



Miami-Dade Parks Disability Services Paralympic Sport Club & Paralympic Partners



Community Program Calendar / Fall 2016

****All programs are subject to change depending on weather and other conditions. Please call program contacts before attending.***

To request material in accessible format, information on access for persons with disabilities, or sign language interpreter services (7 days in advance), call 305-755-7848.

Program	Population	Age	Program Provider & Location	Days / Time	Contact Information	Cost
Adapted Swimming (Sept.-May)	Physical & Visual Disabilities	6-adult	Miami-Dade Parks AD Barnes Park 3401 SW 72nd Ave. Miami, FL	Saturdays, hours vary *must set an appointment	Belinda Phillips, CTRS 305-755-7848 bphilli@miamidade.gov	\$40 / 8 sessions \$150/ 8 individual sessions
Adapted Swimming	Physical & Visual Disabilities	6-adult	Miami-Dade Parks Palm Springs North Pool 7901 NW 176 Street, Miami, FL	TBD, hours vary *must set an appointment	Thera Johnson, CTRS 305-931-5025, 305-935-4588 jthera@miamidade.gov	\$40 / 8 sessions \$150/ 8 individual sessions
Adapted Swimming	Physical & Developmental Disabilities	3-adult	The Gleanegles Country Club Aquatic Center/CMAA Therapeutic Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	Class times/days vary classes held twice weekly	Don Ross 561-966-7022 dross@pbcgov.org	\$55/6 class session (1:1, private)
Archery (Sept.-April)	Physical and Visual Disabilities	youth-adult	Miami-Dade Parks Camp Matecumbe 13841 SW 120 St. Miami, FL	2nd and 4th Tues of each month	Jody Cox, CTRS 305-234-1673 jsantia@miamidade.gov	\$40/8 sessions
Boccia (Oct-Apr)	Physical Disabilities	youth-adult	Miami-Dade Parks NFL YET Center 7090 NW 22 Ave.	Saturdays, 2-4 PM	Jody Cox, CTRS 305-234-1673 jsantia@miamidade.gov	\$40/8 sessions
Boccia	Physical Disabilities	youth-adult	Palm Beach County Therapeutic Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	Mon, Wed, Fri 2-5 pm when the gym is available	Stacy Staebell, CTRS (561) 966-7021	Free
Goalball	Visual Disabilities	youth-adult	Palm Beach County Therapeutic Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	Saturday, Hours vary. *Call for schedule.	Stacy Staebell, CTRS (561) 966-7021	Free
Golf	Physical Disabilities	youth & adult	Adaptive Golf Institute, Inc. Weston Hills Country Club 2600 Country Club Way Weston, FL	Tuesday (by appointment) 3:00-6:00 pm	Ryan Chiplock 954-812-3933 golf@adaptivegolfinstitute.org	Call for more info.
Golf	Physical Disabilities	Ages 13- adult	PBC Therapeutic Recreatio Center John Prince Golf Learning Center 4754 S Congress Ave. Lake Worth, FL	Saturdays 9-10am Program dates TBD	Nick Priolo 561-966-7020 npriolo1@pbcgov.org	\$25
Handcycling	Physical Disabilities	All ages	Achilles Florida Homestead Air Reserve Park 27401 SW New York Ave. Homestead, FL	1st and 3rd Thursday of each month and Saturdays, times vary *must call to reserve a handcycle	Fransisco Abreu 305-469-9379	Free

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Handcycling	Physical Disabilities	All ages	Achilles Florida CMAA Therapeutic Recreation Complex 2728 Lake Worth Rd. Lake Worth, FL 33461	Sundays, 8:30-11:00am	Jacqui Kapinowski kappy831@aol.com	Free
Handcycle loaner program	Physical Disabilities	18-adult	Broward County Parks & Recreation Central Broward Regional Park 3700 NW 11 Pl. Lauderhill, FL	Various *Must call ahead and have previoius experience	Dori Horowitz-Remillet, CTRS 954-357-8170 (TTY) 954-537-2844 dhorowitz@broward.org www.broward.org/parks	Free
Handcycle loaner program	Physical Disabilities	Teens/ Adults	Therapeutic Recreation Complex 2728 Lake Worth Rd. Lake Worth, FL 33461	Mon.-Fri. *Must call in advance to confirm time	Ceci Grainger 561-966-7088 cgrainger@pbcgov.org	Free
Jr. Paralympic Sports Club (Sept.-May)	Physical and Visual Disabilities	Youth	Miami-Dade Parks Camp Matecumbe 13841 SW 120 St. Miami, FL	Saturdays (Sept.-May) 10am-12pm	Jody Cox, CTRS 305-234-1673 jsantia@miamidade.gov	\$40/8 sessions
Open Gym with Vitaglide	Physical & Visual Disabilities	Adult	City of North Miami Beach Gwen Margolis Amphitheater 16501 NE 16th Ave. North Miami Beach, FL	M, W, F 5pm-7:30 pm Sat. 9:30 am-11:30am	Delven Patterson 305-948-2928 delven.patterson@city.nmb.com	Free

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Quad Rugby	Individuals with upper and lower extremity impairment	Adult	Location To Be Determine	Day/Time TBD	Rodrigo Gasteazoro 305-987-1788 rodrigogasteazoro@gmail.com	Free
Rowing	Physical Disabilities	Adult	Miami Beach Rowing Club 6500 Indian Creek Dr, Miami Beach, FL 33141	M, W, F 7am-11am *Must call in advance.	Bob Wright 305-861-8876 bobbyw@the-beach.net	Free
Sailing, Kayaking, Powerboats	Physical Disabilities & Visual Disabilities	Various	Shake-A-Leg of Miami 2620 South Bayshore Dr. Miami, FL	Program days and times vary	305-858-5550 www.shakealegmiami.org	varies
Saling, charters, Racing	Physical Disabilities	Youth-Adult	Team Paradise Sailing US Sailing Center 2476 South Bayshore Dr. Miami, FL 33133	Program days and times vary	Magnus Liljedahl 305-854-3500 www.teamparadise.org	varies
Sled Hockey / Tiger Sharks	Physical Disabilities	youth-adult	Panthers Ice Den 3299 Sportsplex Drive Coral Springs, FL	Sundays - call for time	Daniella Robbins, CTRS 941-538-2339 drobbins@pbcgov.org	Free
Tandem Cycling	Visual Disabilities	Adult	City of North Miami Beach Gwen Margolis Amphitheater 16501 NE 16th Ave. North Miami Beach, FL	Saturdays 9:30 am to 10:30 am	Delven Patterson 305-948-2928 delven.patterson@city.nmb.com	Free
Tandem Cycling	Visual Disabilities	Adult	Broward County Parks & Recreation Locations vary	Days and times vary	Dori Horowitz-Remillet, CTRS 954-357-8170 (TTY) 954-537-2844 dhorowitz@broward.org www.broward.org/parks	Free
Wheelchair Basketball "Miami Heat Wheels"	Physical Disabilities	16-adult	Miami-Dade Parks Miami Springs Recreation Center 1401 Westward Dr. Miami Springs, FL	Saturdays, 2-4 PM Sept.-April	Diana Bonet 305-380-9016 dbonet@miamidade.gov	Funded by the Leisure Access Foundation
Wheelchair Basketball "Sunrise Suns"	Physical Disabilities	16-adult	City of Sunrise Leisure Services and Spinal Cord Injury Support Group of South Florida Village Multipurpose Center Gym	Tues. & Thur. 5pm to 7pm	Fran Wade 954-748-3084 sunrisesuns1@gmail.com	Free
Wheelchair Basketball "Ft. Lauderdale Sharks"	Physical Disabilities	16-adult	Joseph Carter Park Gym 1450 W. Sunrise Blvd. Ft. Lauderdale, FL	Fridays 6:00 -8:00 PM and Sundays 1:00-5:00 PM	954-993-3889	Free
Wheelchair Tennis	Physical Disabilities	youth-adult	City of Miami Parks & Recreation Bryant Park 2301 SW 13th St. Miami, FL	Mon. & Wed. 1pm-4pm Fridays 1pm-5pm Excluding Summers	Noel Cubela 305-643-7150	Free
Wheelchair Tennis	Physical Disabilities	Adult	City of North Miami Beach Judge Arthur Snyder Tennis Center 16851 West Dixie Highway North Miami Beach, FL	Saturdays, 12 pm to 1:30 PM	Delven Patterson 305-948-2957 delven.patterson@city.nmb.com	Free
Wheelchair Tennis	Physical Disabilities	Adult	George English Tennis Center 1101 Bayview Dr. Ft. Lauderdale, FL	Wednesdays. 6:00 to 7:30 PM	954-828-4620	Free
Wheelchair Tennis	Physical Disabilities	youth and adult	Frank Veltri Tennis Center 9101 NW 2nd St. Plantation, FL	Program days and times vary	954-452-2530 www.PCTC.PlantationTennis.org	Call for more info.

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SUPPORT GROUP INFORMATION

DAY	GROUP	LOCATION	TIME	CONTACT	Special Info.
4TH Wednesday of the month	Spinal Cord Injury Support Group (Miami Chapter)	Diagnostic Treatment Center Room 254; 1080 NW 19th Street, Miami, FL	12-2pm	Alex Lutin 954-397-2000 alejandro.lutin@gmail.com	
1st Tuesday of the month	Amputee Peer and Support Group	Jackson Memorial Hospital- Rehab. 3rd Floor Conference room 301 1611 NW 12th Ave, Miami, FL 33136	1-2:30pm	305-585-5308	Free
3rd Tuesday of the month	Brain Injury Support Group	14704 S. Dixie Hwy., Suite 211 Palmetto Bay, FL 33176	12-1pm lunch included	Rhonda Rees Vivas, Psy. D. 305-233-8179 vivasrh@bellsouth.net	
3rd Wednesday of the month	Limb loss support group	Memorial Rehabilitation Institute 3600 Washington St. Hollywood, FL	4-5pm	954-518-2111	
3rd Wednesday of the month	Spinal Cord Injury Support Group	Memorial Rehabilitation Institute 3600 Washington St. Hollywood, FL	5:30-7:30pm	954-518-2111	
2nd Tuesday of the month	Traumatic Brain Injury Support Group	Memorial Rehabilitation Institute 3600 Washington St. Hollywood, FL	4-5:30pm	954-518-2111	
DAY	GROUP	LOCATION	TIME	CONTACT	Special Info.
1st Tuesday of the month	Spinal Cord Injury Support Group (Broward Chapter)	HealthSouth Sunrise Rehabilitation Hospital -Cafeteria 4399 Nob Hill Road, Sunrise, FL	5-7pm	855-777-2474	
3rd Tuesday of the month	Endless Possibilities Peer Support Group	Palm Beach County Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	5:30-6:30pm	Daniella Robbins, CTRS 561-966-7022 drobbins@pbcgov.org	Group provides peer support, raises disability awareness, and raises money for specialized sports equipment