



COMMON FISH KILL CAUSES

A sudden appearance of dead fish in a lake or pond causes considerable concern and alarm for most people. Our first reaction is to suspect someone of poisoning the waterbody. Most fish kills, however result from natural events, although people can influence their frequency and severity. Fish kills usually result from too little oxygen in the water, according to biologists with the Florida Game and Fresh Water Fish Commission. The Everglades Region receives between 150 and 200 fish kill reports each year. While some result from spills or illegal discharges of toxic substances, most kills occur when oxygen dissolved in the water, drops to levels insufficient for fish survival.

For a dissolved oxygen or DO related fish kill to occur, a combination of environmental conditions must occur simultaneously. Weather patterns, water temperature, depth and quality, amount and type plant growth, fish community structure, along with the presence of viruses and bacteria, are all factors that can trigger a fish kill. The amount of oxygen dissolved in water is inversely proportional to water temperature. As water temperature rises, the amount of dissolved oxygen decreases. During hot weather, surface waters warm up more rapidly than deep water, forming layers (stratification). Because photosynthesis and oxygen production occur near the surface, water in the deep layers becomes void of oxygen and develops a substantial oxygen demand. Heavy winds and cold rain normal to the Florida environment, can cause the oxygen-deficient bottom waters to rise. If the oxygen demand is sufficient, all of the dissolved oxygen present can be rapidly removed from the water column resulting in severe oxygen depletion and subsequent fish kills.

Lakes, ponds, and canals located in residential areas are particularly vulnerable to DO related fish kills. Developed areas create runoff that contains high amounts of nutrients from septic tanks, and street and yard drainage that enters waterbodies and causes water quality problems. Excess levels of nutrients from fertilizers applied to lawns, golf courses and farms cause aquatic plants to thrive.

Ponds with high nutrient levels produce dense growths of microscopic plants called algae. When sunlight is available, algae use nutrients and produce oxygen through the process of photosynthesis. Most oxygen available to fish comes from algae. During nighttime and cloudy weather, low sunlight causes algae to switch from photosynthesis to respiration; thereby consuming oxygen needed by fish.

During severe events, fish can suffocate from low DO. Most frequently, however, fish become stressed during a low DO period and become susceptible to viral or bacterial infections.

Chain reaction suffocates fish

Rainy days create oxygen-starved water

By LOURDES RODRIGUEZ-FLORIDO and BOB FRENCH
Staff Writers

Fish in South Florida are literally dying for air.

About 10,000 bass, bream, shad, shiners and warmouth have been found belly-up in lakes, ponds and canals throughout South Florida. Residents, worried they are witnessing an ecological disaster, have flooded the Florida Game and Fresh Water Fish Commis-

■ Flooding fails to qualify for disaster money. 3B

sion with calls.

But state scientists say blame it on the rain.

It's nothing more than a chain reaction caused by the precipitation of the past few weeks. Seems the lack of sunshine causes aquatic plants to suck oxygen out of the lakes, which in turn suffocates the fish.

"Sometimes rain works the other way around," said Lt. Jim Huffstodt, a spokesman for the Game and Fresh Water Fish Commission in West Palm Beach. "It's not unexpected with the weather conditions we've had."

This month, 16 of the 24 reports of fish kills in South Florida the commission received were from Broward County. Fish in Palm Beach County fared better.

Huffstodt said there were fewer fish deaths in Palm Beach County because it got far less rain than Broward.

While fish deaths may seem traumatic to the public, they are part of the cycle of nature, said Frank Morello, a biologist with the commission.

"This is a natural phenomenon. It

1 Rain clouds hide sunlight that plants need to convert carbon dioxide into food and release oxygen.

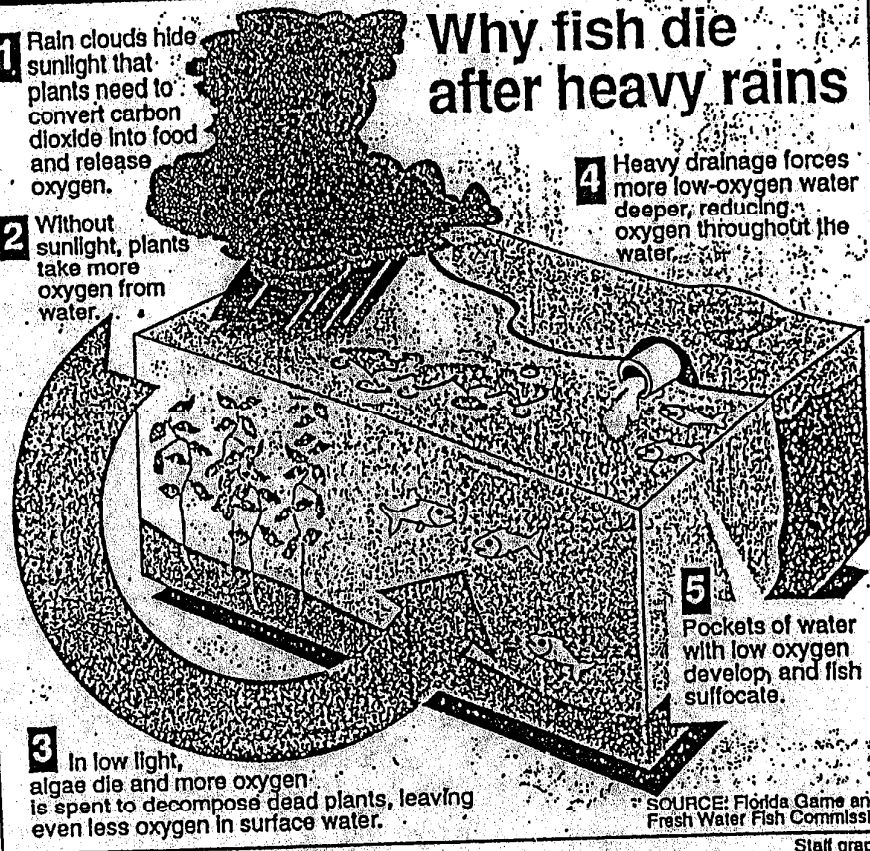
2 Without sunlight, plants take more oxygen from water.

3 In low light, algae die and more oxygen is spent to decompose dead plants, leaving even less oxygen in surface water.

Why fish die after heavy rains

4 Heavy drainage forces more low-oxygen water deeper, reducing oxygen throughout the water.

5 Pockets of water with low oxygen develop, and fish suffocate.



SOURCE: Florida Game and Fresh Water Fish Commission

Staff graphic

happens every year," he said.

Normally, plants absorb sunlight to convert carbon dioxide and water into food and give off oxygen as a byproduct in a process known as photosynthesis.

During prolonged rains, clouds obscure sunlight, and plants reverse the process — releasing carbon dioxide and absorbing oxygen from water, Morello said.

More oxygen is removed when other plants, such as algae, die from a lack of sunlight and decompose, he said. Drainage canals also exacerbates the problem

by circulating layers of unoxygenated water throughout the water systems where fish live.

"I suppose that might be the reason," said Gordon Flint of Miramar, who seemed a little skeptical of the commission's reasoning.

Flint was strolling by a lake near his home when he noticed it was littered with dead fish. He counted 19 dead bass in the lake and on Monday saw more dead bass and bream in another nearby lake. He blames it on pesticides sprayed over the lakes to control aquatic weeds.



Dissolved Oxygen for Fish Production

Ruth Francis-Floyd*

What is dissolved oxygen?

Dissolved Oxygen (DO) refers to oxygen gas that is dissolved in water. Fish "breathe" oxygen just as land animals do. However, fish are able to absorb oxygen directly from the water into their bloodstream using gills, whereas land animals use lungs to absorb oxygen from the atmosphere.

What are the sources of oxygen in an aquatic environment?

There are three main sources of oxygen in the aquatic environment: 1) direct diffusion from the atmosphere; 2) wind and wave action; and 3) photosynthesis. Of these, photosynthesis by aquatic plants and phytoplankton is the most important.

Oxygen is produced during the day when sunlight shines on the plants in the water. Oxygen levels drop at night because of respiration by plants and animals, including fish. These predictable changes in DO that occur every 24 hours are called the *Diurnal Oxygen Cycle* (Figure 1).

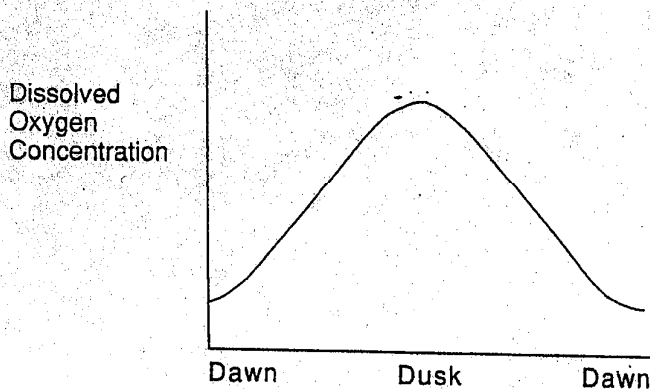


Figure 1. Dissolved Oxygen concentration in ponds fluctuates on a 24-hour basis. This fluctuation is called a "Diurnal Cycle." Dissolved oxygen increases during daylight hours when photosynthesis is occurring, and decreases at night when respiration continues but photosynthesis does not.

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What is an oxygen depletion?

An oxygen depletion refers to low levels of DO that result in fish mortality. A concentration of 5 parts per million (ppm) DO is recommended for optimum fish health. When DO concentrations drop below 2 ppm, fish are severely stressed, and when concentrations fall below 1 ppm they begin to die. The number of fish that die during an oxygen depletion is determined by how low the DO gets and how long it stays down. Usually large fish are affected by low DO before small fish are.

What causes an oxygen depletion?

An oxygen depletion occurs when oxygen consumption exceeds oxygen production. Increases in oxygen consumption can be caused by an overabundance of aquatic plants or algae in the ecosystem, "turnover" of a body of water (see **Stratification/pond turnover section**), increased organic waste entering the water (i.e., manure from feedlots, septic tank waste water, and excess fish feed), death and decay of organic matter (i.e., plant or algae die-offs), or by certain chemicals (i.e., formalin) that remove oxygen directly from the water column.

Why are oxygen depletions most troublesome in the summer?

Although oxygen depletions can occur at anytime, they are most common, and most likely to cause fish kills, during hot summer weather. Decreases in oxygen production are caused by events such as cloudy weather and plant or algae die-offs that shut down photosynthesis. These heavy populations of plants or algae are the most important producers of oxygen in the system. However, they are also the most important users of oxygen. There are several reasons why oxygen depletions are more common in the summer.

High water temperature

Warm water is much less capable of holding oxygen gas in solution than cool water. For example, water that is 90°F can only hold 7.4 ppm DO at saturation, whereas water that is 45°F can hold 11.9 ppm DO at saturation. This physical phenomenon puts the fish in double jeopardy because at high water

temperatures the metabolic rate is increased, hence their physiologic demand for oxygen is increased.

Cloudy, still weather

Muggy, overcast summer days often precipitate oxygen depletions. During cloudy weather, the intensity of light reaching surface waters is greatly diminished, resulting in a marked decrease in oxygen production. Oxygen consumption, however, remains unchanged. This results in a net loss of oxygen over each 24-hour period. This loss of oxygen from decreased production is confounded by still, muggy, humid weather common on overcast summer days. Oxygen transfer (from the atmosphere into the water) is minimal because there is little or no wind/wave action. The net result over a period of several days is oxygen depletion and, often, fish kills.

Stratification/pond turnover

During hot weather, surface waters warm up more rapidly than deeper water. As the difference in temperature increases between warm surface water and cool bottom water, a thermocline develops. A *thermocline* is an area of rapid temperature change that acts as a physical barrier between warm water at the surface (*epilimnion*) and cold water at the bottom (*hypolimnion*). When a thermocline is present there is no mixing of surface and deep layers of water. Because photosynthesis and oxygen production only occur near the surface, water in the deep layer becomes devoid of oxygen and develops an oxygen demand. The thermocline can be broken by heavy wind and cold rain, common during summer thunderstorms. When the thermocline breaks down, the oxygen-rich surface waters mix with oxygen-deficient bottom waters. If the oxygen demand is sufficient, all DO present will be rapidly removed from the water column, resulting in severe oxygen depletion and a fish kill.

How to determine if low DO is the cause of a fish kill

Unfortunately, the only way to know for sure if oxygen depletion has caused a fish kill is to measure oxygen in the affected water while the fish kill is in progress. Indications of oxygen depletion as a probable cause of a fish kill include:

- All fish die at approximately the same time (often during the night or in the pre-dawn hours).
- Large fish may be affected more than small fish.
- Moribund fish may be seen at the surface "gasping" for oxygen (this is called "piping").
- Some species may die with their back arched, gills flared, and mouth open. This is most com-

monly seen in hybrid striped bass, and occasionally in catfish.

- The weather immediately prior to the fish kill may have been hot, still, and overcast. A severe thunderstorm may have occurred immediately prior to the fish kill.
- An oxygen depletion severe enough to result in significant fish mortality is often observed in water with heavy populations of algae or aquatic plants.

What should I do if I suspect a fish kill has been caused by low DO?

The most important thing to do if fish are dying from low DO is to turn on an aerator. If emergency aeration is not available, little can be done to help the fish. To confirm the problem, oxygen levels should be tested while the fish kill is in progress. Many county extension agents are equipped with water testing equipment. In addition, biologists with the Florida Game and Freshwater Fish Commission or IFAS Aquaculture Extension Specialists may be available to assist.

Preventing an oxygen depletion

An oxygen depletion can be predicted and therefore prevented, by monitoring dissolved oxygen levels in a pond. The most efficient tool for measuring DO is an electronic oxygen meter. These instruments are available through most aquaculture supply companies at a variety of prices. Chemical test kits are also available. These are more troublesome to run, but are accurate and do not require as great an investment by pond owners.

Commercial catfish farms often hire night oxygen crews to monitor DO concentration in each pond at 2-hour intervals through the night. This is the surest way of avoiding a fish kill caused by low DO. Aeration systems can be turned on if oxygen levels drop below a certain concentration (usually 2 to 4 mg/l).

Monitoring oxygen throughout the night is impractical for recreational pond owners and part-time fish farmers. For these people it is easier to "predict" an oxygen depletion by measuring DO levels in the late afternoon (5 to 6 PM) and late evening (8 to 10 PM). The decline in DO during the night can be predicted by graphing DO concentration against time on standard graph paper (Figure 2). If the projected concentration of DO is below 4 mg/l before 7 AM, emergency aeration is recommended.

If equipment to test DO concentration (meter or test kit) is not available, the following observations and conditions can be used to anticipate oxygen depletion:

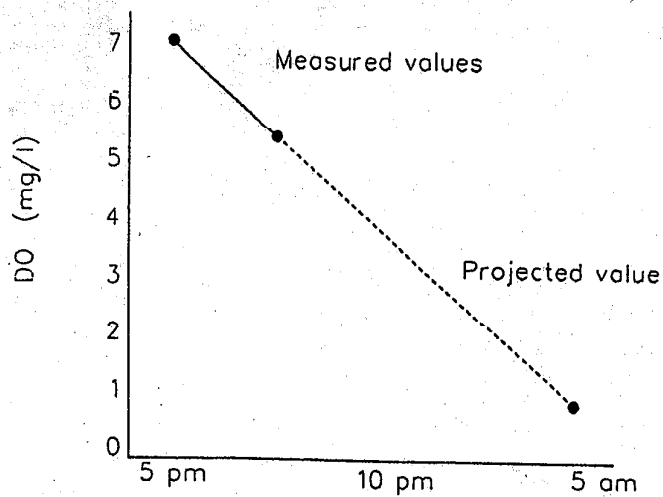


Figure 2: Estimation of potential for dissolved oxygen depletion.

- Fish swim at or near the surface gulping air (piping).
- Fish stop feeding suddenly.
- There is a rapid change in water color to brown, black, or gray.
- A putrid odor arises from the water.

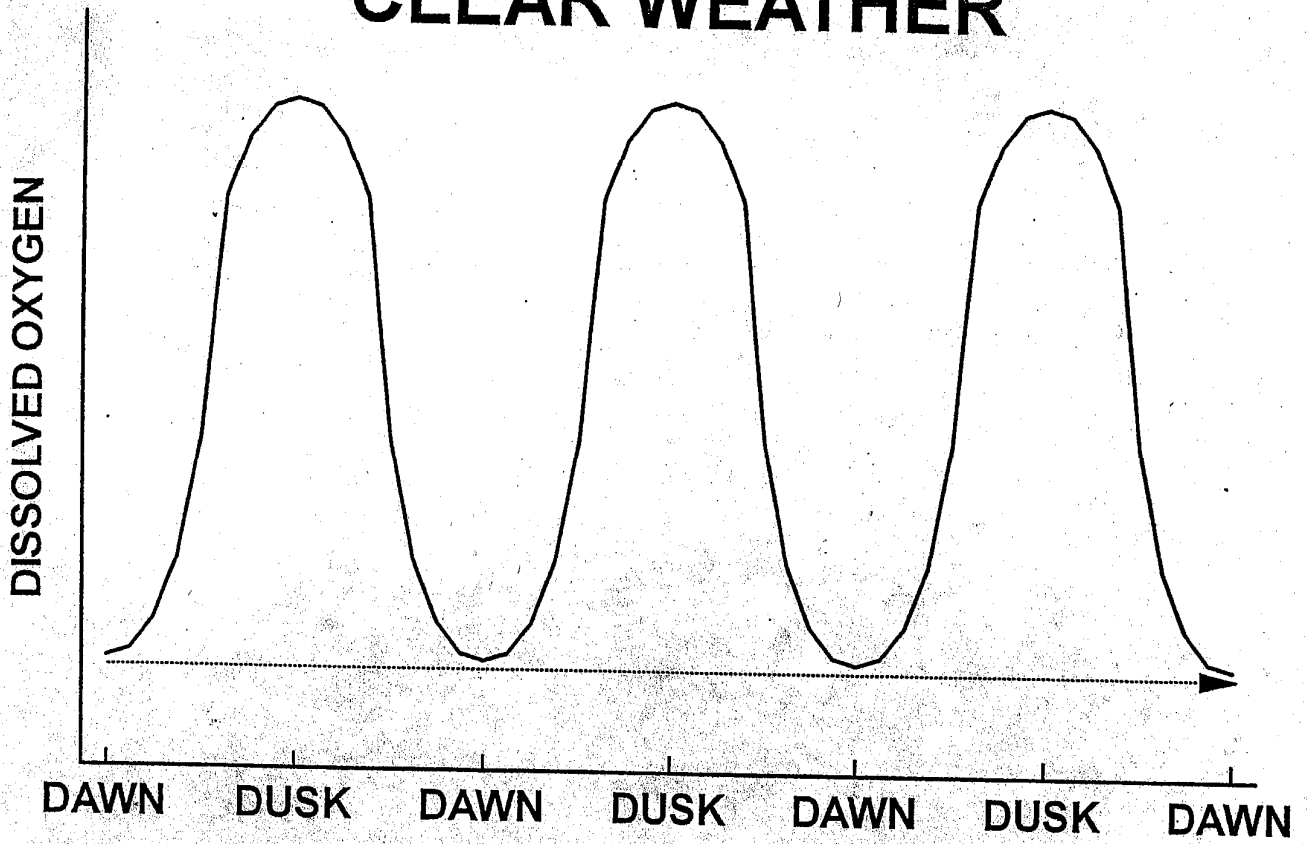
- There is a loss of algae bloom.
- There has been an extended period of hot cloudy weather.
- There is a heavy summer wind and rainstorm.

Emergency aeration should be applied whenever fish show signs of oxygen depletion or when dissolved oxygen drops below 4 mg/l.

Summary

Dissolved oxygen (DO) is oxygen gas (O_2) that is dissolved in water. Most DO in ponds is produced during photosynthesis by aquatic plants and algae. For this reason DO increases during daylight hours, declines during the night, and is lowest just before daybreak. Dissolved oxygen concentrations below 5 mg/l may be harmful to fish, and piping (gulping air at the surface) may be observed when DO falls below 2 mg/l. Low levels of DO are most frequently associated with hot, cloudy weather, algae die-offs, or heavy thunderstorms. Dissolved oxygen can be monitored using an electronic oxygen meter or chemical test kit. Emergency aeration should be supplied whenever DO falls below 4 mg/l or environmental conditions favor an oxygen depletion.

CLEAR WEATHER



CLOUDY WEATHER

