



**COMMUNITY ACTION
AND
HUMAN SERVICES
DEPARTMENT**

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**“Through
The Eyes
Of
A Child”**

PREGNANT WOMEN, INFANTS, & TODDLERS

11TH ANNUAL



CONFERENCE

**HEAD START/
EARLY HEAD START**

CONFERENCE SCHEDULE

Through The Eyes Of A Child

March 25 - 26, 2013



Monday March 25, 2013

Time	Activity
9:00 am - 10:30 am	Opening Plenary
10:45 am - 12:15 pm	Breakout Session I
12:15 pm - 1:15 pm	Lunch On Your Own
1:15 pm - 2:45 pm	Breakout Session II
3:00 pm - 4:30 pm	Breakout Session III

Tuesday March 26, 2013

Time	Activity
9:00 am -10:30 am	Breakout Session IV
10:45 am - 12:15 pm	Breakout Session V
12:15 pm - 1:15 pm	Networking Luncheon
1:15 pm - 2:45 pm	Breakout Session VI
3:00 pm - 4:30 pm	Closing Plenary

Personal Schedule

What do you think are the areas where you want to hear up-to-date information, believe the information would benefit your professional development, or think that the discussions might help prepare you for the future? Keeping these questions in mind, choose your breakout sessions and fill in the chart below to guide you through the conference. The full schedule of workshops at a glance can be found on pages 4 and 11. Workshop session descriptions can be found in the program book after each day of Workshops at a Glance, accordingly.

Monday, March 25	Tuesday, March 26
Breakout Session I 10:45 am – 12:15 pm Program Page ____ _____ _____	Breakout Session IV 9:00 am – 10:30 am Program Page ____ _____ _____
Breakout Session II 1:15 pm – 2:45 pm Program Page ____ _____ _____	Breakout Session V 10:45 am – 12:15 pm Program Page ____ _____ _____
Breakout Session III 3:00 pm – 4:30 pm Program Page ____ _____ _____	Breakout Session VI 1:15 pm – 2:45 pm Program Page ____ _____ _____



Workshops at a Glance



Through The Eyes Of A Child

Monday, March 25, 2013

Room	Session I 10:45am- 12:15pm	Session II 1:15pm – 2:45pm	Session III 3:00pm – 4:30pm
Blocks	Caregiving: It's Not Just Routine By Janet Gonzalez-Mena	You Want Me to Do WHAT With Your Baby?! By Janet Gonzalez-Mena	Words, Words, y Mas Palabras: Bilingual Vocabulary Learning By Ryan Pontier
Play-Dough	What To Do About Not Enough Peek-a-boo: I Love You Rituals By Katja von Elbe	I'm Just Mad, I'm Not Bad..... By Romina Pastorelli	The Cradle of Love: Promoting Social and Emotional Development in Children By Melissa Argumosa, PhD
Water Colors	Why We Should Be Involved in Protecting Our Children By Imran Ali	Mom, Dad, Blame it On My Brain By Dana Savidge	The Many Needs of Children Being Raised by Alcohol and Drug Dependent Parents By Deborah Lynskey-Lake
Links, Links, Links	Voices of the World (Promoting Language Development in Infants, Toddlers, and Preschoolers) By Harleen Hutchinson	Building Meaningful Relationships with Families By Jennifer Pecot	Building Meaningful Relationships with Families By Jennifer Pecot (Continuation)
Sand & Water	Nothing I Do Works!! By Ingrid R. Garcia and Sandra Grullon	Helping Families to Deal With a Child With Special Needs By Ingrid R. Garcia and Michelle Rivas	Infant & Toddler Spa!---Your Active, Nutritious Classroom! By Paula Mydlenski
Finger Paint	Meaningful Mealtimes! Chew on Relationship-Building, Concept-Development Skills! By Paula Mydlenski	Emotional and Social Wellness for Infants and Toddlers By Macy Jones	ABCs for Babies: Attention, Bonding and Communicating By Macy Jones

Monday, March 25, 2013
Breakout Session I
10:45am – 12:15pm

Blocks Room

Caregiving: It's Not Just Routine

This is a workshop about essential activities of daily living and how to make them more than just routine. Relationships, the most important ingredient of infant-toddler care built when caregiving is done in ways that bring baby and caregiver closer. Respectful approaches and cultural differences are considered in this highly interactive workshop.

Janet Gonzalez-Mena, WestEd Program for Infant/Toddler Caregivers

Play-Dough Room

What To Do About Not Enough Peek-a-boo: I Love You Rituals

Connections on the outside through touch and eye contact help build connections inside the brain. Understand how playful interaction with a caring adult meets vital developmental needs. Learn a number of new play activities to boost attention and motivation and increase the joy in your classroom.

Katja von Elbe, Conscious Discipline®

Water Colors Room

Why We Should Be Involved in Protecting Our Children

The presentation will focus on the signs of an abused child and intervention steps that should be taken where appropriate. Additionally, the audience will learn about the laws governing child abuse and neglect and reporting procedures.

Imran Ali, Miami-Dade Community Action and Human Services Department

Links, Links, Links Room

Voices of the World

Language development is considered a useful indicator of a child's overall development and cognitive ability and is related to school success. Many low-income children arrive at school already behind in their communication and language. Parents and early childhood professionals play a critical role in the development of a child's early literacy skills.

Harleen Hutchinson, Miami-Dade Community Action and Human Services Department

Sand and Water Room

Nothing I Do Works!!

Would you like to learn how to adapt the learning environment for those young children who have challenging behaviors, language or cognitive delays? This workshop will offer concrete adaptations/strategies that can allow teachers to be effective in their teaching, while having an encouraging and relaxed environment.

Ingrid R. Garcia & Sandra Grullon, United Cerebral Palsy of Miami

Finger Paint Room

Meaningful Mealtimes! Chew on Relationship-Building, Concept-Development Skills

No doubt, intentional, adult-child interactions are the key to long-term outcomes, and nutrition routines are perfect for eyeball-to-eyeball teaching communication! This highly interactive session will engage participants in practicing strategies to enhance relationships with the youngsters in their care, while also implementing concept-development skills—during a quality mealtime routine.

Paula Mydlenski, T/TAS, Western Kentucky University

Monday, March 25, 2013
Breakout Session II
1:15pm – 2:45pm

Blocks Room

You Want Me to Do WHAT With Your Baby?!

What's good for infants and toddlers? We can't answer that question without taking our cues from their families. We'll look at examples of what can be called "cultural bumps" and discuss how to negotiate them in ways that turn cultural and family differences into common concerns.

Janet Gonzalez-Mena, WestEd Program for Infant/Toddler Care

Play-Dough Room

I'm Just Mad, I'm Not Bad

Did you know that aggression peaks at age 2? Running out of ideas to help children self-regulate? Learn about the importance of helping children acquire emotional understand through puppets and games.

Romina Pastorelli, Nova Southeastern University

Water Colors

Mom, Dad, Blame It On My Brain

Basic explanations of the relationship between early brain development and behavior, the fundamental role of neuropsychological assessment in diagnosing common childhood disorders, and the impact of disruptions in different brain regions on children's functional capacity, such as developmental delays.

Dana Savidge, M.A., Miami-Dade Community Action and Human Services Department

Links, Links, Links Room

Building Meaningful Relationships With Families

This session will focus on the process of building collaborative partnerships with families, encouraging and supporting family growth and development through a partnership process, and applying family support strategies in their work with families. Participants will identify and discuss: elements that support successful partnerships, behaviors that discourage partnerships with families and strategies that engage families and support partnerships.

Jennifer Pecot, T/TAS Western Kentucky University

Sand and Water Room

Helping Families to Deal With a Child With Special Needs

This workshop will provide information on the difficulties that families face when they are told that their child has 'special needs'. Usually their children's teachers, social workers or directors are the closest support system that parents have. This session will focus on learning how to give support and encouragement to these families.

Ingrid R. Garcia & Michelle Rivas, United Cerebral Palsy of Miami

Finger Paint Room

Emotional and Social Wellness for Infants and Toddlers

In this session we will explore the infant and toddler's ability to regulate and express emotions; explore new environments; and develop interpersonal relationships. We will have small group discussion on children affected by physical and emotional trauma and prenatal substance abuse.

Macy Jones, RTM Consulting Company

Monday, March 25, 2013
Breakout Session III
3:00pm – 4:30pm

Blocks Room

***Words, Words y Mas Palabras:
Bilingual Vocabulary Learning***

Are you raising or teaching a bilingual infant or toddler? Do you want to know best practices for teaching vocabulary in both languages? This presentation provides concrete, research-based strategies for teaching vocabulary through interacting with bilingual (or soon to be bilingual) children.

Ryan W. Pontier, University of Miami

Play-Dough Room

***The Cradle of Love: Promoting
Social and Emotional Development
in Children***

Positive social and emotional development is critical in early childhood. Participants will gain an understanding of social and emotional development and strategies in promoting and identifying the benefits of positive social and emotional growth.

**Dr. Melissa Argumosa, Family
Counseling Services of Greater
Miami, Inc.**

Water Colors Room

***The Many Needs of Children Being
Raised by Alcohol and Drug
Dependent Parents***

Participants will both receive information and interactively engage in discussion regarding the core knowledge needed when addressing the needs of children of alcohol and drug dependent parents.

**Deborah Lynskey-Lake, Chrysalis
Health**

Links, Links, Links Room

***Building Meaningful Relationships With
Families (Continuation)***

This session will focus on the process of building collaborative partnerships with families, encouraging and supporting family growth and development through a partnership process, and applying family support strategies in their work with families. Participants will identify and discuss: elements that support successful partnerships, behaviors that discourage partnerships with families and strategies that engage families and support partnerships.

**Jennifer Pecot, T/TAS, Western
Kentucky**

Sand & Water Room

***Infant & Toddler Spa!—Your Active,
Nutritious Classroom***

Early Head Start provides a powerful opportunity for guiding youngsters to develop healthy relationships with food and their bodies. In this highly-interactive session, participants will participate in a multitude of everyday, “hands-on” activities.

**Paula Mydlenski, T/TAS, Western
Kentucky University**

Finger Paint Room

***ABCs for Babies: Attention, Bonding
and Communicating***

We will talk about the importance of Attention, Bonding, and Communicating with infants and toddlers. Attention is essential for learning. Bonding develops strong emotional attachments, and communication supports a young child’s language development through talking, listening, singing and reading.

Macy Jones, RTM Consulting Service

Workshops at a Glance



Through The Eyes Of A Child

Tuesday, March 26, 2013

Room	Session IV 9:00am- 10:30am	Session V 10:45am – 12:15pm	Session VI 1:15pm – 2:45pm
Blocks	39 Weeks Are Worth the Wait By Amy Olen	Empowering Families Through Home Visits By Mabel Ramirez	New Millennium Music for the New Millennium Child By Shawn & Shirley Brown
Play- Dough	Moving and Grooving! Learning Through Movement By Ron Mohl	Raising Readers By Rasheeda T. West	Mom, Stop Triggering Me! By Marie St. Fleur
Water Colors	How to Use Puppetry and Storytelling to Educate Young Children By Shawn & Shirley Brown	We Want You! Recruitment Strategies That Work By Jennifer Pecot	Friends That Breathe Together, Grow Together By Carolina Prieto Cristina De Armas
Links, Links, Links	Building Better Brains in Babies By Beryl Watnick, Ph.D.	Meeting Demands Means Washing Hands! Rich Conversations and Juicy Words to Season Your Routines! By Paula Mydlenski	Time Just for You! Engaging Expectant Families in Self- Care, Wellness and a Positive Outlook By Paula Mydlenski
Sand & Water	Chew On This! Literacy in the First Years By Kathleen Hayes	Chew On This! Literacy in the First Years By Kathleen Hayes (Repeat)	Creating Harmonious Classrooms: Manage Classroom Misbehavior and Promote Social Emotional Development By Sara Rosenblum-Fishman
Finger Paint	Building a Collaborative Team By Macy Jones	Mealtime: It's More Than Just Peas and Carrots: Improving Caregiver-Child Relationships Through Feeding By Adriana Herrera	That's Not What I Said! Saying What We Mean to Say By Macy Jones

Tuesday, March 26, 2013
Breakout Session IV
9:00am- 10:30am

Blocks Room

39 Weeks Are Worth the Wait

During the last six weeks of pregnancy, a baby's brain almost doubles in size and grows important connections needed for balance, coordination, learning and social function. Babies born too early may have more health problems at birth and later in life, than babies who stayed in the womb for at least 39 weeks.

Amy Olen, Healthy Start

Links, Links, Links Room

Building Better Brains in Babies

This workshop explores how the young brain develops, and how early experiences shape the brain's architecture. This session will also focus on how responsive caregiving can serve as a buffer against the damage caused by stress and neglect and help children succeed in life.

Dr. Beryl Watnick, Union Institute & University

Play-Dough Room

Moving and Grooving! Learning Through Movement

Get ready to **Move** and **Grove** because during this session we will practice modeling, leading, and assisting little ones while they develop skills from their big to small muscles. We will align movement milestones and activities that can be done in any learning environment.

Ron Mohl, Lakeshore Learning Materials

Sand & Water Room

Chew On This! Literacy in the First Years

We all know that reading – right from the start – is important. We will discuss how you can help parents learn why it is critical and how they can use both tried and true and exciting new materials to support oral language development and early literacy skills.

Kathleen Hayes, Highlights for Children, Inc.

Water Colors Room

How to Use Puppetry and Storytelling to Educate Young Children

This workshop will introduce the enhancement of puppetry use in the classroom. Participants will learn the effective use of puppets to instruct and entertain children. The training will develop the proper use of a puppet, how to develop personality traits and the perfect voice of puppets to interest children.

Shawn Brown, Role Model Productions Inc.

Finger Paint Room

Building a Collaborative Team

You have done everything right in attracting, screening, and finally hiring the right person for the job. It is time for the new employee to start work. What you do the first few days may determine whether the employee becomes a loyal member of the team or a potential problem. Your goal should be minimizing the trauma of the new experience for the employee and helping that employee find his or her place as a part of the team.

Macy Jones, RTM Consulting Company

Tuesday, March 26, 2013
Breakout Session V
10:45 am – 12:15 pm

Blocks Room

Empowering Families Through Home Visits

Presenting an effective model of Home Visitation that empowers families while educating them on child development milestones.

Mabel Ramirez, Florida International University

Play-Dough Room

Raising Readers

Early literacy skills are an indicator of how successful children will be in the future. This workshop serves to equip attendants with knowledge of the importance of early literacy skills, hands on ways to promote literacy, and creative ways to get parents involved in the literacy movement whether from home or at school.

Rasheeda T. West, Wise Child, LLC

Water Colors

We Want You! Recruitment Strategies That Work

In order to reach those most in need of Head Start services, each Head Start grantee and delegate agency must develop and implement a recruitment process that is designed to actively inform all families with Head Start eligible children of the availability of services and encourage them to apply for Head Start services. This session will give participants “tried and true” ideas to successfully recruit families and maintain full enrollment.

Jennifer Pecot, T/TAS, Western Kentucky University

Links, Links, Links Room

Meeting Demands Means Washing Hands! Rich Conversations and Juicy Words to Season Your Routines!

This fun, super interactive session will explore everyday strategies to enhance language modeling---from frequent conversations, open-ended questions, and repetition/extension, to self-and parallel- talk, and advanced language---as participants engage in hands-on activities in the context of quality infant and toddler routines and transitions.

Paula Mydlenski, T/TAS, Western Kentucky University

Sand & Water Room

Chew On This! Literacy in the First Years (Repeat)

We all know that reading – right from the start – is important. We’ll discuss how you can help parents learn why it’s critical and how they can use both tried and true and exciting new materials to support oral language development and early literacy skills.

Kathleen Hayes, Highlights for Children, Inc.

Finger Paint Room

Mealtime: It’s More Than Just Peas and Carrots: Improving Caregiver-Child Relationship Through Feedings

Feedings, whether they occur via bottle, breast, or at the table, provide a situation where a caregiver interacts with a child about 200 times per month! Feedings have the potential to reinforce and build attachment relationships. When they go well, feedings can set the stage for optimal social, emotional, and cognitive development. When feedings go awry, they can set the child on a path toward disrupted development.

Adriana Herrera, Miami-Dade Community Action and Human Services Department

Tuesday, March 26, 2013
Breakout Session VI
1:15pm – 2:45pm

Blocks Room

Developing & Nurturing the Socio/Emotional Development of the New Millennium Child With Music

Participants will be introduced to different styles of music that will reach the children where they are socially. Participants will learn how to make a musical playlist that compliments curriculum and individual teaching styles. The class will be introduced to music designed for transitions, and will have the opportunity to act them out as children and teachers.

Shawn Brown, Role Model Productions Inc.

Play-Dough Room

Mom, Stop Triggering Me!

This session will focus on helping parents help their children decrease anxiety and disruptive behaviors.

Marie St. Fleur, Center for Family and Child Enrichment

Water Colors Room

Friends That Breathe Together, Grow Together

This workshop has been designed to help you identify what stress is and common everyday stressors. It will also teach you how stress affects the body physically. In addition, it will help you discover how stress affects your relationship with children and other's around you, and will provide you with simple stress management techniques that can be utilized in your daily schedule to help reduce your stress level and truly enjoy each moment.

Carolina Prieto & Cristina De Armas, Miami-Dade Community Action and Human Services Department

Links, Links, Links Room

Time Just for You! Engaging Expectant Families in Self-Care, Wellness & a Positive Outlook!

This information-packed, highly interactive session will reflectively explore strategies for engaging expectant mothers—and their significant others—in self-care practices. Physical, emotional, and social perspectives will be discussed as participants walk away with a three-point plan for improving motivational skills for expectant family wellness practices.

Paula Mydlenski, T/TAS, Western Kentucky University

Sand & Water Room

Creating Harmonious Classrooms: Manage Misbehavior and Promote Social-Emotional Development

Learn how to better manage challenging classroom behaviors such as; tantrums, oppositionality, and peer-to-peer conflict by adopting a behaviorist approach. Optimize classroom functioning by honing your skills involved with being consistent and effective in classroom management and promoting social-emotional development.

Sara Rosenblum-Fishman, Miami-Dade Community Action and Human Services Department

Finger Paint Room

That's Not What I Said! Saying What We Mean to Say

Have you ever said something and thought that you were perfectly clear with your message? In this session we will talk about saying what we mean to say; and saying it in a way that the receiver will hear the true intent of your message. Come have fun and let's practice!

Macy Jones, RTM Consulting Company

Workshop Facilitators



Monday, March 25, 2013

Breakout Session I 10:45am – 12:15pm

Facilitator

Silvia Espino
Nadiege Laleau
Marie Allen
Felicia McDade
Pearlina Marr
Carol Harris

Room

Blocks
Play-Dough
Water Colors
Links, Links, Links
Sand & Water
Finger Paint

Breakout Session II 1:15pm – 2:45pm

Facilitator

Karin Hansen
Constance Williams
Zuila Navarrete
Ellaneese Love
Dawn Stewart
Kathy Evans

Room

Blocks
Play-Dough
Water Colors
Links, Links, Links
Sand & Water
Finger Paint

Breakout Session III 3:00pm – 4:30pm

Facilitator

Beverly Sealey
Yvette Knight
Sheila Shelley
Fran Gordon
Wyller Jason
Patricia Everett

Room

Blocks
Play-Dough
Water Colors
Links, Links, Links
Sand & Water
Finger Paint

Workshop Facilitators



Tuesday, March 26, 2013

Breakout Session IV 9:00am – 10:30am

Facilitator

Stephanie Frederick
Tangela Gillis
Donnalee Jex
Luidmila Espinosa
Michell Ponder
Maria Motta

Room

Blocks
Play-Dough
Water Colors
Links, Links, Links
Sand & Water
Finger Paint

Breakout Session V 10:45am – 12:15pm

Facilitator

Arlene Rodriguez
Esthermarie Batista-Mion
Papeya Hossain
Lina Davis
Michelle Black
Joanne Lee

Room

Blocks
Play-Dough
Water Colors
Links, Links, Links
Sand & Water
Finger Paint

Breakout Session VI 1:15pm – 2:45pm

Facilitator

Raquel Paz
Kristin Anderson
Barbara Paschal
LaTonya Jones
Valdire Macken
Monica Mills

Room

Blocks
Play-Dough
Water Colors
Links, Links, Links
Sand & Water
Finger Paint

Special Thanks

The planning committee would like to extend special thanks to the following community partners for their support and participation in this event.



Community
Action and
Human
Services
Department



Healthy
Start

Congratulations and Thank You!!

For all your hard work in planning this very successful
11th Annual Pregnant Women, Infants & Toddlers
Conference

Conference Committee Members

Shree Bethel-Wheeler

Jean Lassague

Catrevia Butler

Angella Malave

Carmen Castaneda

Sandra Manrique

Lynetta Donaldson

Angela Miller

Glenn George

Betty Pericles

Fran Gordon

Rolanda Scott

Chere Herring-Chambers

Beverly Sealey

Marie Joseph

Sheila Shelley

Yvette Knight

Gracelyn Thomas

Marc Virgile

Hostess Committee Members

Kristen Anderson

Catrevia Butler

Kathy Evans

Tangela Gillis

Karin Hansen

Yvette Knight

Sheila Shelley

Gracelyn Thomas



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Lynda Bell

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District 11

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District 12

Rebeca Sosa

District 6

Esteban Bovo, Jr.

District 13

Xavier L. Saurez

District 7

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County Attorney

Carlos Lopez-Cantera

Property Appraiser

Harvey Ruvin

Clerk of Courts

**M i a m i - D a d e C o u n t y C o m m u n i t y A c t i o n
 a n d H u m a n S e r v i c e s D e p a r t m e n t**

Dr. William Zubkoff

Chairman, Community Action
 Board of Directors

Lucia Davis-Raiford

Director

Joy Vickers

Acting Chief of School Readiness
 & Early Childhood Programs

Tonya Ferguson

Policy Council Chairperson

HEAD START/EARLY HEAD START MISSION STATEMENT

"To develop the social competency of young children, promote school readiness and to serve as a catalyst to empower families for growth and change"

COMMUNITY ACTION AND HUMAN SERVICES MISSION STATEMENT

"To Empower Economically Disadvantaged Individuals, Families and Communities Through Advocacy, Resource Mobilization and Service Delivery"

Proud member of the
 Community Action Partnership