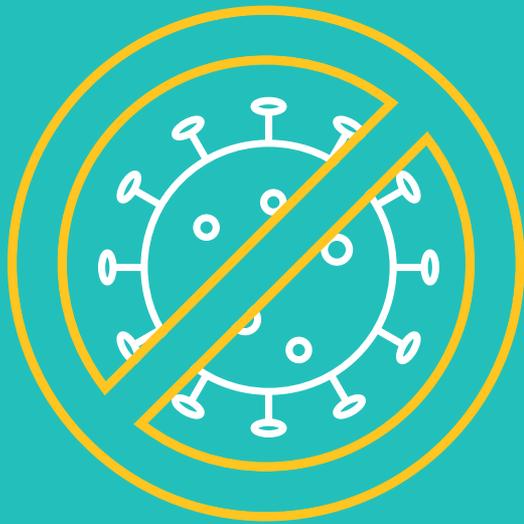


FIGHT THE FLU



PROTECT YOURSELF NOW



Flu Shots are available now at local CVS or other pharmacy retailers and your doctor's office



During October, flu shots will also be available at the following County locations:

LOCATION	DATE	TIME
OTV	October 13	10 AM-12 PM
SPCC	October 20	10 AM-1 PM
POLICE HQ	October 22	10 AM-12 PM
WASD	October 27	10 AM-12 PM
FIRE HQ	October 28	10 AM-12 PM

WIN BY TAKING STEPS TO PROTECT YOUR HEALTH.

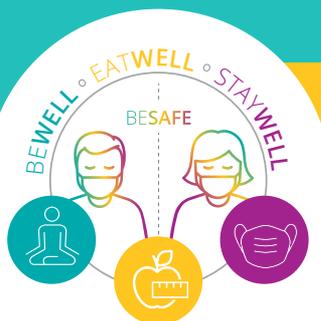


Complete the Flu Shot Attestation Form on [HealthyRoads.com](https://www.healthyroads.com) to earn 25 points towards the 75 points required for quarterly \$250 raffles

Everyone completing the self-attestation will also have a chance to win one of 50 Air Fryers

Flu shots are provided at no cost to AvMed members

For more information contact:
wellnessworks@miamidadegov



Presented by the Benefits and Employee Support Services Division of the Human Resources Department