SEPTEMBER 24th, 2022 7:00 a.m. - 12:00 p.m.  
Haulover Park 10800 Collins Ave - Miami, FL 33154

Registration: $5  
Late Registration,  
(After August 22): $10*

Join us for our 6th annual 5K Family Fun Day. This year our theme is Hawaii I-Thrive-O. Let the smell of Hawaiian roasted pork sliders with the backdrop of one of the world’s most beautiful beaches make it a day to remember with the County family.

- Celebrate our 5K racers, Countywide Biggest Winners and our First ITHRIVE Anniversary  
- Yoga and stretch sessions at 7 and 9 a.m.  
- Aloha Kids Zone with rock climbing and more fun  
- Entertainment including Hula and Fire Dancers from Creative Entertainment Group  
- Food and refreshments featuring Salty Doughnuts, Asados Pepe, Kona Ice and others  
- DCFCU scavenger hunt with a $100 grand prize on event day  
- Giveaways, contests and more

Register by September 3. No tickets will be available on event day.

All participants must register online for this event:  
https://runsignup.com/Race/FL/MiamiBeach/MDC5kFamilyFunDay

This will be an in-person event and all participants in attendance are recommended to follow all applicable county, state and CDC guidelines.

*T-shirt sizing and complete race day packet cannot be guaranteed to those who register after August 22.

To request materials in accessible format, sign language interpreters, and/or any accommodation to participate in any County-sponsored program or meeting, please contact Myra Marlow, 305-375-4167 or Myra.Marlow@miamidade.gov five days in advance to initiate your request. TTY users may also call 711 (Florida Relay Service).