

The People and Internal Operations Department's WellnessWorks Program invites you to the

9TH ANNUAL MONSTER Mash



5K DASH & FAMILY FUN DAY

Presented by Mayor Daniella Levine Cava

Saturday, October 18, 2025
6:00 am – 12 noon

Zoo Miami

12400 SW 152 Street, Miami, FL 33177

No tricks, all treats, and a touch of spooky and sweet at the 9th Annual Monster Mash 5k Dash and Family Fun Day. Join us for a day of not so scary fun, and fitness. Lace up your sneakers and bring your family along to enjoy, including zoo admission following the festivities. We invite you and your family to dress up in your most festive costume! Employees can come dressed up for the 5k following the Zoo's rules on costumes.

► For more information:

<https://secure.miamidade.gov/employee/wellness-works/wellness-works-resources.page>
or Contact: WellnessWorks@miamidade.gov

Early Registration: 7.28.2025 – 8.23.2025
General Registration: 8.24.2025 until the event date of **10.18.2025**

Early Registration:

5k Only \$5
Fun Day Only \$5
Fun Day/5K \$10

General Registration:

5k Only \$10
Fun Day Only \$10
Fun Day/5K \$15

- **EARLY REGISTRATION UNTIL AUGUST 23, 2025**
Guarantees T-shirt sizing and complete race day packet.
- You **MUST** register by October 18, 2025 prior to event start time.
- All participants must register online for this event.
Click or visit website below for Online Registration.
<https://runsignup.com/Race/FL/Miami/MDC5kFamilyFunDay>



Race Information:

Experienced Runners at 7:00 a.m.
General Race at 7:30 a.m.
Closing time at 9:00 a.m.
Awards Ceremony at 10:00 a.m.

To request materials in an accessible format, sign language interpreters, and/or any accommodation to participate in any County-sponsored program or meeting, please contact Takia Burnett at 305-375-4585 or takia.burnett@miamidade.gov five days in advance to initiate your request. TTY users may also call 711 (Florida Relay Service).

Presented by the People and Internal Operations Departments Benefits and Employee Support Services Division

