

MDC – Maya Building 1351 N.W. 78th Ave.

Area outside of MRU Weight Room

Free Screening Includes:

• Blood Pressure • Cholesterol • Blood Sugar • BMI • Massage

March 19, 2025

12:00pm-4:00pm

Schedule Appointment Here



*Earn \$20 and 25 wellness points by participating

Please bring your AvMed Insurance card.

To request materials in accessible format, sign language interpreters, and/or any accommodation to participate in any County-sponsored program or meeting, please contact Takia Burnett at 305-375-4585 or takia.burnett@miamidade.gov five days in advance to initiate your request. TTY users may also call 711 (Florida Relay Service).





