

September

2023

WellTalk Panels: Wednesdays from 10:30-11:30 am

Employee Assistance Program: Recovery Month and Suicide Prevention Awareness Month Panels

How to support a loved one struggling with Mental Health and Substance Use:

[Click here to join the meeting](#)

How to maintain and sustain recovery :

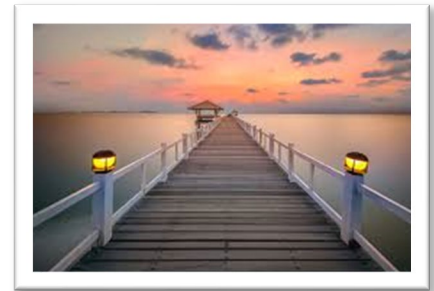
[Click here to join the meeting](#)

SUD Trending for parents and loved ones :

[Click here to join the meeting](#)

Suicide Awareness Training: How to help and support a loved one :

[Click here to join the meeting](#)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
					1	2
3	4	5	6	7	8	9
10	11	12	13 Panel: How to support a loved one who is struggling with Mental Health and Substance Use	14	15	16
17	18	19	20 Panel: How to Maintain and Sustain Recovery	21 2:00-4:00 pm Suicide Awareness Training: How to help and support a loved one	22	23
24	25	26	27 Panel: SUD Trending for Parents and Loved Ones	28	29	30

