



# Your Miami-Dade Diabetes Vision benefit

## Diabetes can affect sight

If you're having difficulty seeing, it may be a sign of diabetes.

Your eye doctor, an ophthalmologist or optometrist, can examine the retina for signs of eye disease, including diabetic retinopathy.

If diabetic retinopathy is detected, it can be treated with laser surgery. While there is no cure for diabetes, it can be managed. Proper medication, close monitoring of blood sugar levels, a healthy diet and regular exercise can help and reduce the likelihood of vision-related complications.

## Your Diabetes Vision benefit

For no additional cost, when you see an in-network vision provider, your Humana vision plan diabetes benefit includes:

Service	Cost	Frequency
Medical office visit	\$0	2/year
Retinal imaging		
Extended ophthalmology		
Gonioscopy		
Scanning laser		



## Know the symptoms

The early symptoms of diabetic retinopathy may be hard to detect. According to the National Eye Institute, you may experience changes in your vision (blurry vision, floating spots) or have difficulty reading or seeing faraway objects.



[R1 Proof]

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