

MIAMI-DADE COUNTY

# HAWAII-ITHRIVE-O 5K

**SEPTEMBER 24<sup>th</sup>, 2022 7:00 a.m. - 12:00 p.m.**  
**Haulover Park 10800 Collins Ave - Miami, FL 33154**

**Registration: \$5**

**Late Registration,  
(After August 22): \$10\***

## **RACE INFORMATION:**

Experienced Runners at 7:00 a.m.  
General Race at 7:30 a.m.  
Closing time at 9:00 a.m.  
Awards Ceremony at 10:00 a.m.

Join us for our 6th annual 5K Family Fun Day. This year our theme is Hawaii I-Thrive-O. Let the smell of Hawaiian roasted pork sliders with the backdrop of one of the world's most beautiful beaches make it a day to remember with the County family.

- Celebrate our 5K racers, Countywide Biggest Winners and our First ITHRIVE Anniversary
- Yoga and stretch sessions at 7 and 9 a.m.
- Aloha Kids Zone with rock climbing and more fun
- Entertainment including Hula and Fire Dancers from Creative Entertainment Group
- Food and refreshments featuring Salty Doughnuts, Asados Pepe, Kona Ice and others
- DCFCU scavenger hunt with a \$100 grand prize on event day
- Giveaways, contests and more

**Register by September 3.** No tickets will be available on event day.

All participants must register online for this event:

<https://runsignup.com/Race/FL/MiamiBeach/MDC5kFamilyFunDay>

This will be an in-person event and all participants in attendance are recommended follow all applicable county, state and CDC guidelines.

\*T-shirt sizing and complete race day packet cannot be guaranteed to those who register after August 22.

To request materials in accessible format, sign language interpreters, and/or any accommodation to participate in any County-sponsored program or meeting, please contact Myra Marlow, **305-375-4167** or [Myra.Marlow@miamidade.gov](mailto:Myra.Marlow@miamidade.gov) five days in advance to initiate your request. TTY users may also call **711** (Florida Relay Service).

Brought to you by the Benefits and Employee Support Services  
Division of the Miami-Dade County Human Resources Department

