



FIGHT FOR AIR  
**CLIMB**

Average Climb Time: 10 minutes  
Climbers range in age from 10–86

March 9th, 2019

One Biscayne Tower | Miami, FL  
38 FLOORS | 648 STAIRS

Event Overview

Register today! [FightForAirClimb.org/Miami](http://FightForAirClimb.org/Miami)

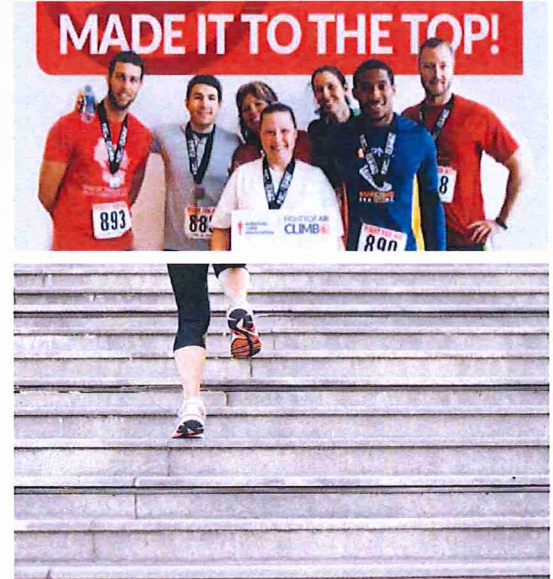


When you participate in a **Fight For Air Climb** event, you are stepping up to make a positive impact for those affected by lung disease and making a difference in the air we breathe. As a participant, you raise funds to support the American Lung Association’s mission while climbing the stairs of a skyscraper.

Whether you are climbing alone or with friends and family– as a part of healthy lifestyle or in honor of all those who are affected by lung disease– you will achieve a sense of personal accomplishment . Reaching the top of the building and the height of your fundraising potential will be a gratifying experience.

REGISTRATION \$25

\$100 MINIMUM FUNDRAISING REQUIREMENT PER PERSON



Why should your company participate in the Fight For Air Climb

- Helps build stamina
- Builds mental and physical confidence
- Healthy competition with staff and employees
- Offers community involvement while supporting research, advocacy and patient programming for all those affected by lung disease.
- Helps engage employees, at all physical fitness levels, through a fun and meaningful activity together.
- Increases lung disease awareness, which leads to early disease detection
- Increases cardiovascular fitness
- Brings company employees together in support of a common goal : A world free of lung disease
- Helps build and boost camaraderie with your employees as you partake in a shared activity.

Are you ready to make Every Step Count? The **Fight For Air Climb** attracts people who are motivated and passionate about the cause, as well as those who enjoy new challenging athletic events.