

**MIAMI-DADE PUBLIC SAFETY TRAINING INSTITUTE
FITNESS CENTER USER AGREEMENT**

WELCOME! You must sign this form and return it to the Reception Desk prior to using the Fitness Center. Thank you.

I, _____, understand that I am voluntarily using the Miami-Dade Public Safety Training Institute Fitness Center, a unit of Metropolitan Dade County, Florida, for personal health and fitness benefits at my own risk. I state and agree as follows:

1. I am not aware of any health condition or injury which restricts or precludes my participation in any physical fitness instruction or activity.
2. I accept the risks of using a Fitness Center and will exercise due care. I do not expect nor will seek medical attention, monetary compensation or damages from Metropolitan Dade County for any injury or illness I may suffer while using or as a result of using the Fitness Center, even if such injury or damage was incurred due to the negligence of Dade County personnel.
3. I accept responsibility for my personal property, including my automobile and its contents. I understand Metropolitan Dade County will not reimburse me for any damage or loss.
4. I understand that my health and fitness are my responsibility. Physical fitness instruction and participation will not guarantee me beneficial results in any capacity.
5. I understand only Miami-Dade Police Department (MDPD), High Intensity Drug Trafficking Area (HIDTA), United States Southern Command (South Com), Federal Bureau of Investigation (FBI), Miami-Dade Corrections Department (MDCD) and personnel or students attending a training course at this location may use the Fitness Center. Miami-Dade Fire Department (MDFD) is allowed to use the swimming pool only. **Family members, friends, or other guests are not allowed.**
6. I must sign – in and present my Identification at the Reception Desk each time I use the facility.
7. I must wear conservative work-out attire, including a full-length T-shirt with sleeves. Tank tops or leotards are only allowed while participating in an Aerobics class. Non-marking soled shoes are required in the gym and racquetball courts. Conservative one piece swimsuits are required for pool use. Bikinis, thongs, or low-cut suits are not authorized.
8. I will use a locker only while I am using the facility. Locks left overnight will be cut off.
9. I will use equipment properly and carry a towel to wipe off equipment after I use it.
10. I will make reservations for racquetball courts or the gym not more than 24 hours in advance. Group reservations will be made in writing to the Public Safety Training Institute Director at least 48 hours in advance.
11. I understand Fitness Center staff can eject me if I fail to comply with the rules, refuse to follow directions, or cause a disturbance.

Signature: _____ Date: _____

Agency: _____ Witness Signature: _____