

Get active to make your steps count and compete for the greatest endurance and stride efforts to determine the **Step Up, Revive, and Thrive Face Off Challenge 2024 Champions**

STEP **UP** REVIVE AND THRIVE FACE-OFF CHALLENGE 2024



We are looking for 32 teams of 25 participants to join our annual steps challenge tournament for 2024!

**Registration Open
October 2, 2023 –
November 17, 2023**

**Challenge Dates
January 22, 2024 –
November 8, 2024**

Tournament Rounds

(Round 1=10 weeks; Rounds 2-5=8 weeks each)

- Round 1** All teams compete
- Round 2** Only Top 50% teams advance - Bottom 50% will be eliminated
- Round 3** Only Top 50% teams advance - Bottom 50% will be eliminated
- Round 4** Only Top 50% teams advance - Bottom 50% will be eliminated
- Round 5** Final teams go head-to-head to become the Challenge Champions.

Redemption Challenge

Any participants eliminated from Tournament Rounds 2 and 3 will be moved into an individual Redemption Tournament with the other participants eliminated in those rounds. In the end, there will be a Team Tournament Champion and 2 Redemption Challenge Winners.

To Register

Designated Team Captains will enter benefits-eligible participants' complete information on the registration form and submit the completed form to **WellnessWorks@miamidade.gov** by **November 17, 2023**. Each department may enroll up to two department teams to compete in the tournament.

**All participants must be benefits eligible by November 30, 2023*

Team Captains

Each Department Team must have a minimum of 18 participants and a designated Team Captain.

The Team Captain is responsible for the following:

- Completing and submitting the Team Registration Form.
- Coordinating swag bag and incentive prize pick-ups for their Team.

All Team Members Must:

- Appear on the Registration Form submitted by Team Captain.
- Be registered on the **HealthyRoads.com** website.
- Have a device that is linked to their Healthy Roads account to track steps by January 1, 2024.

All Participants Earn

- **WellnessWorks** shirt and other surprise incentives.
- 25 Wellness points each quarter towards the 75 points required for eligible entry to the \$250 quarterly raffles.

Winning Department Team Members Earn

- **WellnessWorks** Mega Swag Bag
- Bragging Rights
- One year ownership of the **Championship WellnessWorks Belt**.

Disclaimer: The Team Registration Form is required to be completed for participation in this Challenge. Team members cannot be changed, added or replaced once Department Teams are set up. Any participant who displays significant anomalies in performance will automatically be disqualified from the competition. This may impact their Department Team's performance and/or elimination from the Challenge.

For More Information email WellnessWorks@miamidade.gov

To request materials in accessible format, sign language interpreters, and/or any accommodation to participate in any County-sponsored program or meeting, please contact Takia Burnett at 305-375-4585 or takia.burnett@miamidade.gov five days in advance to initiate your request. TTY users may also call 711 (Florida Relay Service.)

Presented by the Human Resources Department; Benefits and Employee Support Services Division.

