

New, free, 24/7 internet access to information & tips about Alzheimer's & Related Memory Disorders:

Florida's Alzheimer's Disease Initiative

EDUCATION MANUAL

Understanding & Dealing With Alzheimer's Disease & Related Disorders

At Florida Department of Elder Affairs (DOEA) website:

elderaffairs.state.fl.us/doea/docs/adi_manual_2012_final.pdf

17 Chapters include information on:

- early signs of memory and thinking problems
- what is in a full medical exam
- fixable, treatable and progressive memory disorders
- tips for brain health and planning ahead
- suggestions for care and communication
- fun activities – keeping busy
- behavioral challenges
- drivers-at-risk
- Silver Alert
- caregiver stress
- family issues
- Florida Brain Bank
- other resources

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