Miami-Dade Parks Disability Services
Paralympic Sport Club & Paralympic Partners

Program	Population	Age	Program Provider & Location	Days / Time	Contact Information	Cost
Adapted Swimming	Physical & Visual Disabilities	6-adult	Miami-Dade Parks AD Barnes Park 3401 SW 72nd Ave. Miami, FL	Saturdays, hours vary *must set an appointment	Belinda Phillips, CTRS 305-755-7848 bphilli@miamidade.gov	$40 / 8 sessions $150/ 8 individual sessions
Adapted Swimming	Physical & Developmental Disabilities	3-adult	The Gleaneagles Country Club Aquatic Center/CMAA Therapeutic Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	April7-Sept. 24, 2015 Class times/days vary classes held twice weekly	Don Ross 561-966-7022 dross@pbcgov.org	$55/6 class session (1:1, private)
Boccia	Physical Disabilities	youth-adult	Palm Beach County Therapeutic Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	Mon, Wed, Fri 2-5 pm when the gym is available	Stacy Staebell, CTRS (561) 966-7021	Free

Boccia Clinics	Physical Disabilities	youth-adult	Riverland Park 950 SW 27 Ave. Ft. Lauderdale, FL		Ari Ffrench 954-828-5321 Affrench@ftlauderdale.gov	Free
Goalball	Visual Disabilities	14-adult	Miami-Dade Parks NFL YET Center 7090 NW 22nd Ave. Miami, FL	Saturdays, 2-4 PM Nov.-April	Jody Cox, CTRS 305-234-1673 jsantia@miamidade.gov	Funded by the Leisure Access Foundation
Goalball	Visual Disabilities	youth-adult	Palm Beach County Therapeutic Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	Saturday, Hours vary. *Call for schedule.	Stacy Staebell, CTRS (561) 966-7021	Free
Golf	Physical Disabilities	youth & adult	Adapative Golf Institute, Inc. Weston Hills Country Club 2600 Country Club Way Weston, FL	Tuesday (by appointment) 3:00-6:00 pm	Ryan Chiplock 954-812-3933 golf@adaptivegolfinstitute.org	Call for more info.
Golf	Physical Disabilities	Ages 13-adult	PBC Therapeutic Recreatio Center John Prince Golf Learning Center 4754 S Congress Ave. Lake Worth, FL	Saturdays 9-10am Program dates TBD	Nick Priolo 561-966-7020 npriolo1@pbcgov.org	$25
Handcycling	Physical Disabilities	All ages	Achilles Florida Homestead Air Reserve Park 27401 SW New York Ave. Homestead, FL	1st and 3rd Thursday of each month and Saturdays, times vary *must call to reserve a handcycle	Chris Holcomb achillessouthflorida@gmail.com 954-815-6289	Free
Handcycling	Physical Disabilities	All ages	Achilles Florida CMAA Therapeutic Recreation Complex 2728 Lake Worth Rd. Lake Worth, FL 33461	Sundays, 8:30-11:00am	Chris Holcomb achillessouthflorida@gmail.com 954-815-6289	Free

Handcycle loaner program	Physical Disabilities	18-adult	Broward County Parks & Recreation Central Broward Regional Park 3700 NW 11 Pl. Lauderhill, FL	Various *Must call ahead and have previoius experience	Dori Horowitz-Remillet, CTRS 954-357-8170 (TTY) 954-537-2844 dhorowitz@broward.org www.broward.org/parks	Free
Handcycle loaner program	Physical Disabilities	Teens/ Adults	Therapeutic Recreation Complex 2728 Lake Worth Rd. Lake Worth, FL 33461	Mon.-Fri. *Must call in advance to confirm time	Ceci Grainger 561-966-7088 cgrainger@pbcgov.org	Free
Jr. Paralympic Sports Club	Physical and Visual Disabilities	Youth	Miami-Dade Parks Camp Matecumbe 13841 SW 120 St. Miami, FL	Saturdays (Sept.-May) 10am-12pm	Jody Cox, CTRS 305-234-1673 jsantia@miamidade.gov	$40/8 sessions
Open Gym with Vitaglide	Physical & Visual Disabilities	Adult	City of North Miami Beach Gwen Margolis Amphitheater 16501 NE 16th Ave. North Miami Beach, FL	M, W, F 5pm-7:30 pm Sat. 9:30 am-11:30am	Delven Patterson 305-948-2928 delven.patterson@city.nmb.com	Free
Quad Rugby	Individuals with upper and lower extremity impairment	Adult	Palm Beach County Therapeutic Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	Sundays, 11am-2pm August-December	Rodrigo Gasteazoro 305-987-1788 rodrigogasteazoro@gmail.com	Free
Rowing	Physical Disabilities	Adult	Miami Beach Rowing Club 6500 Indian Creek Dr, Miami Beach, FL 33141	M, W, F 7am-11am *Must call in advance.	Bob Wright 305-861-8876 bobbyw@the-beach.net	Free
Sailing, Kayaking, Powerboats	Physical Disabilities & Visual Disabilities	Various	Shake-A-Leg of Miami 2620 South Bayshore Dr. Miami, FL	Program days and times vary	305-858-5550 www.shakealegmiami.org	varies
Saling, charters, Racing	Physical Disabilities	Adult	Team Paradise Sailing 2476 South Bayshore Dr. Miami, FL 33133	Program days and times vary	Magnus Liljedahl 305-776-8778 www.teamparadise.org	varies

Sled Hockey / Palm Beach Tiger Sharks	Physical Disabilities	youth-adult	Palm Beach Skate Zone 8125 Lake Worth Rd. Lake Worth, FL 33467 561-963-5900		Daniella Robbins, CTRS 941-538-2339 drobbins@pbcgov.org	Free
Sled Hockey State-Wide Scrimmage	Physical Disabilities	All ages	Ellenton Ice & Sports Complex 5309 29th St. East Ellenton, FL 34222 941-723-3663		Daniella Robbins, CTRS 941-538-2339 drobbins@pbcgov.org	Free
Tandem Cycling	Visual Disabilities	Adult	City of North Miami Beach Gwen Margolis Amphitheater 16501 NE 16th Ave. North Miami Beach, FL	Saturdays 9:30 am to 10:30 am	Delven Patterson 305-948-2928 delven.patterson@city.nmb.com	Free
Tandem Cycling	Visual Disabilities	Adult	Broward County Parks & Recreation Locations vary	Days and times vary	Dori Horowitz-Remillet, CTRS 954-357-8170 (TTY) 954-537-2844 dhorowitz@broward.org www.broward.org/parks	Free
Wheelchair Basketball "Miami Heat Wheels"	Physical Disabilities	16-adult	Miami-Dade Parks Miami Springs Recreation Center 1401 Westward Dr. Miami Springs, FL	Saturdays, 2-4 PM Sept.-April	Diana Bonet 305-380-9016 dbonet@miamidade.gov	Funded by the Leisure Access Foundation
Wheelchair Basketball	Physical Disabilities	12-adult	Pembroke Pines Park & Recreation Walter C. Young Gymnasium 901 NW 129 Ave. Pembroke Pines, FL	Wednesdays, 7:30-9:00 PM Aug. to May	Mary Palacios, CTRS (954) 986-1582 mpalacios@ppines.com	Free
Wheelchair Basketball "Sunrise Suns"	Physical Disabilities	16-adult	City of Sunrise Leisure Services and Spinal Cord Injury Support Group of South Florida Village Multipurpose Center Gym	Tues. & Thur. 5pm to 7pm	Fran Wade 954-748-3084 sunrisesuns1@gmail.com	Free

Wheelchair Basketball "Ft. Lauderdale Sharks"	Physical Disabilities	16-adult	Joseph Carter Park Gym 1450 W. Sunrise Blvd. Ft. Lauderdale, FL	Fridays 6:00 -8:00 PM and Sundays 1:00-5:00 PM	954-993-3889	Free
Wheelchair Tennis	Physical Disabilities	youth-adult	City of Miami Parks & Recreation Bryant Park 2301 SW 13th St. Miami, FL	Mon. & Wed. 1pm-4pm Fridays 1pm-5pm	Noel Cubela 305-643-7150	Free
Wheelchair Tennis	Physical Disabilities	Adult	City of North Miami Beach Judge Arthur Snyder Tennis Center 16851 West Dixie Highway North Miami Beach, FL	Saturdays, 12 pm to 1:30 PM	Delven Patterson 305-948-2957 delven.patterson@city.nmb.com	Free
Wheelchair Tennis	Physical Disabilities	Adult	George English Tennis Center 1101 Bayview Dr. Ft. Lauderdale, FL	Wednesdays. 6:00 to 7:30 PM	954-828-4620	Free
Wheelchair Tennis	Physical Disabilities	youth and adult	Frank Veltri Tennis Center 9101 NW 2nd St. Plantation, FL	Program days and times vary	954-452-2530 www.PCTC.PlantationTennis.org	Call for more info.

SPECIAL EVENTS CALENDAR

DATE	EVENT	LOCATION	TIME	CONTACT	Special Info.
Jan. 17th & 18th, 2015	Miami Heat Wheels Wheelchair Basketball Tournament	Miami Springs Recreation Center 1401 Westward Dr. Miami Springs, FL	Game times begin at 9am and run throughout the day	Diana Bonet 305-380-9016 dbonet@miamidade.gov	Free event
Jan. 16th-18th, 2015	Knock & Roll Wheelchair Rugby Tournament	Palm Beach County Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	Fri. & Sat. 9am-7pm, Sun. 9am-2pm	Nick Priolo 561-966-7020 npriolo1@pbcgov.org	Free event

Feb. 8th, 2015	Sitting Volleyball Clinic with USA Volleyball, Florida Region	Palm Beach County Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	5:30-6:30pm	Daniella Robbins, CTRS 561-966-7022 drobbins@pbcgov.org	Free event
March 7th, 2015	**2015 Paralympic Experience**: Multiple adapted sports stations for individuals with physical and visual disabilities	Tropical Park 7900 SW 40 St. Miami, FL	Game times begin at 9am and run throughout the day	Jody Cox, CTRS 305-234-1673 jsantia@miamidade.gov	Free event

SUPPORT GROUP INFORMATION

DAY	GROUP	LOCATION	TIME	CONTACT	Special Info.
4TH Wednesday of the month	Spinal Cord Injury Support Group (Miami Chapter)	Diagnostic Treatment Center Room 254 1080 NW 19th Street, Miami, FL	12-2pm	Alex Lutin 954-397-2000 alejandro.lutin@gmail.com	
1st Tuesday of the month	Amputee Peer and Support Group	Jackson Memorial Hospital-Rehab. 3rd Floor Conference room 301 1611 NW 12th Ave, Miami, FL 33136	1-2:30pm	305-585-5308	Free
3rd Tuesday of the month	Brain Injury Support Group	14704 S. Dixie Hwy., Suite 211 Palmetto Bay, FL 33176	12-1pm lunch included	Rhonda Rees Vivas, Psy. D. 305-233-8179 vivasrh@bellsouth.net	
3rd Wednesday of the month	Limb loss support group	Memorial Rehabilitation Institute 3600 Washington St. Hollywood, FL	4-5pm	954-518-2111	
3rd Wednesday of the month	Spinal Cord Injury Support Group	Memorial Rehabilitation Institute 3600 Washington St. Hollywood, FL	5:30-7:30pm	954-518-2111	
2nd Tuesday of the month	Traumatic Brain Injury Support Group	Memorial Rehabilitation Institute 3600 Washington St. Hollywood, FL	4-5:30pm	954-518-2111	

1st Tuesday of the month	Spinal Cord Injury Support Group (Broward Chapter)	HealthSouth Sunrise Rehabilitation Hospital -Cafeteria 4399 Nob Hill Road, Sunrise, FL	5-7pm	855-777-2474	
3rd Tuesday of the month	Endless Possibilities Peer Support Group	Palm Beach County Recreation Center 2728 Lake Worth Rd. Lake Worth, FL	5:30-6:30pm	Daniella Robbins, CTRS 561-966-7022 drobbins@pbcgov.org	Group provides peer support, raises disability awareness , and raises money for specialized sports equipment