.m.–noon
$40 for 8 sessions
Adults with physical disabilities learn introductory archery skills. Adapted archery equipment is provided.

Handcycling
Homestead Air Reserve Park
Thursdays, September–April
5–7 p.m.
Adults with physical disabilities train on handcycles and prepare for local and regional rides and races. Handcycles are provided and beginners are welcome. This program is sponsored by Achilles International Track Club.

Goalball Team
Gwen Cherry Park YET Center
Saturdays, October–March
2–4 p.m.
Free
Individuals ages 14 and up who are blind or visually impaired learn to play goalball, a sport created for blind athletes, for fitness and beginners are welcome. This program is sponsored by the Leisure Access Foundation and the Miami Heat.

Water Exercise
$40 for 8 sessions
Adults with arthritis or other physical disabilities participate in low impact group water exercise routines to promote flexibility, strength and balance.

Swimming Lessons
Children and adults ages 6 and up with physical or visual disabilities learn water safety, swimming and aquatic fitness activities.

Walking
AD Barnes Park
Mondays and Wednesdays, Basketball and Bowling
4–5 p.m.
$40 monthly
Participants develop individual and team skills in basketball, bowling, track & field and swimming for fitness, recreation and competition.

Paralympic Experience
Tropical Park
March 12
10 a.m.–2 p.m.
Paralympic sports for children and adults with disabilities. Activities include: wheelchair basketball, handcycling, kayaking, bocia, wheelchair tennis and goalball. For details call 305-234-1673 or email jantia@miamidade.gov.

Programs for Adults 21 & Up with Intellectual Disabilities

The Leisure Access Center in A.D. Barnes Park provides programs for adults 21 and up with Intellectual Disabilities. The Leisure Access Center is a Medicaid Waiver provider. For details call 305-665-5319 or giseP@miamidade.gov.

Adult Day Training
Monday–Friday
8:30 a.m.–4:30 p.m.
$320 weekly or Medicaid Waiver
Training activities support the participation of individuals in daily, meaningful, valued routines of the community, including self-advocacy, literacy, fitness, life safety, decision making, nutrition and more.

Seasonal Sports Training
Mondays and Wednesdays, Basketball and Bowling
Thursdays and Tuesdays, Track & Field and Swimming
4–5 p.m.
$40 monthly
Participants develop individual and team skills in basketball, bowling, track & field and swimming for fitness, recreation and competition.

Fun on Fridays
Fridays
5:10–30 p.m.
$25
A social program for adults who enjoy evening community trips to restaurants, theatres and sports venues while improving community safety and independence.

Saturday in the Park
Saturdays
9 a.m.–5 p.m.
$30
A community recreation program for adults who enjoy daytime visits to local attractions while working to improve community safety and independence.

Sadie's Journey to Independence: Life Skills Workshops
Love Is…
Wednesday, January 20
6–7 p.m.
A financial planning professional with expertise in disability financial issues will lead the workshop, answer questions and offer resources for families of children or adults with a disability.

Special Events

Special Needs Financial Planning Workshop
Westwind Lakes Park
Wednesday, January 20
6–7 p.m.
A financial planning professional with expertise in disability financial issues will lead the workshop, answer questions and offer resources for families of children or adults with a disability.

Love Is… Leisure Access Center in AD Barnes Park
Wednesday, February 10
5 p.m.
Free
In partnership with Art Works for Us and Miami Theater Center, adults with intellectual disabilities will put on a performance celebrating love in all its varieties and expressions. For details call 305-665-5319 or email giseP@miamidade.gov. The In-Parc Series project is made possible with the support of Miami-Dade County Department of Cultural Affairs and the Cultural Affairs Council, The Miami-Dade County Mayor and Board of County Commissioners.

Transition Resource Fair
AD Barnes Park Leisure Access Center
Wednesday, April 8
5–7 p.m.
The goal is to assist youth with intellectual disabilities and their families in transitioning from high school to community, volunteer or employment activities. For details call 305-665-5319 or email giselp@miamidade.gov.

Locations

AD Barnes Park
Leisure Access Center
3401 SW 72 Avenue
Westwind Lakes Park
6800 SW 152 Avenue
Tropical Park
7900 SW 40 Street

Miami-Dade Parks is committed to providing access to persons with disabilities in all of its programs and facilities. The programs listed here are exclusively for individuals with disabilities. If you are interested in participating in a general recreation program at a Miami-Dade Park, and require ADA accommodations, Park staff will work with you to assure you are included appropriately. Contact us at 305-755-7848, pds@miamidade.gov or speak with the Park Manager at the site where you would like to participate for assistance.