



Miami-Dade Parks September 2010 Calendar of Events

(Note: Calendar events and dates and times are subject to change)

Dates to be determined based on sea turtle nesting, 8:30 PM – 10:00 PM

ECOADVENTURES: SEA TURTLE AWARENESS PROGRAM

\$6 / person

Programs offered at Crandon Park Visitors and Nature Center and Haulover Park

This summer, journey into the world of sea turtles! Help save these creatures by participating in a lecture presentation and sea turtle release during the height of the hatchling season. Spaces are limited.

Crandon Park Visitors and Nature Center

6767 Crandon Blvd. (Key Biscayne)

Parking Lot #1, North Beach Entrance

(305) 361-6767 ext 120

AUG 23, 2010 – JUNE 10, 2011, 2 – 6 PM

MIAMI-DADE PARKS OUT-OF-SCHOOL PROGRAMS

Prices vary, Various locations

Miami-Dade Park and Recreation offers parents a variety of Out-of-School programs at an affordable price for children ages 6 – 14 at select park sites throughout the county. Operating Monday through Friday, from 2 p.m. to 6 p.m., August 23, 2010 through June 10, 2011, our Health, Wellness and Obesity Prevention Programs incorporate physical activity with interactive learning designed to assist children in developing healthy lifestyles and good citizenship. Each day's session begins with homework help, followed by evidenced-based fitness programming which include vigorous physical activities, lifelong sports, team sports and games. Activities also include: nutrition education, wellness activities, enrichment activities, cultural arts, nature and science programming. At select park sites, for an additional charge, transportation is available to pick up the children at certain nearby schools and transport them back to the out-of-school program.

Miami-Dade Parks also offers out-of-school programs for **children with disabilities**, ages 6-22, funded by The Children's Trust, at seven park sites (Camp Matecumbe, Tamiami, Westwind Lakes, Greynolds, Coral Estates, Oak Grove, and Goulds). The program includes cultural arts, literacy, fitness, nutrition, hygiene, snacks and field trips.

Children interested in the arts can attend the out-of-school programs at **African Heritage Cultural Arts Center**, where they can learn instrumental and vocal music, dance, theatre, and visual arts techniques; and at **Raices Hispanic Cultural Arts Center**, where children learn dances from various Spanish-speaking countries, the art of puppetry, as well as instrumental music training and arts and crafts. Transportation from selected school locations is available for a weekly fee.

In addition, **The Deering Estate at Cutler is offering the School Yard Science (SYS) Program**, where in-school programming opportunities are designed to bring the Estate's Living Classroom directly to students - during traditional school hours or as part of an out-of-school care program. Equipped with fossils, artifacts and tools, live or preserved specimens, photographs and simple laboratory experiments, the Estate's Education and Interpretive Staff brings curriculum to community youth in the fields of ecology, geology, marine biology, archaeology, history, and art. Educators will have several options as to how to incorporate the **School Yard Science Program** into their classrooms: Its **SYS Mobile Program**, consisting of two traveling mobile units: the *MarineMobile* (mobile touch tank and marine science unit) and the *GeoMobile* (mobile archaeology unit); the **SYS Classroom-In-A-Box Program**, providing a two-hour activity for students, with more than 18 environmental stewardship topics to choose from; or the **SYS Eco-Academy**, providing a hands-on interdisciplinary curriculum to community youth, with each curriculum unit covered during a five-week session. The School Yard Science (SYS) Eco-Academy Out-

of-School Program is available once a week on Wednesday afternoons from 3:00 pm to 5:00 pm beginning on September 1, 2010. There are six five-week sessions and children can participate in one, five-week session or all six sessions for the full 30-week program.

Affordable prices vary per park and parents must register directly with the individual park. There must be a minimum of 12 registrants per park for the program to take place. For more information, please visit the Miami-Dade Park and Recreation website at www.miamidade.gov/parks or call 311.

SEPT 3; 7:30 - 9:00 PM

GREYNOLDS PARK CAMPFIRE PROGRAM

\$6/participant

Before there were televisions and video games for entertainment, families would gather around campfires to tell stories and sing songs. Pay homage to those simpler times with our classic campfire program!

Reservations are required.

Meet at Camp Greynolds

18601 NE 22nd Ave, North Miami Beach, FL, 33160.

Call (305) 948-2891 or (305) 945-3425.

SEPT 4, 10 AM – 12 PM

BOOK NOOK BY THE BAY

Free with Estate admission: Adults \$10; Children (ages 4-14) \$5

Held on the first Saturday of each month, join us for “Book Nook by the Bay” for family story time, on-site eco-arts and crafts, science programs and more! Each month the Estate offers to the public an environmentally themed topic, story-time and a host of activities.

Deering Estate at Cutler

16701 SW 72 Ave.

305-235-1668 ext. 233

SEPT 4-5; 8 AM – 9 PM

INTERNATIONAL PASO HORSE ASSOCIATION SHOW

FREE

Tropical Park Equestrian Center

7900 SW 40 Street

Miami, FL

(305) 789-3503

SEPT 5; 12:30 PM - 5:30 PM

BLUEGRASS FESTIVAL

Event is FREE. Parking: \$6.00/vehicle.

Local Bluegrass talent is showcased at our monthly festivals, held the first Sunday of every month, except for holiday weekends.

Greynolds Park

17530 W. Dixie Highway

North Miami Beach, FL, 33160

(305) 945-5641

SEPT 9, 7:00 PM

MONTHLY LECTURE SERIES

Free to the public

In partnership with the [Archaeological Society of Southern Florida](http://www.archaeologicalsocietyofsouthernflorida.org), a non-profit, volunteer organization which acts as a support mechanism for the office of the Miami-Dade County Archaeologist, the Deering Estate at Cutler presents a monthly lecture highlighting unique and interesting connections to our past.

This serves as a focal point for local archaeology enthusiasts and professionals in the field, and helps to promote knowledge and appreciation of native archaeological and historical sites in the South Florida area.

Deering Estate at Cutler

16701 SW 72 Ave.

305-235-1668 ext. 233

SEPT 9 & 23

9:30 AM – 10:30 AM, repeats at 1:30 PM – 2:30 PM

LITTLE EXPLORERS

\$6 per child and caregiver (ages 3-6 accompanied by a grown-up)

Little ones get to explore nature through a variety of activities as such stories, games, coloring, nature walks and presentations. Each day will have a different theme and the program will be repeated in the afternoon to help accommodate naptime and other activities.

Bill Sadowski Park & Nature Center

17555 SW 79 Ave.

Miami, FL 33157

305-255-4767

SEPT 10; 7:30 - 9:00 PM

CREATURES OF THE NIGHT HIKE

\$6.00/participant

Fascinated by the moon and the stars or even glow bugs? Then come to learn about the mysteries of the night and see what lurks around our park when the lights go out! After a 30-minute PowerPoint presentation, our naturalists will take you on a night hike through the park in search of its nocturnal residents.

Reservations are required.

Meet at the Greynolds Park Boathouse and Nature Center

17530 W. Dixie Highway, North Miami Beach, FL, 33160

Call (305) 948-2891 or (305) 945-3425.

SEPT 10 & 25, 7:00-8:30 pm

NIGHTWALK & CAMPFIRE

\$6 per person

Join our naturalists as we take a walk on the nature trails after dark in search of nocturnal creatures including the Eastern Screech Owl. Then relax by the campfire, bring some marshmallows to roast and tell a few stories. Appropriate for all ages. Reservations recommended.

Bill Sadowski Park

17555 SW 79 Ave.

Miami, FL 33157

305-255-4767

SEPT 11, 9:00 AM – 12:00 PM

BASIC VEGETABLE GARDENING

\$25/person

This workshop will cover the techniques needed to produce a successful Vegetable Garden. Included will be information on soil, pests, diseases, raised beds, container gardening, Irrigation, fertilization, seasons and vegetable varieties.

Fruit & Spice Park

24801 S.W. 187th Avenue

Homestead, FL 33031

(305) 247-5727

SEPT 11-12; 8 AM – 6 PM

HERITAGE HORSE SHOW

FREE

Tropical Park Equestrian Center

7900 SW 40 Street

Miami, FL

(954) 347-1799

SEPT 12 & 22, 8:00 AM – 11:00 AM

CANOE TOUR

\$25 adults; \$15 children (ages 9-14)

The Deering Estate offers guided canoe tours of Biscayne Bay that depart from Charles Deering's boat turning basin. You will canoe to Chicken Key, a seven-acre mangrove island and restored bird rookery, which lies one mile off shore. The island contains sand dunes and mangrove forests and is surrounded by sand bars, tidal flats, seagrass beds, and rocky debris. While canoeing, you can observe marine wildlife such as manatees and sea turtles, as well as numerous species of birds. The program is designed for beginners and experts alike. Please bring closed-toe shoes, comfortable clothes, water, a hat, and sunscreen.

Deering Estate at Cutler
16701 SW 72 Ave.
305-235-1668 ext. 233

SEPT 12 & 26, 9:30-10:30 am

YOGA

\$10 per person

This beginner-level class will offer an introduction for new practitioners as well as challenges for those with yoga experience. Hatha style yoga with elements of Ashtanga focuses on movement, breathing, and meditation to build strength and flexibility while promoting relaxation. Leave the day's stresses behind with guided yoga in the park. Bring your own mat or large towel. Props (strap, block) are optional.

Bill Sadowski Park, 17555 SW 79 Ave., Miami, FL 33157
305-255-4767

MONDAYS, SEPT 13 – OCT 18, 6:00 PM – 7:00 PM

PILATES FOR YOUTH & ADULTS (AGES 14+)

\$60 for 6 weeks.

Increase muscle tone, flexibility, and strength with controlled movements that engage your body and mind. Pilates Mat and 14" Power Circle required. Minors must be accompanied by a paying parent or legal guardian.

Visitors Center Exhibit Hall
Deering Estate at Cutler
16701 SW 72 Ave.
305-235-1668 ext. 233

TUESDAYS, SEPT 14 – OCT 19, 9:00 AM – 10:00 AM

PILATES (AGES 18+)

\$60 for 6 weeks.

Increase muscle tone, flexibility, and strength with controlled movements that engage your body and mind. Pilates Mat and 14" Power Circle required..

Visitors Center Exhibit Hall
Deering Estate at Cutler
16701 SW 72 Ave.
305-235-1668 ext. 233

SEPT 18, 10:00 AM – 4:00 PM

PLANT PROPAGATION

\$40/person

Learn the methods utilized in producing tropical fruit trees; how to plant seed, air layer and graft. Session breaks for lunch. Receive a free tree to graft and take home.

Fruit & Spice Park
24801 S.W. 187th Avenue
Homestead, FL 33031
(305) 247-5727

SEPT 18; 7 AM – 9 PM

SOUTH FLORIDA HORSE SHOW

FREE

Tropical Park Equestrian Center
7900 SW 40 Street

Miami, FL
(305) 226-7886

THURSDAYS, SEPT 18 – OCT 21, 6:30 PM – 7:30 PM

PILATES (AGES 18+)

\$60 for 6 weeks.

Increase muscle tone, flexibility, and strength with controlled movements that engage your body and mind. Pilates Mat and 14" Power Circle required.

Visitors Center Exhibit Hall

Deering Estate at Cutler

16701 SW 72 Ave.

305-235-1668 ext. 233

SEPT 25, 5:30 PM – 8:00 PM

ECOADVENTURES: SUNSET & MOONLIGHT KAYAK ADVENTURE

\$40 / person

View a spectacular South Florida sunset from the seat of a kayak as we paddle through the waters of Bear Cut and explore the forgotten and secret part of Key Biscayne by light of the rising full moon.

Reservations are required.

Crandon Park Visitors and Nature Center

Parking Lot #1, North Beach Entrance

6767 Crandon Blvd.

Key Biscayne, FL

(305) 365-3018

SEPT 25; 9:00 AM - NOON

NATIONAL PUBLIC LANDS DAY: VOLUNTEER WORK DAY AT GREYNOLDS PARK

NPLD is the nation's largest hands-on volunteer effort to improve and enhance the public lands Americans enjoy. In 2009, 150,000 volunteers built trails and bridges, removed trash and invasive plants, planted trees and restored our water resources. Join us at Greynolds Park on September 25, 2010, to continue that tradition.

Reservations are required

Meet at the Greynolds Park Boathouse and Nature Center

17530 W. Dixie Highway, North Miami Beach, FL 33160

Call (305) 948-2891 or (305) 945-3435.

TUESDAYS, SEPT 28 – NOV 2, 6:00 PM – 7:30 PM

BEGINNING YOGA (EVENING CLASSES)

\$60 for 6 weeks.

Practice postures and focused breathing techniques that will help you achieve a sense of well-being and self-control while strengthening your body. Ages 18 and up. *Instructor: Marlene Shulman*

Visitors Center Exhibit Hall

Deering Estate at Cutler

16701 SW 72 Ave.

305-235-1668 ext. 233

WEDNESDAYS, SEPT 29 – NOV 3, 10:00 AM – 11:30 AM

BEGINNING YOGA (MORNING CLASSES)

\$60 for 6 weeks.

Practice postures and focused breathing techniques that will help you achieve a sense of well-being and self-control while strengthening your body. Ages 18 and up. *Instructor: Marlene Shulman*

Visitors Center Exhibit Hall

Deering Estate at Cutler

16701 SW 72 Ave.

305-235-1668 ext. 233

Ongoing Activities

DAILY, 10:30 a.m. & 3 p.m.

DEERING HISTORIC HOUSE TOURS

Free with admission to the Estate. Admission: \$10 adults; \$5 children ages 4-14

After Charles Deering's death in 1927, the mysterious Deering Estate sat for nearly six decades, frozen in time. The houses were immaculately maintained and filled with fine art and antiques, now in private collections and museums worldwide, but virtually unoccupied. Join one of our Education and Interpretive Staff Members on a guided tour to hear the amazing history of the Richmond Cottage, the first hotel between Coconut Grove and Key West, and the Stone House, a tiny piece of Deering's beloved Barcelona on Biscayne Bay. This tour begins on the front porch of the Richmond Cottage.

Deering Estate at Cutler

16701 SW 72 Ave Miami, FL 33157

(305)235-1668 ext. 233

DAILY, 12:30 p.m. (Seasonal: October – May)

NATURAL AREA TOURS

Free with admission to the Estate. Admission: \$10 adults; \$5 children ages 4-14.

This tour begins on the front porch of the Richmond Cottage.

Join one of our Education and Interpretive Staff Members and walk in the footsteps of Florida's first peoples. Hike through a lush forest of tropical hardwood trees and clinging vines down the Native American footpath that, near the end of the nineteenth century, would become the first Cutler Road/Ingram Highway. Along the way visit the Cutler Burial Mound and Cutler Creek, where work is currently underway to restore historic water flow throughout the park. Comfortable walking shoes and insect repellent are recommended for this one-and-a-half mile excursion.

Deering Estate at Cutler

16701 SW 72 Ave Miami, FL 33157

(305)235-1668 ext. 233

DAILY 9 a.m. – 4 p.m. (YEAR-ROUND)

ECOADVENTURES™: CRANDON PARK VISITORS & BISCAYNE NATURE CENTER

\$5/Vehicle, \$10/Bus (\$6/vehicle, \$12/ bus on weekends and holidays)

The Crandon Park Visitors and Biscayne Nature Center is your gateway to the Bear Cut Preserve, a 264-acre natural barrier island habitat located on the northern tip of Key Biscayne. Guided tours and educational programs are offered year round for all ages - from low tide marine beach and wading tours, to bird watching, canoeing, kayaking, snorkeling and bicycling. Visit the center's exhibit room and aquariums with different re-created underwater habitats. Self-guided nature trails are available with trail brochures at the Nature Center.

Crandon Park Visitors & Biscayne Nature Center

6767 Crandon Blvd., Key Biscayne

Parking Lot #1, North Beach Entrance

(305) 361-6767, Ext. 112

DAILY, 9:30 a.m. – Noon

ECOADVENTURES™: CRANDON PARK'S KEY BISCAYNE KAYAK ADVENTURE

\$ 30/Per Person (For Ages 9 and Above) Kayak along the beautiful shallow waters of Key Biscayne and explore the protected areas of Bear Cut Preserve where land meets the sea. Join us as we discover the tropical fish, spotted eagle rays, sea stars, and coastal birds that share this fragile and unique environment. This trip is a great introduction to kayaking and snorkeling and we are certain it will be the highlight of your visit to Crandon Park. Reservations are required.

Crandon Park Visitors & Biscayne Nature Center

6767 Crandon Blvd., Key Biscayne

Parking Lot #1, North Beach Entrance

305-365-3018

DAILY, 9:30 AM – 1:00 PM

ECOADVENTURES™: CRANDON PARK'S SEA KAYAK & SNORKEL ADVENTURE

\$70 / person

Kayak along the beautiful shallow waters of Key Biscayne and explore the protected areas of

Bear Cut Preserve where land meets the sea. Join us as we discover the tropical fish, spotted eagle rays, sea stars, and coastal birds that share this fragile and unique environment. This trip is a great introduction to kayaking and snorkeling and we are certain it will be the highlight of your visit to Crandon Park. We highly recommend closed-toe shoes (water shoes), water (1 quart minimum), snacks, sunglasses, sunscreen, towel, and a wide-brimmed hat. Reservations are required.

Crandon Park Visitors and Nature Center.
6767 Crandon Blvd., Key Biscayne, FL
Parking Lot #1, North Beach Entrance
(305) 365-3018

DAILY, 2:00 PM – 3:00 PM

ECOADVENTURES™: CRANDON GARDENS CANOE ADVENTURE

\$22 / person

Come explore the beautiful gardens at Crandon Park with a leisurely paced canoe tour through its canals. Learn about the origins of the gardens, as it was once the home of the Crandon Park Zoo, as well as the many birds that inhabit the gardens today.

Crandon Gardens at Crandon Park
4000 Crandon Blvd., Key Biscayne, FL
Parking Lot #3, South Beach Entrance
(305) 365-3018

DAILY, 10:00 a.m. – 5:00 p.m.

FREE FLIGHT AVIARY

Encounter rare and exotic Asian birds close-up and in free flight. Watch them build their nests and care for their young. American Bankers Family Aviary, Wings of Asia

Zoo Miami
12400 SW 152 St.
(305) 251-0400 or www.zoomiami.com

DAILY, 10:30 a.m. & 2:30 p.m.

BIRD FEEDINGS

Follow the bird keepers for fun and information while they go throughout the aviary feeding the birds.

American Bankers Family Aviary, Wings of Asia

Zoo Miami
12400 SW 152 St.
(305) 251-0400 or www.zoomiami.com

DAILY, 9:30 a.m. – 5:00 p.m.

INDOOR ACTIVITIES

Observe ducks swimming on top of and under the water with fish and turtles through the viewing glass of the indoor, air-conditioned Observation Center. Step out behind two waterfalls to see the aviary from a duck's eye view, and learn how you can participate in local conservation efforts in the Potamkin Conservation Center.

Zoo Miami
12400 SW 152 St.
(305) 251-0400 or www.zoomiami.com

DAILY, 9:30 a.m. – 5:00 p.m.

DINOSAUR ENCOUNTERS

View a film showing the link between dinosaurs and birds at the Field Research Center, then search for the skeleton of a 40-foot-long carnivorous dinosaur in a mock fossil excavation dig pit.

Zoo Miami
12400 SW 152 St.
(305) 251-0400 or www.zoomiami.com

10:00 a.m. – 5:00 p.m

TOADSTOOL!

ToadStool is a place for fun, observation, learning, and is sure to delight the entire family. You can observe poison dart frogs in ferocious battles, watch blind cave fish as they swim without bumping into each other, see Emperor scorpions and meet a large Burmese python!

Commercebanc Children's Zoo

Zoo Miami

12400 SW 152 St.

(305) 251-0400 or www.zoomiami.com

Open daily from 11:00 a.m. to 4:00 p.m

THE SAMBURU GIRAFFE FEEDING STATION

Cost: \$2. You will get to feed our giraffes delicious veggie treats like romaine or iceberg lettuce, kale or collard greens. Visitors have the opportunity to walk up a custom built ramp that leads to an elevated platform overlooking the giraffe exhibit.

Zoo Miami

12400 SW 152 St.

(305) 251-0400 or www.zoomiami.com

PINE ROCKLAND GUIDED TOUR

Walk through this fire-dependent habitat that the gopher tortoise, great horned owl and the Florida panther call home. Learn about the county's largest remnant of the rare native pinelands that exists nowhere else on earth. Walking tours are scheduled through the Education Department at 305-255-5551.

Zoo Miami

12400 SW 152 St.

www.zoomiami.com

DAILY, 1:30 PM (with an extra show at 2:30 PM on weekends & holidays)

DIEGO'S DISCOVERY DEN

At the Commercebanc Children's Zoo, see Diego in his Discovery Den! The star of Nick Jr.'s Go, Diego, Go!, one of the top pre-school shows on commercial television, has started his featured performances.

Zoo Miami

12400 SW 152 St.

(305) 251-0400 or www.zoomiami.com

MON & WED, 11 AM – NOON

MON & WED, 5 p.m. – 6 p.m.

BASKETBALL TEAM

\$40 monthly

Learn basketball skills and drills. Compete in the Special Olympics. For adults 21+ with developmental disabilities.

3401 SW 72nd Ave Miami, FL

305-665-5319

MON, WED & FRI, NOON – 1 P.M.

LOW IMPACT WATER EXERCISES

\$30/10 sessions

Water exercises for adults to promote joint flexibility, muscle strength, coordination, and balance.

Tamiami Park

11201 SW 24 St.

(305) 222-2128

MON – FRI, 8:30 AM – 2:30 PM

ADULT DAY TRAINING

\$117.50/week

Adults 18 and over with Developmental Disabilities participate in a meaningful day of activities. Goal-oriented activities focus on life skills, social skills, community integration, self-help, nutrition, hygiene, art, dance, and fitness. Our person-centered approach includes a team involving the participant, parents/guardian, staff and others who work together to create an individualized implementation plan.

AD Barnes Park

3401 SW 72 Ave.
(305) 665-5319 / (305) 669-4052

MON – FRI, 2:30 p.m. - 5:30 p.m.

ADULT AFTERCARE

\$45 weekly

Adults 18+ with developmental disabilities will be provided a guided learning environment in which they will learn leisure activities, physical fitness, continue developing and exercising appropriate social skills, teamwork, and daily living skills.

A.D. Barnes Park
3401 SW 72nd Ave Miami, FL
305-665-5319

TUE & THU, 9 AM – NOON

PLAYING TUNES BEFORE NOON

\$35/7 sessions (30-minute sessions)

Keyboard lessons for adults of all abilities. Beginner and Intermediate levels welcomed.

Greynolds Park
18601 NE 22 Ave.
(305) 945-3425

TUE & THU, 9:45 – 11 AM

TAI CHI

Free.

Learn 12 slow flowing movements that will improve balance and flexibility and reduce stress.

Westwind Lakes Park
6805 SW 152 Ave.
(305) 234-1673

TUE & THU, 11 AM – NOON

LOW-IMPACT WATER EXERCISES

\$30/10 sessions

Water exercises for adults to promote joint flexibility, muscle strength, coordination, and balance.

A.D. Barnes Park
3401 SW 72 Ave.
(305) 226-1622

TUE & THU, 11 AM – NOON

LOW-IMPACT WATER EXERCISES

\$30/10 sessions

Water exercises for adults to promote joint flexibility, muscle strength, coordination, and balance.

Goulds Pool
21805 SW 114 Ave.
(305) 234-1673

TUE & THU, 12 – 1 PM

FITNESS SWIMMING

\$30/10 sessions

Lap swimming for adults 18 and up who have physical disabilities and sensory impairments. Participants must be able to swim already. Instruction on stroke refinement will be provided.

Goulds Pool
21805 SW 114 Ave.
(305) 382-8160

TUE, THU, FRI

LEARN TO SWIM

\$30/10 classes

Swimming classes for children and adults with physical disabilities. Various times.

Goulds Pool
21805 SW 114 Ave.
(305) 382-8160

TUE & THURS, 5 p.m. – 6 p.m.

SWIM TEAM

\$40 monthly

Learn swim techniques and participate in Special Olympics swim competitions. Participants must have basic swimming skills. For adults 21+ with developmental disabilities.

A.D. Barnes Park
3401 SW 72nd Ave Miami, FL
305-665-5319

1st Wednesday of the Month; 7:30 p.m.

REDLAND EVENING HERB SOCIETY

Enjoy learning about herbs and their uses.

Fruit & Spice Park
24801 SW 187 Avenue
Homestead, Fl. 33031
305-247-5727

Last Wednesday of Every Month, 7:30 p.m.

TROPICAL FRUIT & VEGETABLE SOCIETY OF THE REDLAND

Free tasting table, plant exchange and horticultural library. Monthly guest speaker lecturing on tropical fruits & vegetables.

Fruit & Spice Park
24801 SW 187 Avenue
Homestead, Fl. 33031
305-247-5727

THURS, 10:00 AM – 2:30 PM

EVERGLADES EXPEDITION

\$65 per person

Glide through the Everglades with your local guide and experience the breathtaking beauty and unique wildlife native to the “river of grass.” After your airboat ride, have lunch at the Coopertown Restaurant and then travel to Shark Valley, Everglades National Park where you will enjoy a leisurely paced guided walk through the Bobcat Boardwalk where deer, otter, and alligator are often spotted.

A.D. Barnes Park Nature Center
3401 SW 72 Ave.,
Miami, FL 33155
305-365-3018

2nd Thursday of the month; 7:00 p.m.

SOUTH DADE GARDEN CLUB

In existence for 70 years, 55 years at the Fruit & Spice Park. Come to a meeting and learn about gardening, and make some new friends.

Fruit & Spice Park
24801 SW 187 Avenue
Homestead, Fl. 33031
305-247-5727

2nd Thursday of the month; Board meeting begins at 6:30 pm; Lecture begins at 7:00 pm for the public.

ARCHEOLOGY SOCIETY OF SOUTHERN FLORIDA

Free

In partnership with the Archaeological Society of Southern Florida, a non-profit, volunteer organization which acts as a support mechanism for the office of the Miami-Dade County Archaeologist, the Deering Estate at Cutler presents a monthly lecture highlighting unique and interesting connections to our past. This serves as a focal point for local archaeology enthusiasts and professionals in the field, and helps to

promote knowledge and appreciation of native archaeological and historical sites in the South Florida area.

Deering Estate at Cutler
16701 SW 72 Avenue
Miami, FL 33157
305-235-1668 ext. 233

FRI, 10:00 AM – 2:30 PM

MIAMI 101

\$60 per person

If you're new to Miami or just visiting, this is a great introduction to the "magic city." EcoAdventures™ staff will show you Miami like no one else can. Visit key neighborhoods of the city and learn what made Miami the vibrant international place it is today. It's a four hour van tour with stops along the way that give you the real flavor of Miami. This town has a lot of stories to tell: good, bad, and unbelievable. Let us show you the magic.

A.D. Barnes Park Nature Center
3401 SW 72 Ave.,
Miami, FL 33155
305-365-3018

FRI, 6 – 10:30 PM

FUN ON FRIDAYS

\$40/weekly

Ongoing program for adults with developmental disabilities. Participate in social programs with community trips and indoor activities. Work on life and safety skills.

AD Barnes Park
3401 SW 72 Ave.
(305) 665-5319 / (305) 669-4052

SAT, 9 AM – 4:30 PM

SATURDAYS IN THE PARK

\$40/weekly

Ongoing program for adults with developmental disabilities. Participate in social programs with community trips and indoor activities. Work on life and safety skills.

AD Barnes Park
3401 SW 72 Ave.
(305) 665-5319 / (305) 669-4052

SAT, 1 – 3 PM

GOALBALL

Free.

Learn and practice the competitive game of Goalball. For children and adults with visual impairments.

NFL YET Center
7090 NW 22 Ave.
(305) 234-1673

SAT, 9 – 10 AM (BEGINNERS); 10 – 11 AM (ADVANCED)

WHEELCHAIR TENNIS

Free.

Learn how to play wheelchair tennis from a professional. This program is open to children and adults ages 9 and up with physical disabilities.

Big Five Tennis Club
600 SW 92 Ave.
(305) 382-8160

SAT, 11 a.m. – noon

TAI CHI

Fee: \$10

Instructor Elisa C. Smith will calmly guide you in the practice of this ancient martial art. Experience increased energy, strengthened muscles, joint mobility, improved balance, posture, and flexibility. Breathing exercises will aid in healthy stress release.

Fruit & Spice Park
24801 SW 187 Avenue
Homestead, Fl. 33031
305-247-5727

SAT, 11:30 AM – 1 PM

FITNESS SWIMMING

\$30/10 sessions

Lap swimming for individuals ages 9 - 20 who have physical disabilities and sensory impairments. Participants must be able to swim already. Instruction on stroke refinement will be provided.

A.D. Barnes Park
3401 SW 72 Ave.
(305) 382-8160

SAT, 3 p.m. – 5 p.m.

JUDO FOR PEOPLE WITH VISUAL IMPAIRMENTS

Free

Participants will learn the fundamentals of Judo from a USA Judo instructor. Opportunities for competition will also be available. This program is opened to individuals 6 and up with visual impairments.

NFL/Yet Center
7090 NW 22nd Ave Miami, FL
305-382-8160

SAT, 1:30 PM – 4:00 PM

ECOADVENTURES™: CRANDON PARK'S BAYSIDE CANOE ADVENTURE

\$44 / person

This naturalist-led canoe trip explores the forgotten and secret part of Key Biscayne. Explore this peaceful water wilderness where great blue herons, spotted eagle rays, upside down jellyfish and green iguanas live among the mangrove fringes. We highly recommend closed-toe shoes (water shoes), water (1 quart minimum), snacks, sunglasses, sunscreen, towel, and a wide-brimmed hat to make your trip more enjoyable. Reservations are required.

Crandon Park Visitors and Nature Center
6767 Crandon Blvd., Key Biscayne
Parking Lot #1, North Beach Entrance
(305) 365-3018

SAT, 9:00 a.m. - noon

ECO-ACTION DAYS

Free

Rated: Easy – Moderate

This is no better way to connect with nature than to get down and dirty at one of our volunteer days! Join our naturalists in restoring our parks and natural areas. Projects include removing weeds or invasive exotic vegetation, planting, mulching, and picking up garbage. Bring your work gloves and small hand tools. Sunscreen, long sleeves/pants, water, hats, sunglasses are highly recommended. Volunteer letter available if needed for students fulfilling school requirements. Reservations are required. Call (305) 944-6111 for more information. Projects and work locations subject to change. Recommended for all ages!

Meet at the Arch Creek Museum & Nature Center
1855 NE 135 Street
North Miami, FL

SAT (July - September), 10:00 a.m. - 1:00 p.m.

ARCH CREEK PARK: OLETA RIVER CANOE TOUR

\$28/Adult

Rated: Moderate

The beauty of the Oleta River has drawn man to its shore for centuries. As early as 500 B.C., the river was home to Tequesta Indians who camped along its shore and was part of the route used by Federal troops in the 2nd Seminole War to travel south from Loxahatchee. The river linked the Seminole Indians living in the Everglades to Biscayne Bay. Relive the river's historic past with park naturalists as you explore this natural haven for wading birds, osprey, fish and the endangered West Indian Manatee. It is recommended that you bring at least 2-quarts of water, sunscreen, hat, and sunglasses. Reservations are required. Call (305) 365-3018; on Sundays and holidays, please call the Greynolds Park Boathouse at (305) 948-2891.

Meet at East Greynolds North Regional Dog Park
16700 Biscayne Blvd
North Miami Beach, FL 33160

SAT and SUN (July –September), 10:00am – 11:00am

ARCH CREEK PARK: TRAIL TOURS

Cost: \$3/participant

Join us on this naturalist guided tour through a tropical hardwood hammock where you will find an assortment of interesting plants and animals native to South Florida and come learn about Arch Creek's role in the early history of North Miami. *Rated: easy. Reservations are required.*

Meet at the Arch Creek Museum & Nature Center
1855 NE 135 Street
North Miami, FL.
(305) 944-6111

SAT and SUN; 9 a.m. – 10 a.m. and 2 p.m. – 3 p.m.

GUIDED NATURE WALKS

\$3/person.

Rated: Easy

Join us on a naturalist-guided walk around Miami-Dade County's second-oldest park and discover the wonder of our local history, flora and fauna. Reservations are recommended. Call (305) 948-2891 or (305) 945-3425.

Meet at the Greynolds Park Office
17530 W. Dixie Highway, North Miami Beach, FL 33160.

SAT & SUN; 10 a.m. – 3 p.m.

KAYAK RENTALS

This tour begins on the front porch of the Richmond Cottage.

Join one of our Education and Interpretive Staff Members and walk in the footsteps of Florida's first peoples. Hike through a lush forest of tropical hardwood trees and clinging vines down the Native American footpath that, near the end of the nineteenth century, would become the first Cutler Road/Ingram Highway. Along the way visit the Cutler Burial Mound and Cutler Creek, where work is currently underway to restore historic water flow throughout the park. Comfortable walking shoes and insect repellent are recommended for this one-and-a-half mile excursion.

Deering Estate at Cutler
16701 SW 72 Ave.
Miami, FL 33157
305-235-1668 ext. 233

SAT, SUN & Holidays, 9 a.m. – 3 p.m. / Weekdays upon request

ECOADVENTURES™: KAYAK RENTALS/ SNORKEL RENTALS

Single or 2 Person Kayak: \$20.00/Hour or \$35.00/3 Hours; Snorkeling Gear Rental: \$8.00 Daily.

Fully equipped "sit on top" ocean kayak rentals and snorkeling equipment available at Crandon Park from our kayak concession building on the beach at lifeguard tower #3.

Crandon Park Visitors and Nature Center.
6767 Crandon Blvd., Key Biscayne, FL
Parking Lot #1, North Beach Entrance
(305) 365-3018

SAT, SUN & Holidays, 9 a.m. – 3 p.m. / Weekdays upon request

ECOADVENTURES™: CRANDON GARDENS CANOE RENTAL

Single or 2-Person Canoe: \$12.00/Hour or \$28.00/3 Hours

Fully equipped canoe rentals available at Crandon Gardens. Enjoy a leisurely paced canoe ride through the canal system at the Crandon Gardens, the former home of the Crandon Park Zoo.

Crandon Park Gardens

4000 Crandon Blvd., Key Biscayne, FL

Parking Lot #3, South Beach Entrance

(305) 365-3018

SAT, SUN, and Holidays; 10 a.m. – 5 p.m. (last rental at 4:30 p.m.)

BOAT RENTALS (KAYAKS, CANOES, AND PADDLEBOATS) AND CONCESSION STAND

Kayak: \$5/adult, \$3/child for 30 min.

Canoes: \$10 for 30 min.

Paddleboats: \$6 for 30 min.

Rated: Easy-Moderate

Explore the mangrove-lined waterways of Greynolds Park on a kayak, canoe, or paddleboat. Our life-guarded lagoon is the perfect place to learn how to paddle. If you are planning a party at the park this is the perfect activity for all your guests. Bring along your water-bottles, hats, and sun-block.

Call (305) 948-2891 or (305) 945-3425.

Meet at the Greynolds Park Boathouse and Nature Center

17530 W. Dixie Highway, North Miami Beach, FL 33160

SUN, 10 a.m. – 1 p.m.

ECOADVENTURES™: OLETA RIVER KAYAK TOUR

\$25/person. Not recommended for children under the age of 7.

Rated: Moderate

Join park naturalists on this guided kayak exploration of the Oleta River and its mangrove-lined creeks where many wading birds and other wildlife can be viewed up close. You will also have the opportunity to visit an archaeological site where Tequesta Indians made their home over 2000 years ago. Reservations are required. Call (305) 365-3018. On Sundays and holidays please call Greynolds Park at (305) 945-3425.

Meet at East Greynolds Northeast Regional Dog Park

16700 Biscayne Blvd, North Miami Beach, FL, 33160

SUN, 9 a.m. - noon

ECOADVENTURES™: HISTORIC CORAL GABLES WATERWAY CANOE ADVENTURE

\$33 per person

One of the joys of paddling a canoe is the access it gives you to memorable places such as the Coral Gables Waterway. It is a leisure canoeing experience that encompasses both nature and history in a delightful blend of unique natural vistas and historic landmarks. A surprising amount of wildlife can be seen in the water and on the shore.

A.D. Barnes Park Nature Center

3401 SW 72 Ave.,

Miami, FL 33155

305-365-3018

SUN, 1:30 PM – 4:00 PM

ECOADVENTURES™: CRANDON PARK'S BAYSIDE BIRDING KAYAK ADVENTURE

\$40 / person

Join our naturalist on a kayak tour of Biscayne Bay as you explore Key Biscayne's coastline for different birds that call this area home. Depending on the season you may even see some migratory species taking a well-deserved rest on their migration route. This trip is a great introduction to kayaking and we are certain it will be the highlight of your visit to Crandon Park. We highly recommend closed-toe shoes (water shoes), water (1 quart minimum), snacks, sunglasses, sunscreen, towel, and a wide-brimmed hat. Reservations are required.

Crandon Park Visitors and Nature Center

6767 Crandon Blvd., Key Biscayne, FL

Parking Lot #1, North Beach Entrance

(305) 365-3018

SUN, 1:30 PM – 4:00 PM

ECOADVENTURES™: CRANDON PARK'S KEY BISCAYNE BIKE ADVENTURE

\$28 / person

Come and explore beautiful Key Biscayne as you bike along the streets and paths of this historic barrier island. This tour highlights Crandon Park's Bear Cut Preserve, the Crandon Gardens – site of the original Crandon Zoo - and the Village of Key Biscayne. Reservations are required.

Crandon Park Visitors and Nature Center

6767 Crandon Blvd., Key Biscayne, FL

Parking Lot #1, North Beach Entrance

(305) 365-3018

Available Upon Request / Reservation Required

ECOADVENTURES™: BEAR CUT PRESERVE NATURE WALKS

\$3/Person

Learn about the invertebrates that inhabit the sea grass beds of Crandon Park as you participate in a touch tank presentation. Then enjoy a leisurely walk along one of the many trails of Bear Cut Preserve. Learn about butterflies, birds and the many plant and animal species that inhabit the coastal environments of South Florida. Bring your binoculars along and your water shoes in tow! You never know what the tide might wash in!

Crandon Park Visitors and Nature Center.

6767 Crandon Blvd., Key Biscayne

Parking Lot #1, North Beach Entrance

(305) 365-3018

Available Upon Request / Reservation Required

ECOADVENTURES™: CRANDON PARK TRAM TOURS

\$4 / Adult, \$2 / Children (14 years old and younger) (minimum 10 people)

Enjoy a tram ride through the Bear Cut Preserve. Learn about the island of Key Biscayne and its fascinating history. From the Tequesta Indians to the pirates and pioneers, it's been an amazing journey.

Crandon Park Visitors and Nature Center.

6767 Crandon Blvd., Key Biscayne

Parking Lot #1, North Beach Entrance

(305) 365-3018

ECOADVENTURES™ SCOUT PROGRAMS

Earn a badge or patch; or participate in one of our several other EcoAdventures™ programs designed for a great scouting experience. You can choose from a menu of outdoor programs ranging from nature hikes, animal and plant studies, compass work, campfire programs, night hikes and camping. Call (305) 365-3018 for information.

ECOADVENTURES™ BIRTHDAY PARTIES

Create a birthday party experience your child will never forget! Our EcoAdventures™ Nature Centers offer nature-based birthday parties that are educational and fun for children ages 3 to 13 years old. Call (305) 365-3018 for information.

ECOADVENTURES™ OUTREACH PROGRAMS (AT YOUR LOCATION)

Bring the excitement of EcoAdventures™ Nature Center programs to your classroom! Our EcoAdventures™ Naturalists can bring you curriculum-based programs from the Living Classroom Series that focuses on the natural and cultural history of South Florida. Lesson plans are aligned with the Sunshine State and FCAT Standards. Pair an outreach program with a field trip to a Miami-Dade Park and Recreation nature center or park for even more fun and learning. Call (305)365-3018 for more information.