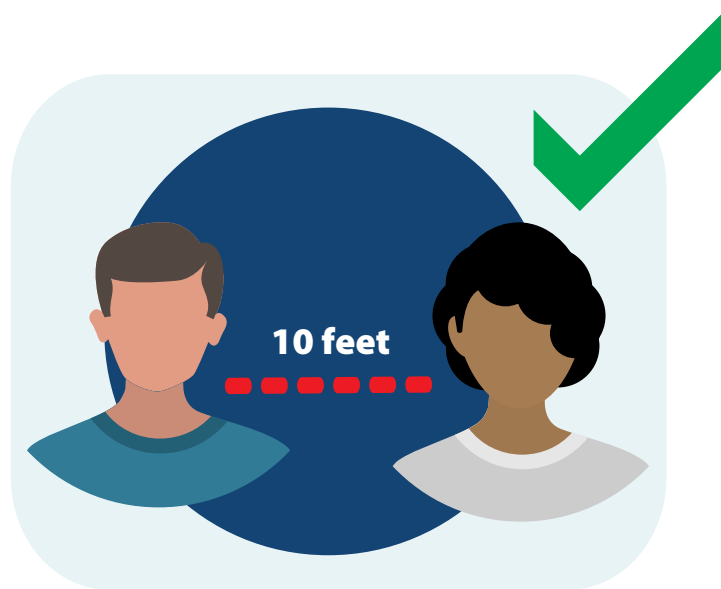


CORONAVIRUS (COVID-19) SAFETY REQUIREMENTS

Must be followed at all times when facility is occupied.



Minimum of 10 Feet Social Distancing and No Facial Covering Required

- Aerobic Classes
- All Dance Activity involving floor work including, but not limited to, Zumba, Ballet and Tap (Singles unless members of same household)
- Barre Classes
- Basketball (Singles unless members of same household)
- Boot Camps
- Boxing (Singles unless members of same household)
- Cheerleading
- Circuit Training (No sharing of equipment)
- CrossFit
- Gymnastics
- HIIT (High Intensity Interval Training)
- Indoor Tracks (Singular direction)
- Metabolic Conditioning
- Personal Rope Jumping
- Pilates - High Intensity
- Racquetball (Singles unless members of same household and bring your own equipment)
- Spinning
- Stationary Cardio Equipment - High Intensity (Measured head to head)
- Strength Training - High Intensity
- Yoga - High Intensity (Bring your own equipment and/or props)

Physical contact will be prohibited between any individual within the facility unless individuals are members of the same household. If an instructor must come within 6 feet of a student, the instructor must wear a facial covering.