

GOOD MORNING EVERYONE!

I'M GLAD TO BE HERE AS WE JOIN TO CELEBRATE OUR 'SPRING INTO WELLNESS FAIR.'

THIS IS AN EXTRA SPECIAL DAY BECAUSE WE GET TO SPEND IT AS A COUNTY FAMILY...

AND WE HAVE OUR CHILDREN HERE ON "BRING YOUR CHILDREN TO WORK DAY!"

WE ALL KNOW THAT STAYING ACTIVE IS PART OF OUR OVERALL WELLNESS...

AND OUR COUNTY HAS A WIDE RANGE OF PROGRAMS AND ACTIVITIES DESIGNED TO PROMOTE AND IMPROVE OUR HEALTH AND WELLBEING.

TODAY IS A GREAT OPPORTUNITY TO TAKE SOME TIME TO ENJOY THE ACTIVITIES, TASTE SOME GREAT FOOD...

AND LEARN MORE ABOUT STAYING HEALTHY THROUGH ALL THE USEFUL INFORMATION THAT OUR EVENT SPONSORS HAVE ON HAND WITH THEM TODAY.

AND THIS IS A MESSAGE TO ALL THE CHILDREN JOINING US TODAY.

WHETHER IT'S IN TRANSIT, POLICE AND FIRE,
PUBLIC WORKS, OR ANY OF OUR OTHER COUNTY
DEPARTMENTS...

YOUR PARENTS WORK REALLY HARD!

AND WE APPRECIATE ALL THE TIME THEY SPEND
WORKING TO MAKE MIAMI-DADE A BETTER PLACE
TO LIVE.

SO LET'S GIVE MOM AND DAD A BIG HAND!

PARENTS, LET'S TEACH OUR CHILDREN THAT
WHILE WORKING HARD IS IMPORTANT, IT'S ALSO
IMPORTANT THAT WE KEEP OURSELVES FIT AND
HEALTHY.

AND THAT'S WHAT THE 'SPRING INTO WELLNESS
FAIR' IS ALL ABOUT.

LET'S SHARE IDEAS ABOUT THE THINGS WE CAN
DO, THE FOODS WE CAN EAT, AND THE ROUTINES
WE CAN ADOPT TO LIVE HEALTHIER, HAPPIER
LIVES.

BEFORE WE FINISH, LET ME THANK ALL OF THE MEMBERS OF OUR COUNTY TEAM WHO HAVE MADE THIS FANTASTIC EVENT POSSIBLE:

JACK KARDYS, AND OUR ENTIRE PARKS, RECREATION AND OPEN SPACES DEPARTMENT

LESTER SOLA AND HIS TEAM IN OUR INTERNAL SERVICES DEPARTMENT,

AND

HENRY SORI, AND ALL THE FOLKS IN THE COMMUNITY INFORMATION AND OUTREACH DEPARTMENT.

LET'S GIVE THEM, AND ALL WHO WORKED ON MAKING THIS EVENT HAPPEN A BIG HAND!

THANK YOU ALL VERY MUCH FOR YOUR EFFORTS!

LET'S ALL ENJOY THE ACTIVITIES AND HAVE SOME FUN!

WITH THAT, I'LL HAND IT OVER TO COMMISSION CHAIRWOMAN REBECA SOSA WHO WILL SAY A FEW WORDS

MADAM CHAIRWOMAN...