



# MIAMI-DADE PUBLIC SAFETY TRAINING INSTITUTE

## JOB-RELATED TASK ASSESSMENT

### INTRODUCTION

The Job-Related Task Assessment (JTA) you will be taking is comprised of numerous obstacles that an officer may encounter within the course of duties. These obstacles will be conducted in a continuous manner and may challenge your physical strength and endurance, balance, flexibility, agility and cardiovascular fitness. The JTA requires a maximum effort and pacing yourself will be important for the successful completion of the test. The time it takes to complete the test will be recorded as your test effort. To receive a passing score, you must complete the JTA in a time of 6 minutes, 57 seconds or less.

### HYDRATION AND NUTRITION

On your test date, you are to report to the testing area, hydrated and prepared to take the test. The Miami-Dade Public Safety Training Institute (MDPSTI) is not responsible for providing water or food prior to, during, or after the JTA. Candidates should consume plenty of fluids 2-3 days prior to testing and a light meal 2-3 hours prior to testing. Candidates should bring additional water and food to be consumed at the completion of their testing.

### YOUR BEST EFFORT IS ENCOURAGED! PACE YOURSELF AND GOOD LUCK!

The JTA measures specific physical abilities through participation in a series of tasks which are listed as follows:

- Sprinting
- Jumping over a 4 foot wall
- Crawling under and through a 3'x5' enclosure
- Jumping over hurdles as high as 2 feet
- Changing directions rapidly while running
- Climbing up and over a 12 foot ladder
- 150 lbs. Dummy Rescue Drag for 50 feet
- Walking/running across a balance beam
- Climbing through a window
- Running up and down stairs
- 180 lbs. sled push and pull
- Simulated controlling of a struggling subject

### LIABILITY WAIVER

I, \_\_\_\_\_, in consideration of being allowed to take the JTA, do hereby agree and vow, that I shall not hold liable the MDPSTI and/or the Miami-Dade Police Department (MDPD) should I incur any injuries or disabilities. I understand that the \$35.00 JTA course fee is non-refundable and that I have 90 days to take the JTA. I have also been orientated to the course, given the opportunity to view a video of the course, and have had any questions satisfactorily answered regarding the test.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature



## PHYSICIAN'S MEDICAL CONSENT FORM TO PARTICIPATE IN THE JOB-RELATED TASK ASSESSMENT

Dear Physician:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

DL State: \_\_\_\_\_ DL Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_

This letter is to inform you of the above named applicant's intention to participate in the Pre-Academy Job-Related Task Assessment (JTA). The primary goal of this test is to determine if the applicant is capable of performing MINIMUM standards appropriate for law enforcement.

The test will consist of a series of job-related physical performance tests that are designed to measure balance, flexibility, muscular endurance and strength, anaerobic capacity, and fine motor skills. These tests will require MAXIMUM effort and will include the following activities:

- Sprinting
- Jumping over a 4 foot wall
- Crawling under and through a 3'x5' enclosure
- Jumping over hurdles as high as 2 feet
- Changing directions rapidly while running
- Climbing up and over a 12 foot ladder
- 150 lbs. Dummy Rescue Drag for 50 feet
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### PHYSICIAN PLEASE COMPLETE THE FOLLOWING SECTION

I have examined the above named applicant and evaluated his/her medical history. On the basis of my evaluation, I recommend that: *(Physician must initial in the appropriate section).*

\_\_\_\_\_ Candidate can participate without restrictions.

\_\_\_\_\_ Candidate is not able to participate at this time.

Signature of Physician: \_\_\_\_\_ Date: \_\_\_\_\_

Office Address: \_\_\_\_\_ Telephone #: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

For questions, please contact the MDPSTI, Basic Training Section, Sergeant Guerry Leonard at telephone number (305) 715-5000.



## **MIAMI-DADE PUBLIC SAFETY TRAINING INSTITUTE**

### **JOB-RELATED TASK ASSESSMENT**

### **PROHIBITED ACTIVITIES**

Applicants are prohibited from:

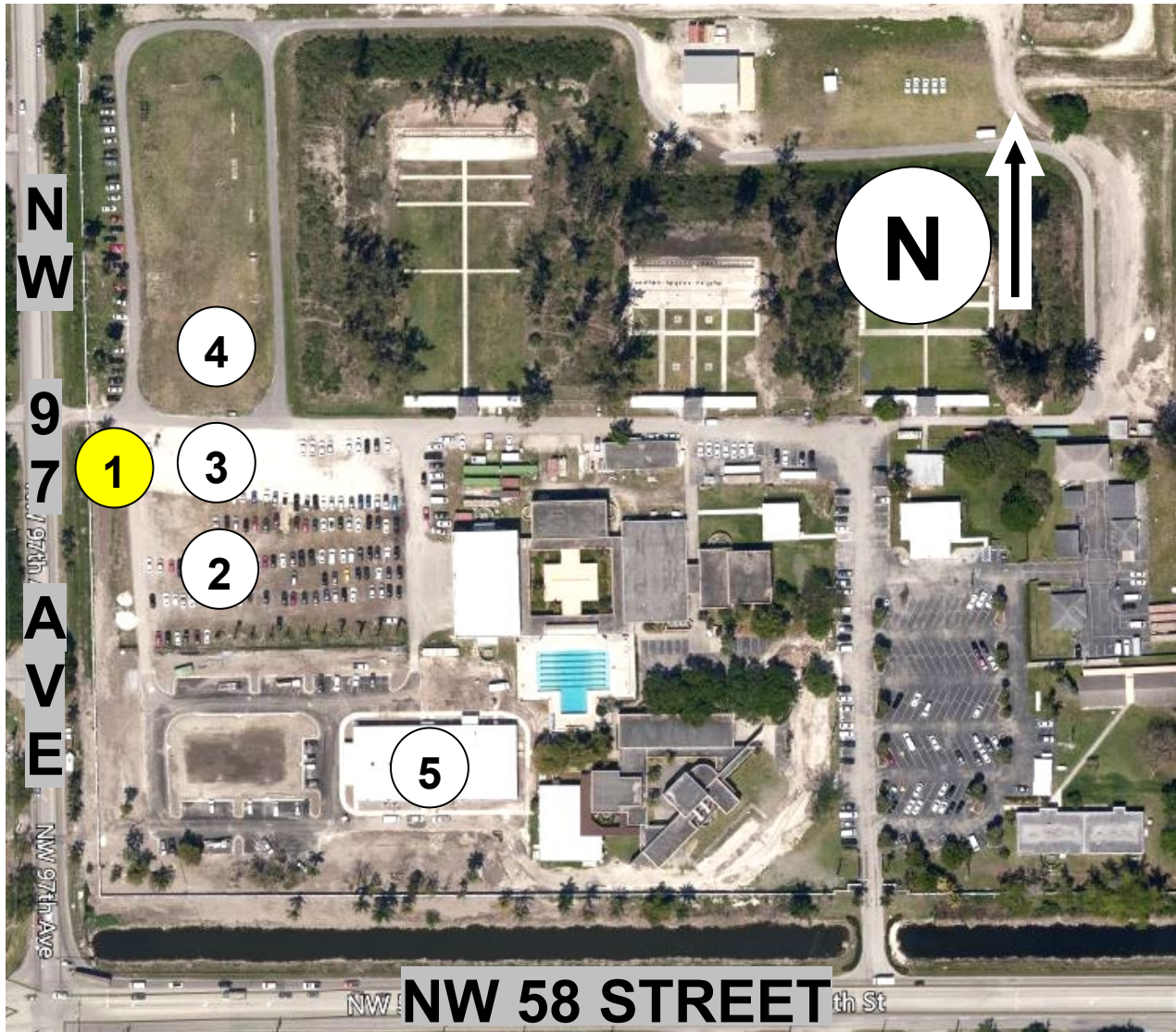
- Wearing headphones, ear buds or any other listening or communication device that has to potential to obstruct audible instructions
- Carrying any device that projects sound during the JTA
- Wearing of any body worn camera/recording system
- Recording video or taking photographs of themselves or any other applicant at the MDPSTI
- Asking anyone to record video or take photographs of themselves or any other applicant at the MDPSTI
- Having any family members, friends, associates, etc. accompany them to or meeting them at the MDPSTI (this includes all MDC employees)
- Wearing any article of clothing, device, or equipment that offers any potential for an unfair advantage during testing (i.e. weight lifting gloves, wrist wraps, back braces, etc.)
- Pacing, running alongside of or cheering on another applicant

Any violations of the aforementioned prohibited activities will result in the applicant self eliminating.

For more additional information on prohibited activities, please contact MDPSTI Basic Training Section, Sergeant Guerry Leonard at telephone number (305) 715-5000.



# MIAMI-DADE PUBLIC SAFETY TRAINING INSTITUTE MAP



1. JTA Entrance

2. JTA Applicant Parking

3. Applicant holding area

4. JTA Obstacle Course

5. 1000 Building bathrooms