

I'm Going to North Trail Park!

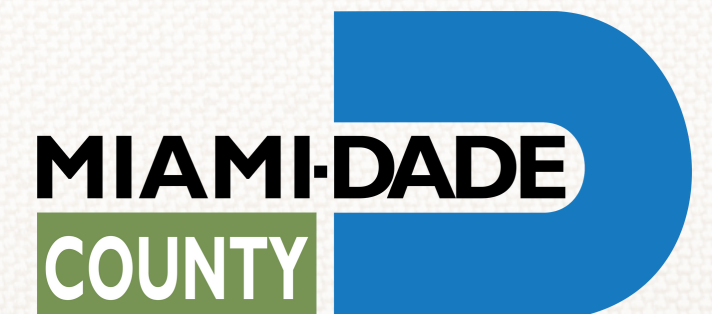
A Social Narrative about Visiting my Neighborhood Park

Note to Park Guest

MIAMI-DADE COUNTY
PARKS, RECREATION
AND OPEN SPACES

The mission of the *Miami-Dade County Parks, Recreation and Open Spaces Department (M-D PROS)* is Connecting People and Parks for Life. I can use this social narrative as a guide to assist my visit to North Trail Park. By reading this story, I can become familiar with the park amenities and have enjoyable recreational, natural, and cultural experiences. The park is open from sunrise to sunset and provides a variety of outdoor spaces for me to explore. It is a good idea to check the weather in advance and pack a bag with the necessary supplies: *sunscreen, bug spray, change of clothes, snacks, and a refillable water bottle.*

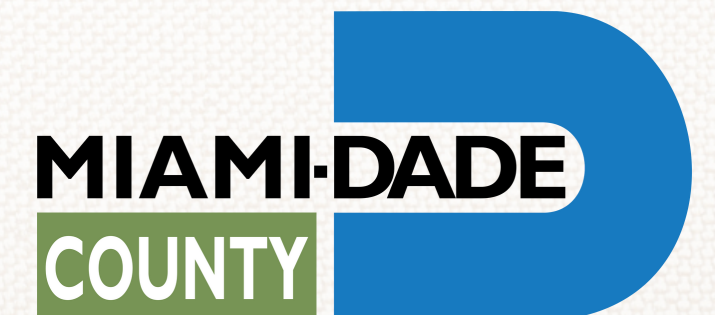
**Welcome to North Trail Park.
We hope to see you soon!**



This is My Neighborhood Park!



An Adventure Story about
Visiting North Trail Park

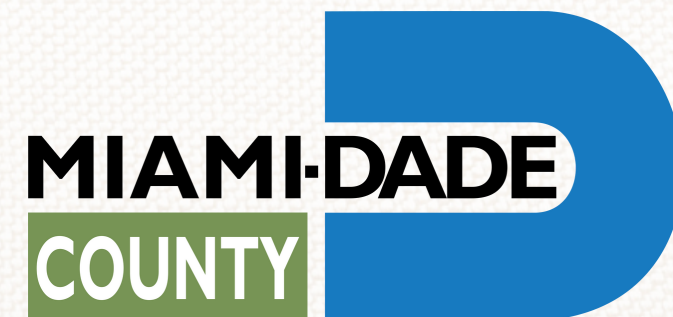


Getting to the Park

I can walk, ride a bike, ride in a car, take specialized transportation services (**STS**), or take a bus to get to the park.

For more information, I can visit:

<https://www.miamidade.gov/global/transportation/home.page>



These are the Amenities at my Park

These are some of the amenities, services, courts, sports, and activities that are provided by my park:

Basketball Courts 	Playground 	Skate Park 	Walkway 
Fitness Zone 	Recreation Center 	Soccer Field 	Water Fountain 
Picnic Shelter 	Restroom 	Volleyball Court 	

This is the Basketball Court at my Park

This is where I can play basketball. I can bring a *basketball* and choose to play by myself, practice drills, or play with others. The basketball court can be used by many players at the same time and can be **loud**.



This is the Fitness Zone at my Park

The fitness zone is where people go to exercise in the park. The machines have different uses, and all use my own body weight. To use the fitness zone I should be *careful* when performing these exercises, **wait** for my turn, and **read** the descriptions first.



This is the Picnic Shelter at my Park

This is where I can go for special events, celebrations, and gatherings. I can *bring* food, drinks, and games. Celebrations can be **loud** and might be attended by many people.

If I want to use one of the shelters, I can make a reservation using Miami-Dade County Park Link.
<https://www.miamidadeparks.com/>



This is the Playground at my Park

The playground is colorful. I can *climb, swing, and slide* down. I can play by myself and with other children. To be **safe**, I *should wait* for my turn and drink water to stay hydrated.



This is the Recreation Center at my Park

Here is where I can find all types of different activities and programs hosted in the center. If I have *questions* on programs and events I can *ask* the staff located in the front. They can give me a tour of what the facility offers!

For more information, I can call (305)-207-2420.



This is the Restroom at my Park

There are restrooms located throughout the park. The toilet may be **loud** when I flush. After I wash my hands, I can dry my hands using a hand dryer. The hand dryer can be **loud**.



This is the Skate Park at my Park

The skate park is where people go to train and do stunts. I must wear the appropriate safety equipment such as a *helmet, shoulder pads, and knee pads*. I should be *careful* with those around me to be safe. To safely enjoy skating, I *should read and follow* the posted *rules*.



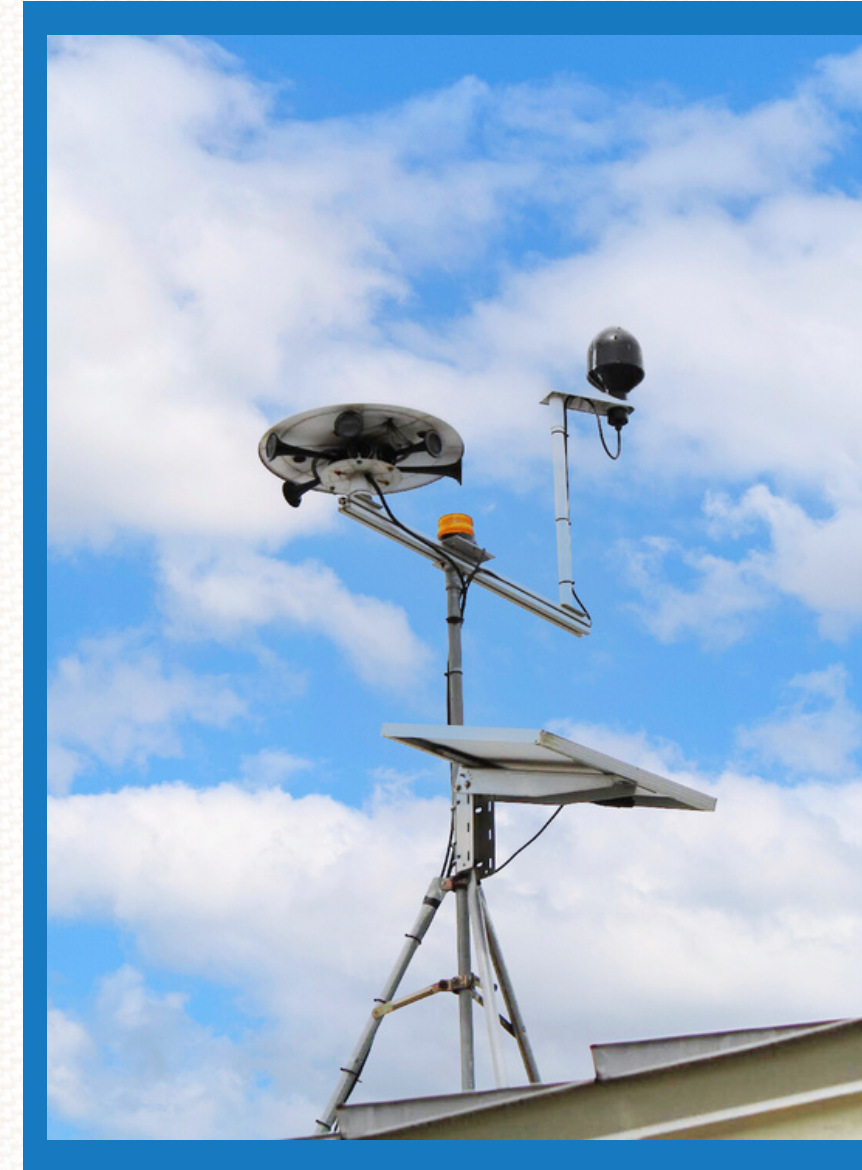
This is the Soccer field at my Park

The soccer field is large and rectangular, with grass and white lines. There is a soccer goal on each side of the pitch. I can bring a soccer *ball* to practice *passing, dribbling, and shooting* with a partner or by myself. I can *watch* others play from the stands and cheer for a team. Soccer games can be **loud**.



This is the Thor Guard System at my Park

This is the lightning detection system at my park. It may make **loud** sounds, horns, and flashlights when there is a storm nearby. If I hear a 15-second horn with a **flashing** light on top of a building, I must go indoors or seek shelter. When I hear 3 five-second horn blasts, I can go outside and continue playing. If I need *help*, I can always ask a staff member.





LIGHTNING WARNING

LIGHTNING IS A SEVERE HAZARD THAT MUST BE VIEWED SERIOUSLY. EVERYONE SHOULD IMMEDIATELY SEEK SHELTER ANY TIME THEY BELIEVE LIGHTNING THREATENS THEM, EVEN IF A SIGNAL HAS **NOT** BEEN SOUNDED.

YOU WILL BE WARNED BY OUR **THOR GUARD LIGHTNING PREDICTION SYSTEM**, WHICH SOUNDS **ONE** 15 SECOND BLAST OF THE HORN SIGNALING SUSPENSION OF ALL ACTIVITIES (IF EQUIPPED, A STROBE LIGHT WILL BEGIN FLASHING AND REMAIN FLASHING UNTIL SAFE CONDITIONS RETURN). YOU SHOULD IMMEDIATELY SEEK AN APPROPRIATE, SAFE SHELTER.

YOU MAY RESUME ACTIVITIES ONLY AFTER **THREE** 5 SECOND BLASTS OF THE HORN ARE SOUNDED AND THE STROBE LIGHT, IF EQUIPPED, STOPS FLASHING.

IF YOU REMAIN OUTDOORS AFTER THE WARNING IS ISSUED, YOU DO SO AT YOUR OWN RISK!!!

LIGHTNING SAFETY TIPS



SEEK		AVOID
<ul style="list-style-type: none">• Large Buildings• Lightning Shelters• Automobiles/Trucks• Tunnels With No Standing Water		<ul style="list-style-type: none">• Open Areas• Water• Tall Trees• Metal Fences• Overhead Wires and Power Lines• High Ground Areas• Telephones & Cellular Phones• Radios• Small, Unprotected Shelters

When one of the above is not available Seek...

- Dense Woods
- Low Lying Areas

This is the Volleyball Court at my Park

The volleyball court is rectangular with a net that divides the court into equal halves. This is where I can play volleyball. If I want to play, I should bring a *volleyball*. This is a *fun* and *exciting* game that can get *competitive*. If others are playing I should ask if I can join them!



This is the Walkway at my Park

This is a paved way for me to walk across the park. Here I can walk at my own pace and enjoy the sights available. I should be *mindful* of the personal space and the *pace* of other park guests when walking.



This is the Water Fountain at my Park

There are water fountains located throughout the park. This is where I can refill my water bottle or drink water if I am thirsty. I should remember to stay hydrated.



Goodbye!
My visit is over.
I enjoyed myself and all
the amenities at the park.

I'll be back soon!

We hope you enjoyed
"I'm Going to North Trail Park"
By your *Parks, Recreation and
Open Spaces* Professional!

Remember to visit <https://www.miamidadeparks.com/> for more
information.

To request materials in accessible format, sign language
interpreters, CART and/or any accommodation to participate in any
Miami-Dade, Parks, Recreation and Open Spaces sponsored
program or meeting, contact Gisel Prado, 305-755-7848 or
Gisel.Prado@miamidade.gov, at least 7 days in advance to initiate
your request. TTY users may also call 711 (Florida Relay Service).

